

壹、基本資料

一、基本資料：

簽名：_____

填表日期：2022/08/24

中文姓名	李梅琛		英文姓名	Lee, Mei-Chen (Last Name) (First Name) (Middle Name)			
國籍	中華民國		性別	<input type="checkbox"/> 男	<input checked="" type="checkbox"/> 女		
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二、主要學歷 由最高學歷依次填寫，若仍在學者，請在學位欄填「肄業」。

學校名稱	國別	主修學門系所	學位	起訖年月(西元年/月)
國立臺北護理健康大學	中華民國	護理研究所	博士	
臺北醫學大學	中華民國	護理研究所	碩士	
國立臺灣大學	中華民國	護理系	學士	

三、現職及與專長相關之經歷 指與研究相關之專任職務，請依任職之時間先後順序由最近者往前追溯。

服務機構	服務部門／系所	職稱	起訖年月(西元年/月)
現職：國立臺北護理健康大學	護理系	副教授	2016.08.01 迄今
	專業實務能力鑑定中心	主任	2021.08.01 迄今
經歷：國立臺北護理健康大學	護理系	講師	
國立臺北護專	護理科	助教	
林口長庚醫院	神經內、神經外科	護理師、 第一職代	

四、專長 請填寫與研究方向有關之學術專長名稱。

1.慢性病照護	2.自我管理方案	3.自我效能	4.自我照顧行為
5.心理健康	6.生活品質		

貳、學術著作

一、期刊論文

English:

Lu, Y. J., Lee, M. C.*, Chen, C. Y., Liang, S. Y., Li, Y. P., & Chen, H. M. (Accepted). Effect of guided imagery meditation during laparoscopic cholecystectomy on reducing anxiety: A randomized controlled trial. *Pain Management Nursing*, 2022, 1-10. Accepted 04July2022.
 Published online: 31 July 2022. (2021 SSCI 44/123, Q2, Nursing, IF = 2.356, 35.77%)
<https://doi.org/10.1016/j.pmn.2022.07.001>.

Chou, C. Y., Chen, C. S., **Lee, M. C.**, Lin, S. T., & Sun, J. H.* (Accepted). Active aging of older adults in rural area after participating in senior self-directed learning groups.

Educational Gerontology, Published online: 21 Jun 2022. (2021 SSCI 33/37, Q4, Gerontology, IF = 1.389, 89.18%) <https://doi.org/10.1080/03601277.2022.2091330>

Chen, H. M.* , **Lee, M. C.**, Wu, Y. C., Huang, C. S., Hsu, P. H., Chien, L. I., Tian, J. Y., & Duong, L. T. (Accepted). Predictors of adherence, contamination, and dropout in home-based walking by lung and esophageal cancer patients from two randomized control trials: An exploratory study. *European Journal of Cancer Care*, 2022, 1-12. Accepted 06June2022. First Published 16 June 2022. (2021 SSCI 46/123, Q2, Nursing, IF = 2.328, 37.39%) <https://doi.org/10.1111/ecc.13635>

Lee, M. C.* , Chen, Y. Y., Tai, C. Y., & Wu, S. F. V. (2022). The mediating effect of self-efficacy in the relationship between mental health and quality of life in patients with hypertensive nephrology. *Journal of Advanced Nursing*, 78(9), 2827-2836. Accepted 19Feb2022. First Published March 14, 2022. (2021 SSCI 20/123, Q1, Nursing, IF = 3.057, 16.26%) <https://doi.org/10.1111/jan.15199> Sep 2022

Chen, W. C., Wu, S. F. V., Sun, J. H., Tai, C. Y., **Lee, M. C.** * , & Chu, C. H. (2022). The mediating role of psychological well-being in the relationship between self-care knowledge and disease self-management in patients with hypertensive nephropathy. *International Journal of Environmental Research and Public Health*, 19, 8488-8497. Accepted 08July2022. 2022 Jul publish (2021 SSCI 45/183, Q1, Public, Environmental & Occupational Health, IF = 4.614, 24.59%) <https://doi.org/10.3390/ijerph19148488>

Chen, Y. Y., **Lee, M. C.** * , Wu, S. F. V., Liu, Y. M., & Chen, H. M. (2022). Disease knowledge, self-efficacy and quality of life in patient with hypertensive nephropathy. *Clinical Nursing Research*, 31(6), 1179-1188. Accepted 21Dec2021. First Published January 27, 2022. (2021 SSCI 86/123, Q3, Nursing, IF = 1.724, 69.91%) <https://doi.org/10.1177/10547738211073396>

