

一、基本資料：

填表日期：2026 / 01 / 19

中文姓名	盧玉羸	英文姓名	LU YU-YING		
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二、主要學歷 由最高學歷依次填寫，若仍在學者，請在學位欄填「肄業」。

學校名稱	國別	主修學門系所	學位	起訖年月(西元年/月)
澳洲昆士蘭科技大學	澳洲	護理	博士	自 2002 / 02 至 2007 / 10
國立陽明大學	中華民國	護理	碩士	自 1995 / 09 至 1997 / 08
私立台北醫學大學	中華民國	護理	學士	自 1990 / 09 至 1993 / 06
私立德育護理專科學	中華民國	護理	專科	自 1982 / 09 至 1987 / 06

三、現職及與專長相關之經歷 指與研究相關之專任職務，請依任職之時間先後順序由最近者往前追溯。

服務機構	服務部門／系所	職稱	起訖年月(西元年/月)
現職：國立臺北護理健康大學	研究發展處	教授兼任研發長	自 2025 / 02 迄今
經歷：國立臺北護理健康大學	研究發展處	副教授兼任研發長	自 2021 / 08 至 2025 / 02
國立臺北護理健康大學	護理學院/護理系、 護理助產及婦女健康系	副教授	自 2020 / 02 至 2021 / 07
國立臺北護理健康大學	護理學院/護理系	助理教授	自 2010 / 08 至 2020 / 02
國立臺北護理學院	護理系	助理教授	自 2008 / 01 至 2010 / 07
國立臺北護理學院	護理系	講師	自 1998 / 08 至 2008 / 01
國立臺北護理學院	護理系	助教	自 1997 / 08 至 1998 / 07
私立長庚護理專科學校	護理科	助教	自 1994 / 08 至 1995 / 07
私立德育護理專科學校	護理科	助教	自 1993 / 07 至 1994 / 06

四、專長 請填寫與研究方向有關之學術專長名稱。

婦嬰護理	婦女健康	量性研究	健康評估與實驗
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五、著作目錄：

- (一) 請詳列個人申請截止日前五年內(此段期間曾生產或請育嬰假者，得延長至七年內，曾服國民義務役者，得依實際服役時間予以延長，但應檢附相關證明文件)發表之學術性著作，包括：期刊論文、專書及專書論文、研討會論文、技術報告及其他等，並請依各類著作之重要性自行排列先後順序。
- (二) 各類著作請按發表時間先後順序填寫。各項著作請務必依作者姓名(按原出版之次序，**通訊作者請加註***)、出版年、月份、題目、期刊名稱(專書出版社)、起迄頁數之順序填寫，被接受刊登尚未正式出版者請附被接受函。
- (三) 若期刊是屬國內或國際期刊資料庫(如 SCI、EI、SSCI、A&HCI、Scopus、TSSCI、THCI Core...等)所收錄者，請於該著作書目後註明資料庫名稱；若著作係經由國科會補助之研究計畫所產生，請於最後填入相關之國科會計畫編號。

