

一、基本資料

身分證號碼											填表日期：2025/12/01
中 文 姓 名	李美銀			英 文 姓 名	Lee Mei-Yin (Last Name) (First Name) (Middle Name)						
國 籍	中華民國			性 別	☐ 男 ☒ 女		出 生 日 期				
聯 絡 地 址	112303 臺北市北投區明德路 365 號 (親仁樓 B634)										
聯 絡 電 話	(公) 28227101 #3108										
傳 真 號 碼					E - m a i l	meiyin0304@ntunhs.edu.tw					

二、主要學歷 (由最高學歷依次填寫)

學 校 名 稱	國 別	主 修 學 門 系 所	學 位	起 訖 年 月 (西 元 年 / 月)
國立陽明大學	臺灣	護理學系	博士	自 2007/08 至 2013/01
國立臺灣大學	臺灣	護理所(兒科組)	碩士	自 2001/08 至 2003/06
臺北護理健康大學(學院)	臺灣	護理系	學士	自 1996/08 至 1998/06

三、現職及與專長相關之經歷 (研究相關之專任職務)

服 務 機 構	服 務 部 門 / 系 所	職 稱	起 訖 年 月 (西 元 年 / 月)
現職： 國立臺北護理健康大學	護理學院/護理系	副教授	自 2020/08 迄今
歷			
國立臺北護理健康大學	護理學院/護理系	副教授/ 兼任教學 業務組組長	自 2021/08 至 2024/01
國立臺北護理健康大學	護理學院/護理系	助理教授	自 2018/08 至 2020/07
馬偕醫學院	護理學系	助理教授	自 2014/08 至 2018/07
經國管理暨健康學院	護理系	講師 助理教授	自 2008/08 至 2013/01 自 2013/02 至 2014/07
馬偕專校	護理科	講師	自 2003/08 至 2007/07
林口長庚兒童醫院	兒科病房	護理師	自 1998/08 至 2001/10

四、專長

1. 兒童護理學	2. 妥瑞症兒童及青少年照護	3. 慢性病兒童及家庭護理	4. 質性研究
5. 實證護理	6. 量表發展	7. 健康照護設計及專利	

五、獲獎

1. 馬偕醫學院傑出導師 (2017/03)
2. 「Co-tics:迷兔森林」桌遊: 2021年全球華人教育遊戲設計大賞佳作
3. 榮獲國家科學及技術委員會110年及114年度補助大專校院研究獎勵
4. 榮獲112年度彈性薪資優秀教師-研究類 (第四名)
5. 榮獲113年度彈性薪資優秀教師-輔導及服務類 (第三名)
6. 榮獲114年彈性薪資優秀教師-度教學類 (第二名)

六、學術著作

(一)期刊論文

1. **Mei-Yin Lee***, Huei-Shyong Wang., Chung-Yueh Lien., & Zhi-Hong Chen. (2025). Effects of a Board Game on Tic Management and Psychosocial Functioning in Adolescents With Tourette Syndrome: Randomized Controlled Trial. *JMIR Serious Games*, 13, e76208. (Ranking: Health care sciences & services, SCIE: 37/185; Impact Factor: 4.1) (本人為第一作者及通訊作者)
2. Zhang, Y. J., **Mei-Yin Lee***, Wang, H. S., & Chang, Y. C. (2025). Development and Evaluation of a Care Needs Scale for Parents of Children With Tourette Syndrome. *Journal of Neuroscience Nursing*, 57(1)15-20. (Ranking: NURSING, SCIE: 66/193; Impact Factor: 2) (本人為通訊作者)
3. Jin-Fen Chen., **Mei-Yin Lee***, Jainn-Jim Lin., & Bao-Huan, Yang. (2024). School adjustment experiences of ventilator-dependent children: A phenomenological study of mothers' perspectives. *Journal of Pediatric Nursing: Nursing Care of Children & Families*, 79, 241-248. (Ranking: NURSING, SCIE: 44/193; Impact Factor: 2.3) (本人為通訊作者)
4. **Mei-Yin Lee**, Huei-Shyong Wang, & Chen-Jung Chen (2024). Psychosocial experiences in youth with Tourette syndrome: A systematic review and meta synthesis. *European Child & Adolescent Psychiatry*, 33, 3787-3802. (Ranking: PEDIATRICS, SCIE: 6/186; Impact Factor: 4.9) (本人為第一作者及通訊作者)
5. Ho, C. S., Chen, Y. C., **Mei-Yin Lee.**, Chen, C. J., & Tsai, H. J. (2023). Factors associated with Tourette syndrome among adolescents in Taiwan: A cross-sectional correlational study. *Journal of Pediatric Nursing-Nursing Care of Children & Families*,

