

個人資料表

一、基本資料

簽名：林梅香

填表日期：2026/01/

中文姓名	林梅香	英文姓名	MEI-HSIANG LIN
國籍	中華民國		
聯絡/住宅地址	333 台北市北投區明德路 365 號		
聯絡電話	(公)：(02)28227101# 3309		
傳真號碼	02-28213233	E-MAIL	meihsiang@ntunhs.edu.tw

二、主要學歷

請填學士級以上之學歷或其他最高學歷均可，若仍在學者，請在學位欄填「肄業」。

畢業學校	國別	主修學門系所	學位	起訖年月
國立台灣師範大學	中華民國	健康促進與衛生教育學系	教育學博士	1999/08 ~ 2003/06
國防醫學院	中華民國	護理研究所	理學碩士	1992/08 ~ 1994/07
國立臺北護理專科學校	中華民國	護理	副學士	1984/08~ 1986/06

三、現職及與專長相關之經歷

指與研究相關之專任職務，請依任職之時間先後順序由最近者往前追溯。

服務機關	服務部門/系所	職稱	起訖年月
(一)現職：國立臺北護理健康大學	護理系	教授兼任系主任	2024/02~
(二)經歷： 國立臺北護理健康大學	護理系	教授	2020/08~2024/02
國立臺北護理健康大學	護理系	教授兼任副主任	2020/08~2022/07
國立臺北護理健康大學	護理系	副教授	2017/02~2020/07
國立臺北護理健康大學	醫護教育研究所	副教授	2015/02~2017/01
長庚科技大學	健康照護研究所	副教授兼任林口長庚醫院護理部顧問	2013/08~2015/01
長庚科技大學	護理系	副教授兼任林口長庚醫院護理部顧問	2012/08~2013/07
長庚技術學院	護理系	副教授	2003/08~2013/07
	護理系	副教授兼任高雄長庚醫院護理部顧問	2010/04~2011/05
	護理系	副教授兼任進修推廣處長	2006/08~2007/03
	護理系	副教授兼任系主任	2004/08~2005/02
長庚護專	護理科	講師	1994/08~2003/07
	護理科	講師兼任原住民學生教育中心組長	1997/08~1999/07
稻江護家	護理科	臨床實習指導教師	1991/08~1992/07
台北馬偕醫院	護理部	護理長	1990/01~1991/07
	護理部	護理師	1986/08~1989/12