國際期刊論文：

1. Niu, S. F., **Lu*, Y. Y.**, Lin, Y. C., & Liu, K. F. (2025). Effectiveness of light intervention on daytime sleepiness, fatigue, and sleep quality among female shift-working nurses- A randomized control trail. *Applied Nursing Research*, 86, 152017.
2. Setyawati, A. D., **Lu*, Y. Y.**, Wu, S. V., & Liang, S. Y. (2025). Effects of Disaster Triage Training Program on Knowledge, Skills, and Resilience Among Nurses: A Randomized Controlled Trial. *Disaster Medicine and Public Health Preparedness*, 19, e298.
3. Setyawati, A. D., & **Lu*, Y. Y.** (2025). Theoretical-based Training Programs in Disaster Nursing: A Systematic Review. *Disaster Medicine and Public Health Preparedness*, 19, e186.
4. Chen, C. W., **Lu, Y. Y.**, Lin, L. J., Liu, J. H., Lee*, M. C., & Wu, S. F. (2025). Using a Mobile Application Disease Self-Management Program to Promote Blood Pressure Control and Quality of Life in Patients With Hypertension. *CIN: Computers, Informatics, Nursing*, March 14, 2025.
5. Tseng, Y. H., **Lu, Y. Y.**, Huang, L. W., Liu, C. Y., Lee, J. T., & Lin*, H. R. (2025). Psychological distress, sexual satisfaction and quality of life of gynaecological cancer patients and their spouses during cancer survivorship: A comparison of husbands and wives. *Journal of Clinical Nursing*, 34(5), 1765–1776.
6. Kao, C. H., **Lu*, Y. Y.**, Liu, K. F., & Chang, C. L. (2025). Effects of coffee consumption on the recovery of gastrointestinal functions after gynecological laparotomy-a randomized controlled trial. *Health Care for Women International*, 1–13.
7. Tsai, S. J., **Lu*, Y. Y.**, Wong, C. S., Huang, T. H., & Lee, S. O. (2025). Effects of Auricular Acupressure on Postoperative Nausea and Vomiting in Patients With Gynecological Laparoscopic Surgery: A Randomized Controlled Trial. *Journal of Perianesthesia Nursing*, 40(3), 647–652.
8. Maulina R., Kuo, S. C., Liu, C. Y., **Lu, Y. Y.**, Khuzaiyah*, S., & Caparros-Gonzalez, R. A. (2025). Does attachment and prenatal depression affect maternal health-promoting lifestyle

- during pregnancy? A cross-sectional study. *Clinical Epidemiology and Global Health*, 31, 101904.
9. Chen, L. L., **Lu, Y. Y.**, Gau*, M. L., Chien, P. C., Seow, K. M., & Ku, H. L. (2025). Development and psychometric testing of the Perception of Childbirth Environment Scale in Taiwan. *Midwifery*, 140, 104215.
 10. Setyawati, A. D., & **Lu*, Y. Y.** (2025). Triage in disasters: A conceptual analysis. *Jurnal Keperawatan Padjadjaran (JKP)*, 13(1), 97-106.
 11. Putri, A. P., & **Lu*, Y. Y.** (2024). Maternal Health Literacy in Pregnant Women: A Concept Analysis. *Maternal and Child Health Journal*, 28(8), 1272-1282.
 12. Hsu, P. F., & **Lu*, Y. Y.** (2024). Factors related to sleep quality in hospitalized antepartum women: A cross-sectional study. *African Journal of Reproductive Health*, 28(1), 31-38.
 13. Wu, Y. H., **Lu*, Y. Y.**, & Liu, K. F. (2024). Factors influencing health-related quality of life in women with endometriosis: A cross-sectional study. *Nursing & Health Sciences*, 26(1), e13100.
 14. Lee, F. J., & **Lu*, Y. Y.** (2023). Associated factors of sexual dysfunction among postpartum women in Taiwan- a cross-sectional study. *African Journal of Reproductive Health*, 27(11), 55-62. doi: 10.29063/ajrh2023/v27i11.7
 15. Lin, C. X., & **Lu*, Y. Y.** (2023). Comparative Effectiveness of Olive Oil and Breast Milk on Nipple Soreness in Breastfeeding Mothers. *Breastfeeding Medicine*, 18(10), 779-784.
 16. Putri, A. P., AM, A. I., & **Lu*, Y. Y.** (2023). Development of Maternal Health Literacy Measurements: A Scoping Review. *International Journal of Nursing and Health Services (IJNHS)*, 6(2), 154-164.
 17. Putri, A. P., AM, A. I., & **Lu*, Y. Y.** (2023). Maternal health literacy among pregnant women in Indonesia: A qualitative study. *International Journal of Nursing and Health Services (IJNHS)*, 6(6), 354-364.
 18. Putri, A. P., AM, A. I., Hanifah, L., Wati, S. E., & **Lu*, Y. Y.** (2023). Maternal health literacy and adherence to recommended ANC contact among pregnant women in Indonesian. *South East Asia Nursing Research*, 5(2), 1-10.
 19. Mkhonta, Z., **Lu*, Y. Y.**, Kuo, S. C., & Liu, C. Y. (2022). Factors associated with the utilization of antenatal care services among pregnant women in Eswatini - A cross-sectional study. *African Journal of Reproductive Health*, 26(12), 67-77.
 20. Yu, C. Y., Wang, J. H., Wang, L. W., Wang, T. J., Liang*, S. Y., Wu, S. F., & **Lu, Y. Y.** (2022). The influence of opioid-taking self-efficacy and social support on pain management satisfaction in outpatients with cancer pain. *Supportive Care in Cancer*, 30(1), 805-812.
 21. Wu, S. V., Wang, T. J., Liang, S. Y., Lin, L. J., **Lu, Y. Y.**, & Lee*, M. C. (2022). Differences in self-care knowledge, self-efficacy, psychological distress and self-management between patients