Lee, M. C. * , Wu, S. F. V., Lu, K. C., Wang, W. H., Chen, Y. Y., & Tai, C. Y. (2022). Effect of patient-centered self-management program on blood pressure, renal function control, and the quality of life of patients with hypertensive nephropathy: A longitudinal randomized controlled trial. *Biological Research for Nursing*, 24(2), 216-225. Accepted 06Nov2021. First Published December 29, 2021 (2021 SCIE 49/125, Q2, IF = 2.318, 39.20%) 2022 Mar <https://doi.org/10.1177/10998004211061877>

Wu, S. F. V., Wang, T. J., Liang, S. Y., Lin, L. J., Lu, Y. Y., & **Lee, M. C.** * (2022). Differences in self-care knowledge, self-efficacy, psychological distress and self-management between patients with early-and end-stage chronic kidney disease. *Journal of Clinical Nursing*, 31(15-16), 2287-2295. Accepted 07 September 2021. First published: 23 September 2021.

(2021 SCIE 4/125 and SSCI 4/123, Q1, Nursing, IF = 4.423, 03.25%)

<https://doi.org/10.1111/jocn.16046>

Lee, M. C.* , Wu, S. F. V., Lu, K. C., Wang, W. H., Chen, Y. Y., & Chen, H. M. (2021). Effect of patient-centred self-management programme on mental health, self-efficacy and self-management of patients with hypertensive nephropathy: A randomised controlled trial. *Journal of Clinical Nursing*, 30(21-22), 3205-3217. Advance online publication. Accepted 12 April 2021. First Published (Epub 2021 May 3) (2021 SCIE 4/125 and SSCI 4/123, Q1, Nursing, IF = 4.423, 03.25%) <https://doi.org/10.1111/jocn.15825> 2021 Nov

Liao, M. T., Wu, C. C., Wu, S. F. V., **Lee, M. C.**, Hu, W. C., Tsai, K. W., Chung-Hsiang Yang, C. H., Lu, C. L., Chiu, S. K., & Lu, K. C.* (2021). Resveratrol as an adjunctive therapy for excessive oxidative stress in aging COVID-19 patients. *Antioxidants*, 10(9), 1440. Accepted: 6 September 2021 / Published: 9 September 2021 (2021 SCIE 4/64, Q1, Chemistry, Medicinal, IF = 7.675, 6.25%) <https://doi.org/10.3390/antiox10091440> 2021 Sep

Lee, M. C., Wu, S. F. V.* , Lu, K. C., Liu, C. Y., Liang, S. Y., & Chuang, Y. H. (2021). Effectiveness of a self-management program in enhancing quality of life, self-care, and self-efficacy in patients with hemodialysis: A quasi-experimental design. *Seminar in Dialysis*, 34(4), 292-299. Feb, 2021 online. 29, Dec, 2020 Accepted. First published: 02 February 2021 (2021 SCIE 49/90, Q3, Urology & Nephrology, IF = 2.886, 54.44%) <https://doi.org/10.1111/sdi.12957> 2021 Jul

Chuang, L. M., Wu, S. F. V.* , **Lee, M. C.**, Lin, L. J., Liang, S. Y., Lai, P. C., & Kao, M. C. (2021). The effects of knowledge and self-management of patients with early-stage chronic kidney disease: Self-efficacy is a mediator. *Japan Journal of Nursing Science*, 18(2), e12388. First published online: 11 November 2020 (2021 SSCI 87/123, Q3, Nursing, IF = 1.691, 70.73%) <https://doi.org/10.1111/jjns.12388> 2021 Apr

Lee, M. C., Wu, S. F. V.* , Lu, K. C., Liu, C. Y., Liu, W. I., & Liu, J. H. (2020). The effect of a self-management program on renal function control in patients with hemodialysis in Taiwan: A longitudinal randomized controlled trial. *Japan Journal of Nursing Science*, 17(4), e12345. 09 April 2019 accepted. (2021 SSCI 87/123, Q3, Nursing, IF = 1.691, 70.73%) <https://doi.org/10.1111/jjns.12345> 2020 Oct

Wu, M. P., Wu, S. F. V., **Lee, M. C.**, Peng, L. N., Tsao, L. I., & Lee, W. J.* (2019). Health-promotion interventions enhance and maintain self-efficacy for adults at cardiometabolic risk: A randomized controlled trial. *Archives of Gerontology and Geriatrics*, 82, 61-66. 19 Jan 2019 accepted. (2021 SCIE 27/54, Q2, Geriatrics and Gerontology, IF = 4.163, 50.00%) <https://doi.org/10.1016/j.archger.2019.01.009>. 2019 May