四、專長 請自行填寫與研究方向有關之專長學門。

1.多元文化照護能力	2. 原住民衛生教育	3.情境模擬學習	4.教學理論與策略
5.醫病決策共享	6.量表建構		

五、論文著述

(A)期刊論文

* Corresponding Author

1. Lin, M. H., Hsiao, P.R., Chen, N.H., Ho, C.C., & Hsu, H.C. (Accepted, January 2026). Factors Associated with Obstructive Sleep Apnea among Community-based Overweight and Obese Type 2 Diabetes Mellitus Patients: A Multisite Cross-Sectional Study. *Biological Research for Nursing (Nursing, SCIE, Impact factor: 2.1; 59/193 =30.56%, in 2024)*.
2. Huang CH, Chen YY, Chen SW, Wang CT, Lin MH. (2025, December). Factors Influencing Decision-Making and Rehabilitation Among Older Women Who Underwent Total Knee Replacement: A Qualitative Study in Taiwan. *Patient Preference and Adherence, 19*, 3931–3944. (Medicine, General & Internal. SCIE, Impact factor: 2.0; 102/332 =30.72%, in 2024). <https://doi.org/10.2147/PPA.S567269>
3. Hsu, H.C., Lee, Y.H., Wu, G.H., *Lin, M. H (2025, October). Development and Validation of the Nurse Workplace Resilience Scale for Occupational Health During Public Health Emergencies. *Journal of Emergency Nursing, S0099-1767(25)00329-0*. Advance online publication. <https://doi.org/10.1016/j.jen.2025.09.009> (Nursing SSCI, Impact factor: 2.3; 44/192 =22.91%, in 2024).
4. Lai, Y. H., Wang, C. C., Tsai, L. Y., Lin, M. H., Chou, Y. S., & Lin, H. R. (2025 April). Social functioning of people with head and neck cancer after treatment: A qualitative study. *Supportive care in cancer: official journal of the Multinational Association of Supportive Care in Cancer, 33(5)*, 408. <https://doi.org/10.1007/s00520-025-09472-z> (HEALTH CARE SCIENCES & SERVICES. SCIE, Impact factor: 3.2; 57/174=32.17 %, in 2023)
5. Krzyz, E. Z., Chen, H.F., Shih W.M., Lin, M. H., Liu C.Y., Wu, K.F., Lin, H.R. (2025, April). Foreign Residents in Taiwan: Qualitative Insights into Healthcare Seeking Experiences. *Journal of Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-025-02427-4>. (PUBLIC, ENVIRONMENTAL & OCCUPATIONAL HEALTH SSCI, Impact factor: 3.2; 105/408=25.73 %, in 2023)
6. Lin, M. H., Chen, N. H, Ho, L.H. Liou, M.J., Hsu, H.C. (2024, December). Smartphone Application Intervention on Obstructive Sleep Apnea among Overweight and Obese High-Tech Employees: A Randomized Controlled Trial. *Nursing & Health Sciences, 26(4)*: e13189. doi: 10.1111/nhs. (Nursing SSCI, Impact factor: 2.1; 27.46 %, in 2023).

7. Lee, M. C., Liu, C. C., Wang, W. H., Lin, M. H., Liao, P. H., & Chen, M. Q. (2024, November). Effectiveness of mobile application disease self-management program on mental health and self-management of patients with hypertension: A randomized controlled trial. *International Journal of Nursing Practice*, 30(6): e13312. <https://doi.org/10.1111/ijn.13312> (Nursing SSCI, Impact factor: 1.9; 67/191 =35.07%, in 2023).
8. Lee, Y.H., Chung, F.F., Liao, P.H., Wang, P.Y., *Lin, M.H. (2024, August). Exploring the care experiences among clinical staffing during emerging infectious disease: from the COVID-19 pandemic approach. *Asian Nursing Research*, 18(3), 222-230(Nursing SSCI, Impact factor: 2.1; 27.46%, in 2023)
9. Hsu, J.C., Chung, F.F., Lee, T.Y., Wang, P.Y., *Lin, M.H. (2024, January). Exploring the care experiences of hemodialysis nurses: from the cultural sensitivity approach. *BMC Nursing*, 23(17) <https://doi.org/10.1186/s12912-023-01678-y> (Nursing SSCI, Impact factor: 3.2; 7.77%, in 2022)
10. Wang, P. Y., Chen, Y.W. & *Lin, M. H. (2023, October). Translation and validation of the Chinese version of the Stroke Knowledge Test for the hypertension patient. *Scientific Reports*. 13:17446 <https://doi.org/10.1038/s41598-023-44682-7> (Multidisciplinary sciences- SCIE, Impact factor: 4.6; 22/73=30.13%, in 2022).
11. †Hsu, J.C., †Wang, M.S., Wang, P.Y., Lian, S.Y., & *Lin, M. H. (2023, Sep). The Effects of the Situated Simulation Program on the Cultural Competence of Hemodialysis Nurses: A Quasi-Experimental Study. *Healthcare*, 2023, 11(19), 2609. <https://doi.org/10.3390/healthcare11192609> (Health policy & services - SSCI, Impact factor:2.8; 43/87=49.42%, in 2022), (†These authors contributed equally to this work) .
12. Wu, M. H., Lee, T. Y., & Lin, M. H. (2023, Feb). The parental experience of participating in surgical decision-making regarding one's child with a congenital heart disease in Taiwan. *Journal of pediatric nursing*, 68(2023), e103-e108. <https://doi.org/10.1016/j.pedn.2022.11.020>. (Nursing- SSCI, Impact factor:2.4; 38/123=30.89%, in 2022)
13. Hsu, H.C, & *Lin, M.H. (2022, Jun). The impact of an educational program on nurses' shared decision making attitudes: A randomized controlled trial. *Applied Nursing Research*, 65 (2022) 151587. <https://doi.org/10.1016/j.apnr.2022.151587> (Nursing- SSCI, Impact factor:2.2; 47/123=38.21%, in 2022) <https://www.sciencedirect.com/science/article/pii/S0897189722000295?via%3Dihub>
14. Lin, M.H., Chen, N. H., Hsiao, P.R., & Hsu, H.C. (2022, July). Factors associated with undiagnosed obstructive sleep apnea in overweight and obese high-tech employees: A multisite cross-sectional study. *Biological Research for Nursing*, 24(3) 400–409. (Nursing- SCIE, Impact factor:2.5; 37/125=21.6%, in 2022)