with early- and end-stage chronic kidney disease. *Journal of Clinical Nursing*, 31(15-16), 2287-2295.

22. Chen, S. C., Wu, S. F., Wang, T. J., Rosenberg, J., **Lu, Y. Y.**, & Liang, S. Y. (2022). Factors influencing the coping strategies of liver cancer patients undergoing transarterial chemoembolization. *International Journal of Nursing Practice*, 28(4), e13033.
23. Chiu, H. H., Tsao, L. I., Liu, C. Y., **Lu, Y. Y.**, Shih, W. M., & Wang*, P. H. (2021). Using a short questionnaire of the perimenopausal fatigue scale to evaluate perimenopausal women prone to fatigue syndrome. *Taiwanese Journal of Obstetrics & Gynecology*, 60(4), 734-738.
24. Chiu, H. H., Tsao, L. I., Liu, C. Y., **Lu, Y. Y.**, Shih, W. M., & Wang*, P. H. (2021). The Perimenopausal Fatigue Self-Management Scale Is Suitable for Evaluating Perimenopausal Taiwanese Women's Vulnerability to Fatigue Syndrome. *Healthcare (Basel, Switzerland)*, 9(3), 336.
25. Hsieh, C. H., **Lu*, Y. Y.** & Liang, S. Y. (2021). The health concerns related to hysterectomy among Taiwanese women with uterine fibroids- a mixed-methods study. *Women Health*, 61(6), 581-590.
26. Pranata, S, Wu*, S, V., Alizargar, J., Liu, J. H., Liang, S. Y., & **Lu, Y. Y.** (2021). Precision health care elements, definitions, and strategies for patients with diabetes: A literature review. *International Journal of Environmental Research and Public Health*, 18(12), 6535.
27. Liang*, S. Y., Liu, H. C., & **Lu, Y. Y.**, Wu, S. F., Chien, C. H., & Tsay, S. L. (2020). The influence of resilience on the coping strategies in patients with primary brain tumors. *Asian Nursing Research*, 41(1), 50-55.
28. Liu, S. Y., **Lu*, Y. Y.**, Gau*, M. L., & Liu, C. Y. (2020). Psychometric testing of the support and control in birth scale. *BMC Pregnancy & Childbirth*, 20(1), 293.
29. Yu, C. H., Wang*, T. J., Chang, C. L., Liang, S. Y., Wu, S. F., Liu, C. Y., & **Lu, Y. Y.** (2020). Healthy life styles, sleep and fatigue in endometrial cancer survivors: A cross-sectional study. *Journal of Clinical Nursing*, 29(7-8), 1372-1380.
30. Setyawati, A. D., **Lu*, Y. Y.**, Liu, C. Y., & Liang, S. Y. (2020). Disaster knowledge, skills, and preparedness among nurses in Bengkulu, Indonesia: A descriptive correlational survey study. *Journal of Emergency Nursing*, 46(5), 633-641.