73, e75-e82. (Ranking: NURSING, SCIE: 44/193; Impact Factor: 2.3)

6. Chen, C. J., Tsai, H. J., **Mei-Yin Lee**, Chen, Y. C., & Huang, S. M. (2023). Effects of a Moodle-based E-learning environment on E-collaborative learning, perceived satisfaction, and study achievement among nursing students: A cross-sectional study. *Nurse Education Today*. 130, 105921. (Ranking: NURSING, SCIE: 4/193; Impact Factor: 4.2)
7. Chen-Jung Chen, Yi-Chang Chen, **Mei-Yin Lee**, Chih-Hung Wang, Li-Chuan Chang, & Mei-Feng Chen (2022). Effects of a group music-based intervention in improving attachment and psychosocial adaptation in adolescents with parental attachment insecurity: A randomized trial. *Psychology of Music*. (Ranking: PSYCHOLOGY, EXPERIMENTAL, SCIE: 70/102; Impact Factor: 1.6)
8. Jui-Yuan Su, Pei-Fan Mu, Ching-Hui Wang, Yu-Shang Chen, Ting-Yin Cheng, & **Mei-Yin Lee*** (2022). Prevention and management of hospital-acquired pressure injury among patients with lung disease in a hospital: a best practice implementation project. *JBI Evidence Implementation*. 20(4), 301-312. (Ranking: HEALTH CARE SCIENCES & SERVICES, SCIE: 160/188; Impact Factor: 1.1) (本人為通訊作者)
9. **Mei-Yin Lee***. (2022). Living with tics: Nursing Care of Pediatric Tourette Syndrome. *Biomedical Journal*. 45(2), 280-285. (Ranking: MEDICINE, RESEARCH & EXPERIMENTAL, SCIE: 52/195; Impact Factor: 4.5)
10. **Mei-Yin Lee**, Huei-Shyong Wang, & Tzu-Ying Lee. (2022). Psychosocial stress, self-esteem, and social adjustment: A moderated mediation analysis in Taiwanese adolescents with Tourette syndrome. *Journal of Pediatric Nursing-Nursing Care of Children & Families*. 62, e84-e90. (Ranking: NURSING, SCIE: 44/193; Impact Factor: 2.3)
11. Chen, C. J., Chen, Y. C., **Mei-Yin Lee**, Wang, C. H., & Sung, H. C. (2021). Effects of three-dimensional holograms on the academic performance of nursing students in a health assessment and practice course: A pretest-intervention-posttest study. *Nurse Education Today*, 106, 105081. (Ranking: NURSING, SCIE: 4/193; Impact Factor: 4.2)
12. **Mei-Yin Lee**, Tzu-Ying Lee, & Ya-Chen Lee. (2020). Experiences of family resource utilization among Taiwanese parents of children with developmental delay. *Journal of Pediatric Nursing-Nursing Care of Children & Families*, 53, e204-e210. (Ranking: NURSING, SCIE: 44/193; Impact Factor: 2.3)
13. Pei-Fan Mu, **Mei-Yin Lee***, Yong-Chuan Chen, Hui-Chuan Yang, & Shu-Hua Yang (2020). Experiences of parents providing kangaroo care to a premature infant: A qualitative systematic review. *Nursing & Health Sciences*. 22(2), 149-161. (Ranking: NURSING, SCIE: 95/193; Impact Factor: 1.6) (本人為通訊作者)