<https://journals.sagepub.com/doi/abs/10.1177/10998004221094109?journalCode=brna>

15. Liu, T.T., Chen, M.Y., Chang Y.M., & Lin, M.H. (2022, Apr). A preliminary study on the cultural competence of nurse practitioners and its affecting factors. *Healthcare*, 10(4), 678. (Health policy & services - SSCI, Impact factor:2.8; 43/87=49.42%, in 2022)
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9026283/>
16. Li, Y.H., Chou, M.C., Lin, L.D., Tsai, C.C., & Lin, M.H. (2022, Feb). Relationships between willingness to participate in the nursing clinical ladder program and its related factors among clinical nurses. *Healthcare*, 10(2), 369. (Health policy & services - SSCI, Impact factor: 2.8; 43/87=49.42%, in 2022)
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8871538/>
17. # Lin, M.H., #Lin, S. C., ‡Lee, Y. H., ‡Wang, P. Y., Wu, H. Y., & Hsu, H.C (2021, September). The effectiveness of simulation education program on shared decision-making attitudes among nurses in Taiwan. *PLoS ONE*, 16(9): e0257902.
<https://doi.org/10.1371/journal.pone.0257902> (Multidisciplinary sciences- SCIE, Impact factor:3.7; 26/73=35.61%, in 2022) (#,‡These authors contributed equally to this work).
18. Hsu, H.C., Lin, S. C., Lee, Y. H., Wu, H. Y., Wang, P. Y., Li, J.Y., & *Lin, M.H. (2021, September). Development and testing of the shared decision-making attitudes scale among nurses in Taiwan: A cross-sectional scale development study. *BMJ open*, 11(9), e044733. <https://doi.org/10.1136/bmjopen-2020-044733> (Medicine, General & Internal-SCIE, Impact factor: 2.9; 77/167=46.10%, in 2022)
19. Chung, F. F., Wang, P. Y., Lin, S. C., Lee, Y. H., Wu, H. Y., & Lin, M. H. (2021, June). Shared clinical decision-making experiences in nursing: a qualitative study. *BMC nursing*, 20(1), 85. <https://doi.org/10.1186/s12912-021-00597-0> (Nursing SCIE, Impact factor: 3.2; 15/125=12.0%, in 2022).
20. Hsu, H.C., Lee, H.F., & *Lin, M.H. (2021, May). Exploring the Association between Sleep Quality and Heart Rate Variability among Female Nurses. *International journal of environmental research and public health*, 18(11), 5551.
<https://doi.org/10.3390/ijerph18115551> (Public, Environmental & Occupational Health-SCIE, Impact factor: **4.614**; 71/210=33.80%, in 2021).
21. Hsu, H.C., *Lin, M.H., Lee, H.F., Wu, C.Y., Chou, C.T., & Lin, S.F. (2021, May.). Effects of aromatherapy with essential oil massage on the sleep quality of critical care nurses: A randomized controlled trial. *Complementary Therapies in Clinical Practice*. 43, 101358. <https://doi.org/10.1016/j.ctcp.2021.101358> (Integrative & complementary medicine SCIE, Impact factor: 3.0; 12/28=42.85%, in 2022).
22. Lee, Y.H., Lin S.C., Wang, P.Y., & *Lin, M.H. (2020, Dec). Objective Structural Clinical Examination for evaluating learning efficacy of Cultural Competence