中文期刊論文：

盧玉羸*、高千惠、吳祥鳳 (2022) · COVID-19 孕產婦及新生兒之臨床照護 · 助產雜誌，62，1-7。

專書：

1. 盧玉羸 (2021) · N3 個案報告實務撰寫-第 7 章節 (護理過程二：護理診斷) · 宋秀鈺總校閱 · 台中：華格那出版有限公司。

2. 盧玉羸 (2020)·新編婦女健康(第三版)-第 12 章節 (婦女提倡團體對性別平權及促進健康之影響)·林靜佩等人編著·台北：新文京開發出版社。

學術研討會論文

1. Safaringga, M., Lu, Y. Y., Wei, S. J. (2026). Toward Reforming Perinatal Mental Health Policy In Indonesia: A Kingdon's Multiple Streams Analysis. 34th International Confederation of Midwives Triennial Congress, International Confederation of Midwives, Oral presentation, 14-18, June, 2026, Lisbon, Portugal.
2. Haile, M. T., Javad, A., & Lu, Y. Y. (2026). Intercontinental Patterns and Determinants of Preconception Care Utilization Among Women in Africa and Asia: A Systematic Review and Meta-Analysis. Eighth Pan-Pacific Nursing Conference cum Second Cochrane Hong Kong Symposium, The Nethersole School of Nursing Faculty of Medicine, Oral presentation, 24-28, march, 2026, The Chinese University of Hong Kong.
3. Chen, Y. J., Lu, Y. Y., & Liu, S. M. (2026). Association Between Mental Health Leave Utilization and Academic Achievement in Taiwanese Nursing Students. East Asian Forum of Nursing Scholars Conference 2026, Oral Presentation, 26-28, February, 2026, University Cultural Centre, NUS, Singapore.
4. Huang, Y. T., Lu, Y. Y., Chiang, C. H., & Wang, Y. Z. (2026). Associated factors related to smoking cessation self-efficacy and intention among female smokers. East Asian Forum of Nursing Scholars Conference 2026, Oral Presentation, 26-28, February, 2026, University Cultural Centre, NUS, Singapore.
5. Nyando, R. M., & Lu, Y. Y. (2026). The experiences of herbal medicine use among pregnant women in Malawi. East Asian Forum of Nursing Scholars Conference 2026, Oral Presentation, 26-28, February, 2026, University Cultural Centre, NUS, Singapore.
6. Safaringga, M., Lu, Y. Y., Wei, S. J. (2025). Lived Experiences of Postpartum Depression Women in Indonesia: A Qualitative Study. 15th International Nursing Conference & 28th East Asian Forum of Nursing Scholars, Korean Society of Nursing Science (KSNS), Poster, 13-14, February, 2025, COEX Seoul, Korea.
7. Hsu, L. Y., Lu, Y. Y., Chou, H. H., Chen, S. Y., Liu, S. C., & Cheng, H. F. (2025). Effects of Bright Light on Sleep Quality, Fatigue, and Mood Symptoms in Survivors with Gynecologic Cancer. 2025 ICN Congress Helsinki, e-Poste, 9-13, June, 2025, Helsinki, Finland.
8. Chen, Y. J., Lu, Y. Y., Liu, C. Y., & Liu, S. M. (2025). Development and Validation of a Mentorship Class Guidance Strategy Scale: A Case Study of a Nursing Vocational School in Taiwan. 15th International Nursing Conference & 28th East Asian Forum of Nursing Scholars, Korean Society of Nursing Science (KSNS), Oral Presentation, 13-14, February, 2025, COEX

Seoul, Korea.