14. **Mei-Yin Lee***, Huei-Shyong Wang, & Chen-Jun, Chen. (2020). Development and Validation of the Social Adjustment Scale for Adolescents with Tourette Syndrome in Taiwan. *Journal of Pediatric Nursing*. 51, e13- e20. (Ranking: NURSING, SCIE: 44/193; Impact Factor: 2.3) (本人為第一作者及通訊作者)
15. **Mei-Yin Lee***, Huei-Shyong Wang, Chen-Jun, Chen, & Mei-Hua, Lee. (2019). Social adjustment experiences of adolescents with Tourette Syndrome. *Journal of Clinical Nursing*. 28(1-2) 279-288. (Ranking: Health care sciences & services, SCIE: 14/193; Impact Factor: 3.5) (本人為第一作者及通訊作者)
16. Shu-Chen Kuo, Pei-Fan, Mu, P. F, Li-Yin Chang, Shin-Shang Chou, **Mei-Yin Lee**, Jui-Yuan Su, & Marianne Curia. (2018). Effectiveness of coffee for postoperative ileus in patients following abdominal surgery: a systematic review protocol. *JB database of systematic reviews and implementation reports*. 16(11), 2072-2079.
17. 李典蓉、**李美銀***。(2018) 運用Watson關懷理論照護一位急性泌尿道感染之平腦症幼童的護理經驗。 *馬偕護理雜誌*, 12(2), 30-40.(本人為通訊作者)
18. **Mei-Yin Lee**, Pei-Fan Mu, Wen-Sheng Wang, & Huei-Shyong Wang. (2016). “Living with tics”: Self-experience of adolescents with Tourette syndrome during peer interaction. *Journal of Clinical Nursing*. 23, 463-471. (Ranking: NURSING, SCIE: 14/193; Impact Factor: 3.5)
19. Pei-Fan Mu, **Mei-Yin Lee**, Ching-Ching Sheng, Pei-Chi Tung, Ling-Ya Huang, Yi-Wei Chen. (2015) The experiences of family members in the year following the diagnosis of a child or adolescent with cancer: a qualitative systematic review. *JB Database of Systematic Reviews & Implementation Reports*. 13, 293-329.
20. **李美銀**、穆佩芬。(2013). 運用Watson關懷照護理論於一位嬰兒點頭型兒童之護理。 *經國學報*. 30, 27-35.
21. **Mei-Yin Lee**, Pei-Fan Mu, Shwu-Feng Tsay, Shin-Shang Chou, Yu-Chih Chen, Tai-Tong Wong. (2012). Body image of children and adolescents with cancer: A metasynthesis on qualitative research findings. *Nursing & Health Science*. 14, 381-390. (Ranking: NURSING, SCIE: 95/193; Impact Factor: 1.6)
22. **Mei-Yin Lee**, Yueh-Chih Chen, Huei-Shyong Wang, Duan-Rung Chen. (2007). Parenting Stress and Related Factors in Parents of Children with Tourette Syndrome. *Journal of Nursing Research*. 15, 166-174. (TSCI)

(二)研討會論文

1. **Mei-Yin Lee** (2025, Jun). Effectiveness of board game on psychosocial function of adolescents with Tourette syndrome: a randomized controlled trial. 30th ICN Congress, Helsinki, Republic of Finland (Poster).

2. **Mei-Yin Lee** (2024, Sep). Caregiving Experience of Parents of Children with Tourette Syndrome: A Systematic Review and Meta synthesis. Global Evidence Summit 2024, Prague, Czech Republic. (Poster)
3. **Mei-Yin Lee** (2023, Aug). Exploring Parents' Experiences in Assisting Children with Tourette Syndrome in Symptom Management. Sigma's 34th International Nursing Research Congress, Virtual conference. (Poster).
4. **Mei-Yin Lee** (2021, Jul). Psychosocial stress and social adjustment of adolescents with Tourette syndrome: Test of a mediation model. 32nd International Nursing Research Virtual Congress(Sigma Theta Tau International Honor Society of Nursing), 國際線上研討會.
5. Yu-Jing Zhang, **Mei-Yin Lee** (2020, Mar). Effect of Application of Massage on Weight Gain in Preterm Infants in Neonatal Intensive Care Unit: A Systematic Review. 2020 Taiwan International Nursing Conference Endorsed by the International Council of Nurses(ICN), Taipei, Taiwan.
6. **Mei-Yin Lee*** (2019). Study Investigating the Social Adjustment of Adolescents With Tourette Syndrome and the Relevant Factors. 30th International Nursing Research Congress (Sigma Theta Tau International) , Calgary, Canada. (Poster)
7. **Mei-Yin Lee***. (2018). Confirmatory factor analysis of the Social Adjustment with Tourette Syndrome Scale for Adolescents. 26th World Congress on Nursing Care. Osaka, Japan. (Poster)
8. **Mei-Yin Lee***. (2017). Validity and Reliability of the Social Adjustment Scale for Adolescents with Tourette Syndrome. 28th International Nursing Research Congress (Sigma Theta Tau International). Dublin. (Poster)
9. **李美銀***. (2016). 妥瑞症青少年社會適應經驗-現象學研究法. 第三十二次護理研究論文發表暨兩岸護理學術交流. 台中.(Poster)
10. **Mei-Yin Lee***. (2015). Experiences of Use of Family Resources by Mothers of Children with Developmental Delay. 12th International Family Nursing Conference: Improving Family Health Globally through Research, Edu. Denmark. (Oral Presentation)
11. **Mei-Yin Lee*** & Pei-Fan Mu. (2014). The lived experience of adolescents with Tourette syndrome during peer interaction: Phenomenological. Scaling new heights: Challenging The status Quo-9th Biennial Joanna Briggs International Colloquium. Singapore. (Oral Presentation)