- Cultivation Programme for nurses. *BMC Nursing*, 114(2020), 114.
<https://doi.org/10.1186/s12912-020-00500-3> (Nursing SSCI, Impact factor: 3.2; 15/125=12.0%, in 2022).
23. Gunawan,I, **Lin, M.H.**,& Hsu, H.C.(2020, Mar).Exploring the quality of life and the related factors among the elderly in Indonesia. *South East Asia Nursing Research*, 2(1), 1-10.
 24. Lin, S. C., Lin L. L., Liu C. J., Fang C. K., & **Lin, M. H.** (2020, Apr). Exploring the factors affecting musculoskeletal disorders risk among hospital nurses. *PLoS ONE*. 15(4), e0231319. <https://doi.org/10.1371/journal.pone.0231319> (Multidisciplinary-SCIE, Impact factor: 3.7; 26/73=35.61%, in 2022)
 25. Chiu HH, Tsao L.I. & **Lin, M. H.** (2020, Mar). Suffering exhausted life like burning at both ends of a candle - women with menopausal fatigue. *International Journal of Studies in Nursing*, 5(1), 95-102.
 26. **Lin, M. H.**, & Hsu, H. C. (2020, May). Effects of a cultural competence education programme on clinical nurses: A randomised controlled trial. *Nurse Education Today*, 88(2020) 104385. <https://doi.org/10.1016/j.nedt.2020.104385> (Nursing- SSCI, Impact factor: 3.9; 10/12= 8.13 %, in 2022).
 27. Wang, P. Y., Tsao, L.I., **Lin M.H.** & Lee, C.Y. (2019, Dec). Metabolic syndrome risk factors and physical activity in middle-aged women. *International Journal of Studies in Nursing*, 4(4), 70-78.
 28. **Lin, M. H.**, Chang, T. H., Lee, Y. H., Wang, P. Y., Lin, L. H., & Hsu, H.C. (2019, Aug) Developing and validating the Nursing Cultural Competence Scale in Taiwan. *PLoS ONE* 14(8):e0220944.<https://doi.org/10.1371/journal.pone.0220944>(Multidisciplinary-SCIE, Impact factor: 3.7; 26/73=35.61%, in 2022)
 29. Lee,Y.H. & **Lin, M. H.** (2019, Jan). Exploring the relationship between burnout and job satisfaction among clinical nurses. *European Scientific Journal*, 15(3), 449-460. **(Correspondence author)**.
 30. **Lin, M. H.**, Wu, C. Y., & Hsu, H. C. (2019, Feb). Exploring the experiences of cultural competence among clinical nurses in Taiwan. *Applied Nursing Research*, 45(2019), 6-11. <https://doi.org/10.1016/j.apnr.2018.11.001> (Nursing -SSCI, Impact factor: Impact factor: 2.2; 47/123=38.21%, in 2022)
 31. Hsu, H. C., Chen. N. H., & Ho, W. J., **Lin, M. H.** (2018, May). Factors associated with undiagnosed obstructive sleep apnea among hypertensive patients: A multisite cross-sectional study in Taiwan. *Journal of Clinical Nursing*, 27(9-10), 1901- 1912. <https://doi.org/10.1111/jocn.14366> **(Correspondence author)**. (Nursing – SSCIE,

Impact factor:4.2; 7/125= 5.6%, in 2022)

