

# 一、基本資料：

|      |  |      |  |                                       |                       |  |                  |
|------|--|------|--|---------------------------------------|-----------------------|--|------------------|
|      |  |      |  |                                       |                       |  | 填表日期： 2024 / 3 / |
| 中文姓名 | 石雅文                                    | 英文姓名 | Shih, Ya-Wen                           |                                       |                       |  |                  |
|      |  |      | (Last Name) (First Name) (Middle Name) |                                       |                       |  |                  |
|      |  | 性 別  | <input type="checkbox"/> 男             | <input checked="" type="checkbox"/> 女 |                       |  |                  |
| 聯絡地址 | 112303 臺北市北投區明德路 365 號 (科技大樓，S319 研究室) |      |  |                                       |                       |  |                  |
| 聯絡電話 | (公) 02-2822-7101# 3151                 |      |  |                                       |                       |  |                  |
| 傳真號碼 |  |      |  | E-mail                                | yawenny@ntunhs.edu.tw |  |                  |

二、主要學歷 由最高學歷依次填寫，若仍在學者，請在學位欄填「肄業」。

| 學校名稱   | 國別 | 主修學門系所 | 學位 | 起訖年月(西元年/月)            |
|--------|----|--------|----|------------------------|
| 臺北醫學大學 | 臺灣 | 護理系    | 博士 | 自 2014 / 9 至 2021 / 1  |
| 英國皇后大學 | 英國 | 護理系    | 碩士 | 自 2007 / 2 至 2008 / 12 |
| 英國皇后大學 | 英國 | 護理系    | 學士 | 自 2006 / 2 至 2007 / 2  |

三、現職及與專長相關之經歷 指與研究相關之專任職務，請依任職之時間先後順序由最近者往前追溯。

| 服務機構              | 服務部門／系所 | 職稱     | 起訖年月(西元年/月)           |
|-------------------|---------|--------|-----------------------|
| 現職：<br>國立臺北護理健康大學 | 護理系     | 助理教授   | 自 2021 / 8 迄今         |
| 經歷：<br>慈惠醫護管理專科學校 | 護理科     | 講師     | 自 2013 / 2 至 2014 / 7 |
| 慈惠醫護管理專科學校        | 護理科     | 實習指導老師 | 自 2012 / 2 至 2013 / 2 |
| 臺中榮民總醫院嘉義分院       | 開刀房     | 護理師    | 自 2012 / 9 至 2013 / 1 |
| 臺北榮民總醫院           | 骨科      | 護理師    | 自 2011 / 7 至 2012 / 1 |
| 臺北榮民總醫院           | 一般外科    | 護理師    | 自 2009 / 4 至 2011 / 7 |

四、專長 請填寫與研究方向有關之學術專長名稱。

|         |                                      |          |              |
|---------|--------------------------------------|----------|--------------|
| 1. 癌症護理 | 2. Women's Health                    | 3. 介入性研究 | 4. 中西醫結合輔助療法 |
| 5. 實證照護 | 6. systematic review & meta-analysis | 7. 健康促進  |              |

## 五、著作目錄：

### 期刊論文

1. **Shih, Y. W.**, Chang, C. W., Chang, H. R., Tsai, J. R., Wang, W. J., Fang, H. F., Lin, C. L., Rias, Y. A., & Tsai, H. T. (2024). Mediating Effect of White Blood Cells and Tobacco Exposure on Cervical Neoplasm Risk Among Taiwanese Women. *Biological research for nursing*, 10998004241229069. Advance online publication. <https://doi.org/10.1177/10998004241229069>.  
本人為第一作者
2. Huang, L. S., Yeh, Y. M., Chiu, S. F., Huang, P. J., Chu, L. J., Huang, C. Y., Cheng, F. W., Chen, L. C., Lin, H. C., **Shih, Y. W.**, Lin, W. N., & Huang, K. Y. (2023). Intestinal microbiota analysis of different Blastocystis subtypes and Blastocystis-negative individuals in Taiwan. *Biomedical journal*, 100661. Advance online publication. <https://doi.org/10.1016/j.bj.2023.100661>
3. **Ya Wen Shih**, Mei Hua Wang, Karen A Monsen, Ching Wen Chang, Yohanes Andy Rias, Hsiu Ting Tsai (2023, May). Effectiveness of Acupuncture for Relieving Chemotherapy-Induced Bone Marrow Suppression: A Systematic Review with a Meta-analysis and Trial Sequential Analysis. *Journal of integrative and complementary medicine*. 本人為第一作者.
4. Handayani S, Rias YA, Kurniasari MD, Agustin R, Rosyad YS, **Shih YW**, Chang CW, Tsai HT (2022, Oct). Relationship of spirituality, health engagement, health belief and attitudes toward acceptance and willingness to pay for a COVID-19 vaccine. *PLoS One*, 17(10):e0274972.
5. Kurniasari MD, Karwur FF, Rayanti, **Shih YW**, Yuliana S., Miao NF., Chou KR., Shen CJ., Tsai HT (2022). Immersion in Water Between 20-30oC Mediated Inflammations Marker to Reduced Pain Among Indonesian With Gout Arthritis: A Community-Based Randomized Controlled Trial. *Biological Research For Nursing*.
6. **Shih, Y. W.**, Wang, M. H., Monsen, K. A., Chang, C. W., Rias, Y. A., & Tsai, H. T. (2021, Jan). Effectiveness of Acupuncture in Relieving Chemotherapy induced Leukopenia in Patients With Breast Cancer: A Systematic Review With A Meta-Analysis and Trial Sequential Analysis. *Integrative Cancer Therapies*, 20:15347354211063884. 本人為第一作者
7. **Shih YW**, Hung CS, Huang CC, Chou KR, Niu SF, Chan S, Tsai HT. Cancer Management and Research (2020, Oct). The Association Between Smartphone Use and Breast Cancer Risk Among Taiwanese Women: A Case-Control Study. *Cancer Management and Research*, 12:10799-10807. (SSCI). 本人為第一作者.