12. **Mei-Yin Lee*** & Pei-Fan Mu. (2013). The experience of family members with children and adolescents with cancer in initial stage: A qualitative systematic review. Training research into practice- Barrier and Strategies. Taiwan. (Poster)
13. **Mei-Yin Lee***. (2013). Home care nurses' practicing experience in long-term care services. The 9th International Nursing Conference 2013 & 3rd World Academy of Nursing Science. South Korea. (Oral Presentation)
14. **Mei-Yin Lee*** & Pei-Fan Mu. (2010). The Experiences of Children and Adolescence with Cancer: A Meta-synthesis. 12th International Nursing Research Conference 7th Biennial Joanna Briggs Colloquium. Chicago. (Oral presentation)

七、歷年執行計畫

計畫名稱	補助機構	計畫起訖年月	執行情形	擔任職務	經費總額
「自我肯定訓練方案」對強化妥瑞症青少年社會適應之成效探討	科技部	2014/08-2016/10	已結案	計畫主持人	1,262,000
正念認知療法對改善妥瑞症青少年的抽動及社會適應之成效探討(第一年)	科技部	2016.08-2017.10	已結案	計畫主持人	770,000
正念認知療法對改善妥瑞症青少年的抽動及社會適應之成效探討(第二年、第三年)	科技部	2017/08-2019/07	已結案	計畫主持人	1,977,000
建構以實證為基礎之桌遊方案於妥瑞症青少年的抽動及人際互動之成效探討：質量混合研究(第一年)	科技部	2019/08-2020/10	已結案	計畫主持人	702,000
建構以實證為基礎之桌遊方案於妥瑞症青少年的抽動及人際互動之成效探討：質量混合研究(第二年)	科技部	2020/08-2021/07	已結案	計畫主持人	700,000
建構以實證為基礎之桌遊方案於妥瑞症青少年的抽動及人際互動之成效探討：質量混合研究(第三年)	國科會	2021/08-2022/07	已結案	計畫主持人	690,000
建構及評值症狀管理行動智能互動系統於妥瑞症兒童父母的照護需求及其相關因素之成效	國科會	2022/08-2023/07	已結案	計畫主持人	730,000

建構及評值症狀管理行動智能互動系統於妥瑞症兒童父母的照護需求及其相關因素之成效(II-III)	國科會	2023/08-2024/11	已結案	計畫主持人	740,000
探討運用數位教材於提升護理系學生實證護理能力之成效	教育部教學實踐計畫	2023/08-2024/07	已結案	計畫主持人	274,000
建構及評值症狀管理行動智能互動系統於妥瑞症兒童父母的照護需求及其相關因素之成效(III)	國科會	2024/08-2025/11	已結案	計畫主持人	780,000
探討互動式教學輔助平台融合團隊導向學習於實證健康照護課程之實踐與成效	教育部教學實踐計畫	2024/08-2025/07	已結案	計畫主持人	262,000
以機器學習結合行動健康應用程式於妥瑞症青少年的生活品質及心理健康之建構與驗證	國科會	2025/08-2026/07	執行中	計畫主持人	930,000

八、研發成果智慧財產權及其應用績效

1.專利：

請填入目前仍有效之專利。「類別」請填入代碼：(A)發明專利(B)新型專利(C)新式樣專利

類型	專利名稱	國別	專利號碼	發明人	專利權人	專利核准日期	國科會計畫編號
B	桌遊式情境互動訓練模組	中華民國	M636691	李美銀	國立臺北護理健康大學	2023/01/21	MOST110-2314-B-227-007-
B	妥瑞症照護系統	中華民國	M675090	李美銀	國立臺北護理健康大學	2025/09/21	NSTC113-2314-B-227-008-

九、專書發表

1. 穆佩芬、李美銀、曾韻珊等著. (2023). 兒科護理學(二版)(p. 1-28 & 408-409). 台北：新文京。
2. 穆佩芬、鄭夙芬、李美銀等著. (2023). 人類發展學(四版)(p. 417-438). 台北：華杏出版社。

3. 穆佩芬、胡月娟、葉美玲、李美銀等著.(2022). 實證護理(二版)(p. 245-270). 台北: 新文京。
4. 穆佩芬、陳可欣、李美銀等著.(2021). 實證護理概論(二版)(p. 275-289). 台北: 新文京。
5. 鄭淑貞、李美銀等著.(2016). 兒童及青少年健康照護. 穆佩芬總校閱. 第三章住院兒童及青少年之照護(p. 71-100). 台北: 華杏。

十、專業證照與特殊專業技能表

證照或特殊專業技能名稱	發照 / 受訓單位	發照/受訓時間
Train the Trainer - Evidence Implementation Training Program	The Jonna Briggs Institute	2021/09/24
Comprehensive systematic review train the trainer	The Jonna Briggs Institute	2010/08/16- 2010/08/19
Comprehensive systematic review training programmer	The Jonna Briggs Institute	2009/08/20- 2009/08/28
糖尿病衛教師證書	中華民國糖尿病衛教學會	2003/07
高級兒童發展師證書	財團法人精英文教事務基金會	2006/08