32. Chen, P. L., Tsai, Y.L., **Lin, M.H.**, & Wang, J. (2018, Apr). Gender difference in health promotion behaviors and quality of life among community-dwelling elderly. *Journal of Women & Aging*, 30(3), 259- 274. [https://doi.org/ 10.1080/08952841.2017.1301170](https://doi.org/10.1080/08952841.2017.1301170). (Women study – SSCI, Impact factor: 1.5; 24/44= 54.54%, in 2022)
33. #Lin,H.L., #**Lin,M.H.**, Ho,C.C., Fu, C.H.,& Koo, M. (2017, July). Psychometric properties of the Chinese version of the attitudes towards cardiopulmonary resuscitation with defibrillation (ACPRD-C) among female hospital nurses in Taiwan. *International Emergency Nursing*, 33, 7-13. (**These authors contributed equally to this work**) <https://doi.org/10.1016/j.ienj.2017.02.002>. (Nursing – SSCI, Impact factor: 1.8; 68/123, 54.54%, in 2022)
34. Hsu, W. C., Ho, L. H., ***Lin, M. H.**, & Chiu, H. L. (2016, March/ April). Body posture angle affects the physiological indices of patients with liver cirrhosis ascites. *Gastroenterology Nursing*. 19(2), 102- 109. (Nursing – SSCI, Impact factor: 0.557; 114/123= 0.926, 100%, in 2019)
35. Hsieh, H. L, Ho, L. H., & ***Lin, M. H.** (2016, Jan). Factors related to health status among nurses in Taiwan. *American Scientific Research Journal for Engineering, Technology, and Sciences*, 16(1), 310-318..
36. Hsu, H. C., ***Lin, M. H.**, Shih, W. M., & Tsao, L. I (2015, December). Examining the psychometric properties of the brief “Menopausal Symptoms Distress Affecting Sleep Quality Scale”. *Journal of Clinical Nursing*, 24(23-24), 3654–3663. <https://doi.org/10.1111/jocn.12958>. (Nursing – SSCI, Impact factor: 1.972; 23/123= 18.69%, in 2019)
37. Hsu, H. C., Tsao L. I., & ***Lin M. H.** (2015, Nov). Improving sleep quality interventions among menopausal women with sleep disturbances in Taiwan: A preliminary study. *Applied Nursing Research*, 28(4), 374-380. (Nursing-SSCI, Impact factor: 1.612; 46/123= 37.39%, in 2019)
38. Shih, W. M., Hsu, H. C., Jiang, R.S., & ***Lin, M. H.** (2015, Oct). Lived experiences among patients newly diagnosed with lung adenocarcinoma stage IV within one year. *Asian Pacific Journal of Cancer Prevention*, 16 (15), 6633-6638. (Oncology-SCIE, Impact factor: 2.514; 120/211= 56.87%, in 2014).
39. Hsu, H. C., Wang, P. Y., Lin, L. H., Shih, W. M., & ***Lin, M. H.** (2015, Sep). Exploring the relationship between professional commitment and job satisfaction among nurses. *Workplace Health & Safety*, 63(9)392-398.. (Nursing – SSCI, Impact factor:1.227; 76/123= 61.78%, in 2019)
40. Chiang, T. Y., Wang, C. H., Lin, Y. F. Chou, S. L., Wang C. T., Juang, H. T., Lin, Y. C., ***Lin, M. H.** (2015, May). Factors Related to Treatment Refusal in Taiwanese Cancer