9. Lin, Y. C., & **Lu, Y. Y.** (2024). Exploring the Home Birth Experiences among Taiwanese Women During the pandemic. WANS-ICINNA Conference 2024, Oral presentation, 21-22, August, 2024, Lombok, Indonesia.
10. Lin, Y. C., & **Lu, Y. Y.** (2024). Management antenatal care quality in midwifery clinic. 30th International Conference on Health Promoting Hospitals and Health Services (HPH Conference 2024), Oral presentation, 6-8, November, 2024, Hiroshima, Japan.
11. Lin, Y. C., & **Lu, Y. Y.** (2024). Interdisciplinary Collaboration in High-risk Perinatal Care: Current Situation and Future Challenges. The 8th International Research Conference of World Society of Disaster Nursing, WSDN Conference 2024, Oral presentation, November 29-December First, 2024, Kobe City College of Nursing, Japan.
12. Setyawati, A. D., & **Lu, Y. Y.** (2023). A Concept Analysis: Disaster Management. 26th East Asian Forum of Nursing Scholars, Japan Association of Nursing Programs in Universities: JANPU, Poster, 10-11, March, 2023. Tokyo, Japan.
13. Setyawati, A. D., **Lu, Y. Y.**, Wei, S. J., Huang, X. X., & Lin, H. R. (2023). The Experience of Disaster Management among Emergency Nurse in Indonesia: Phenomenological Study. 26th East Asian Forum of Nursing Scholars, Japan Association of Nursing Programs in Universities: JANPU, Poster, 10-11, March, 2023. Tokyo, Japan.
14. Putri, A. P., & **Lu, Y. Y.** (2023). Maternal Health Literacy During Pregnancy: A Community Survey in Indonesia. 34th International Nursing Research Congress, Oral presentation, 20-23, July, 2023, Abu Dhabi, United Arab Emirates.

研究計畫案

名稱	合作機構	研究擔任角色	計畫期間
子癩前症高風險群孕婦之服藥遵從性-質量混合性研究	中山醫療社團法人中山醫院	計畫主持人	2022.05.10-2024.05.10
光照介入對輪班護理人員嗜睡程度、睡眠品質及疲憊症狀之成效-臨床隨機對照試驗	新光吳火獅紀念醫院	計畫主持人	2024.01.01-2025.12.31
農漁村高齡者健康促進研習班	中華民國農民團體幹部聯合訓練協會	計畫主持人	2024.07.01-2025.07.31
周產期醫療照護人員對新生兒斷臍時間之知識與實務研究	新光吳火獅紀念醫院	計畫主持人	2026.01.01-2026.12.31

六、研發成果智慧財產權及其應用績效：

(一) 請將個人研發成果所產生之智慧財產權及其應用績效分為 1.專利 2.技術移轉 3.著作授權

4.其他等類別，分別填入下列表中。如欄位不足，請自行加印填寫。

(二) 填寫順序請依專利期間起始日排列，或技術移轉及著作授權之簽約日期排列。

1.專利：

請填入目前仍有效之專利。「類別」請填入代碼：(A)發明專利(B)新型專利(C)新式樣專利。

類別	專利名稱	國別	專利號碼	發明人	專利權人	專利核准日期	國科會計畫編號

2.技術移轉：

技術名稱	專利名稱	授權單位	被授權單位	簽約日期	國科會計畫編號

產生績效：(可另紙繕寫)

3.著作授權「類別」分(1)語文著作(2)電腦程式著作(3)視聽著作(4)錄音著作(5)其他，請擇一代碼填入。

著作名稱	類別	著作人	著作財產權人	被授權人	國科會計畫編號

產生績效：(可另紙繕寫)

4.其他協助產業技術發展之具體績效

七、專業證照與特殊專業技能表

證照或特殊專業技能名稱	發照／受訓單位	發照/受訓時間	備註
急診訓練	三軍總醫院		
助產師執照			

備註：特殊專業技能除護理師、NP 證照以外，泛指其他與護理專業相關的特殊訓練或技能，如：急重症、ACLS、個管師、關懷師等訓練。