8. **Ya-Wen Shih**, Shun-FaYang, Ming-Hsien Chien, Ching-Wen Chang, Vincent H.S. Chang, Hsiu-Ting Tsai (2018, Dec). Significant effect of acupressure in elevating blood stem cell factor during chemotherapy among patients with gynecologic cancer. *Journal of Nursing Research*, 2018 Dec;26(6):411-419. (SCI). 本人為第一作者.
9. Duong Thi To Anh, **Ya-Wen Shih**, Nae-Fang Miao, Yuan-Mei Liao, Yeu-Hui Chuang, Hsiu-Ju Chang, Hui-Chuan Huang, Hsiu-Ting Tsai (2017, Aug). Differences of Self-Management in Controlling Blood Pressure between Patients with Hypertension and Healthy People in Vietnam. *POJ Nursing Practice & Research*, 1(1): 1-8 (2017). 本人為第一作者.

#### 研討會論文

1. **Ya-Wen Shih**, Shun-FaYang, Ming-Hsien Chien, Ching-Wen Chang, Vincent H.S. Chang, Hsiu-Ting Tsai (2017, Jul). The effectiveness of acupressure for relieving chemotherapy-induced bone marrow suppression (Oral present). 23rd World Nursing and Healthcare Conference, Germany. 本人為第一作者.
2. **Ya-Wen Shih**, Hsiu-Ting Tsai (2015, Jul). Chemotherapy-Induced Nausea and Vomiting Can Be Released By Acupressure Effectively-A Meta Analysis. 7<sup>th</sup> International Shared Decision Making (ISDM) Conference and the 4<sup>th</sup> International Society for Evidence-Based Health Care (ISEHC). Conference/ISDM ISEHC 2015 , Australia. 本人為第一作者.

#### 專書及專書論文

**Shih YW** (2021) Evaluation of Environmental Risk Factors, and The Effect of Acupuncture for Chemotherapy-Induced Leukopenia In Patients with Breast Cancer- Ph.D. Dissertation

**Shih YW** (2013) Survivorship issues of women with breast cancer. MSc. Dissertation

#### *Special Issues*

**Shih, Y. W.** (2022) Nursing Care Plan (NCP) From Lecture to Practice. International Nursing Seminar and Students' Conference Hosted by Nursing School of Kesdam Tanjungpura Banjarmasin. Indonesia. Guest Speaker

**Shih, Y. W.** (2022) The prevention and Health promotion of Breast Cancer in Taiwan. New strategies for personalized prevention of chronic disease.  
The 13<sup>th</sup> international nursing conference, nursing research institute, Korea University College of Nursing (KUCON). Korea. Guest Speaker

國際性學會學術研討會發表及參與：

| 題 目   | 時間/地點                    | 主辦單位  |
|---|--------------------------|---|
| Chemotherapy-Induced Nausea and Vomiting Can Be Released By Acupressure Effectively-A Meta Analysis (Poster)    | 19-22 July 2015/Sydney   | ISDM-ISEHC 2015   |
| The effectiveness of acupressure for relieving chemotherapy-induced bone marrow suppression (Oral presentation) | 10-12 July 2017/ Berlin  | International conference series.com                                 |
| Taiwan workshop on Educating Nurses   | 4-5 November 2014/Taiwan | Tao-Chen foundation of Nursing Education and research incorporation |
| Meta Analysis: Theory, Application and Reporting  | 6 December 2014/ Taiwan  | The honor society of Nursing, Sigma Theta Tau international         |
| 3rd International Society for Evidence-Based Health Care Conference 2014  | 6-9 November 2014/Taiwan | ISEHC   |
| 2015 International conference on self-management and chronic care   | 23-24 April 2015/Taiwan  | Taipei Medical University   |
| Nature research Academies   | 25 September 2017/Taiwan | Nature Research   |

## 六、專業證照與特殊專業技能表

| 證照或特殊專業技能名稱                              | 發照／受訓單位         | 發照/受訓時間                   | 備註                       |
|--|-----------------|---------------------------|--------------------------|
| 中醫學概論                                    | 中國醫藥大學          | 2021/7                    |                          |
| Trusted evidence.<br>Informed decisions. | Cochrane Taiwan | 2021/8/11                 |                          |
| 講師證書                                     | 教育部             | 2013/2                    | 講字第 1083XX 號             |
| 外傷護理訓練課程                                 | 中華民國急重症護理學會     | 2011/9/14-2011/9/<br>15   | 外傷護字 10002XX 號           |
| ACLS                                     | 中華民國急救醫學會       | 2011/6                    | 2011/6-2014/6            |
| 第一期基礎腫瘤護理訓練班                             | 台北榮民總醫院         | 2010/10/29-2010/1<br>1/26 | 北總教發證字第<br>2525475-XXX 號 |
| 護理師證書                                    | 行政院衛生署          | 2005/9                    | 護理字第 1973XX 號            |

備註：特殊專業技能除護理師、NP 證照以外，泛指其他與護理專業相關的特殊訓練或技能，如：急重症、ACLS、個管師、關懷師