- Patients. Asian Pacific Journal of Cancer Prevention. 16 (8), 3153-3157. (Oncology-SCIE, Impact factor: 2.514; 120/211= 56.87%, in 2014).
41. Sung, S. C., Huang, H. C., & **Lin, M. H.** (2015, May). Relationship between the knowledge, attitude, and self-efficacy on sexual healthcare for nursing students. Journal of Professional Nursing, 31(3), 254-261. (Nursing – SSCI, Impact factor: 2.045; 20/123=16.26%, in 2019)
 42. 陳月芬、林梅香、車慧蓮、徐秀琴。(2025年6月)。在職進修護理人員壓力因應、健康促進生活型態與幸福感之相關性研究。長庚科技學刊，42，75-90。DOI: 10.6192/CGUST.202506_(42).6
 43. 羅惠美、郭錦松、林梅香、沈瑞晶、廖淑貞、李梅琛* (2025年4月)。糖尿病腎病變患者心理健康、自我照顧行為與生活品質之相關性。澄清醫護管理雜誌，21(2)，30-40。
 44. 翁慧君、林梅香、徐秀琴、朱怡蓁、許家禎、陳冠宇、蔡景耀 (2025年4月)。護理人員共享決策之態度。北市醫學 (accepted)。
 45. 陸慧蓮、江慧珠、吳泓彥、*林梅香(2021年3月)。護理人員對末期腎病安寧照護認知之探討。健康科技期刊，7(2)，13-25。
 46. 王寶鈺、曹麗英、林梅香、劉介宇、陳右緯(2020年10月)。高血壓患者中風知識及其相關影響因素之探討。台灣中風醫誌，2(3)，238-248。
 47. 陳明怡、徐秀琴、林梅香、石惠美(2020年6月)。護理人員文化能力及其相關影響因素之探討-以北台灣某醫學中心為例。長庚護理，31(2)，145-159。
 48. 周淑嵐、林玉芬、林梅香、姜亭妤、王靜婷、王昭慧(2019年6月)。個案管理過程藉由PRECEDE模式評估癌症病人中斷治療影響因素。腫瘤護理雜誌，19(1)，49-63。
 49. 徐雯娟、林瑞香、林梅香、徐秀琴、石惠美(2019年2月)。肝硬化病人主要照顧者之生活品質及其相關因素。護理雜誌，66(1)，60-69。
 50. 尹慧菊、林梅香、楊惠晶、林小燕(2018年3月)。降低接受預防接種及餵食輪狀疫苗嬰兒疼痛反應改善專案。長庚護理，29(1)，74-86。
 51. 李兆蕙、林梅香、陳寧宏、賀倫惠、李秀芳、曹麗英 (2015年12月)。阻塞性睡眠呼吸中止症婦女之生活經驗。護理雜誌，62(6)，48-56。
 52. 吳曉芸、高玉音、林梅香、紀巧玲、伍碧琦 (2015年08月)。提昇加護病房護理人員入院護理之完整性。高雄護理雜誌，32(2)10-22。
 53. 周淑嵐、林梅香、林玉芬、姜亭妤、王靜婷、王昭慧 (2015年06月)。個案管理過程中運用PRECEDE模式探討癌症病人中斷治療影響因素。腫瘤護理雜誌，15(1)，39-46。

54. 吳虹諭、張巧惠、陳麗貞、林梅香、謝春蘭 (2015 年 03 月)。加護病房護理人員鼻胃管灌食照護完整性之改善專案。長庚護理，26(1)，53-65。
55. 姜亭妤、王昭慧、林玉芬、周淑嵐、王靜婷、*林梅香 (2015 年 03 月)。個案管理師運用PRECEDE-PROCEED 談癌症病人拒絕治療因素評估。澄清醫護管理雜誌，11(2)，39-42。
56. 蔡佩臻、張嘉玲、林梅香、賀倫惠、邱綉玲 (2015 年 03 月)。檢視不同漱口溶液對移植後病人口腔炎之應用及成效。長庚護理，26(1)，13-22。
57. 徐雯娟、賀倫惠、林梅香、邱綉玲 (2014 年 10 月)。不同臥位對肝硬化腹水病人之血氧飽和度、舒適度與呼吸困難程度之影響。護理雜誌，61 (5)，66-74。
58. 張品嫻、陳雅玲、邱綉玲、林梅香、蔡佩臻 (2014 年 06 月)。降低移植加護病房血液檢體不良率。北市醫學，11(1)，87-97。

(B) 研討會論文

- Wang, P. Y., Lin, M. H., & Hsu, H. C. (2023). Exploring the relationship between share decision making attitude and job satisfaction among clinical nurses. (2-3, November, 2023). At the the 4th International Nursing Conference. in Korea, Seoul.
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