- Wu, S. F. V.* , Lee, M. C., Hsieh, N. C., Lu, K. C., Tseng, H. L., & Lin, L. J. (2018). Effectiveness of an innovative self-management intervention on the physiology, psychology, and management of patients with pre-end-stage renal disease in Taiwan: A randomized, controlled trial. *Japan Journal of Nursing Science*, 15(4), 272-284. Accepted for publication date: 15 Sep 2017; first published: 20 December 2017; Version of Record online: 20 Dec 2017 (SCI 86/124, Q3, Nursing, IF = 1.418, 69.35%). <https://doi.org/10.1111/jjns.12198>. October 2018
- Lee, M. C., Wu, S. F. V.* , Hsieh, N. C., & Tsai, J. M. (2016). Self-management programs on eGFR, depression, and quality of life among patients with chronic kidney disease: A meta-analysis. *Asian Nursing Research*, 10(4), 255-262. Accepted for publication date: 15 April 2016 (SCI 51/124, Q2, Nursing, IF = 2.085, 41.13%); Available online 13 May 2016. 2016 Dec <https://doi.org/10.1016/j.anr.2016.04.002>
- Wu, S. F. V.* , Tung, H. H., Liang, S.Y., Lee, M. C., & Yu, N. C. (2014). Differences in the perceptions of self-care, health education barriers and educational needs between diabetes patients and nurses. *Contemporary Nurse*, 46(2), 191-200. Accepted for publication date: Jul, 11, 2013. (February 2014) <https://doi.org/10.5172/conu.2014.46.2.187>.
- Wu, S. F. V.* , Liang, S.Y., Lee, M. C., Yu, N. C., & Kao, M. J. (2014). The efficacy of a self-management program for people with diabetes, after a special training program for healthcare workers in Taiwan: A quasi-experimental design. *Journal of Clinical Nursing*, 23(17-18), 2515–2524. Accepted for publication date: Jun, 8, 2013 (SCI and SSCI) <https://doi.org/10.1111/jocn.12440>
- Wu, S. F. V.* , Huang, Y. C., Lee, M. C., Wang, T. J., Tung, H. H., & Wu, M. P. (2013). Self-efficacy, self-care behavior, anxiety, and depression in Taiwanese with type 2 diabetes: A cross-sectional survey. *Nursing and Health Sciences*, 15, 213-219. Accepted for publication date: 29 Oct 2012. (June 2013) <https://doi.org/10.1111/nhs.12022>. Article first published online: 10 JAN 2013(SCI and SSCI)
- Wu, S. F. V.* , Young, L. S., Yen, F. C., Jian, Y. M., Cheng, K. C., & Lee, M. C. (2013). Correlations among social support, depression and anxiety in patients with type 2 diabetes. *The Journal of Nursing Research*, 21(2), 129-138. Accepted for publication date: 28Nov 2012. (June 2013) <https://doi.org/10.1097/jnr.0b013e3182921fe1>
- Wu, S. F. V.* , Lee, M. C., Liang, S. Y., Chuang, Y. H., Lu, Y. Y., & Wu, M. P. (2012). Self-efficacy, professional commitment, and job satisfaction of diabetic medical care personnel. *Contemporary Nurse*, 43(1), 39-47. (Dec 2012) <https://doi.org/10.5172/conu.2012.43.1.38>
- Wu, S. F. V.* , Lee, M. C., Liang, S.Y., Lu, Y. Y., Wang, T. J., & Tung, H. H. (2011). Effectiveness of a self-efficacy program for people with diabetes: A randomized controlled trial. *Nursing and Health Sciences*, 13(3), 335-343. <https://doi.org/10.1111/j.1442-2018.2011.00625.x>. (SCI and SSCI)(2011 Sep)

Wu, S. F. V.* , Huang, Y. C., Liang, S. Y., Wang, T. J., **Lee, M. C.**, & Tung, H. H. (2011).

Relationships among depression, anxiety, self-care behavior, and diabetes education difficulties in patients with type 2 diabetes: A cross-sectional questionnaire survey.

International Journal of Nursing Studies, 48, 1376-1383. (SCI and SSCI)

<https://doi.org/10.1016/j.ijnurstu.2011.04.008> (2011 Nov)

Chinese:

陳孟淇、**李梅琛***、陳杏雯、劉月敏 (2022) · 北歐式健走介入心衰竭患者提升六分鐘步行能力之實證照護 · 彰化護理, 29(2), 117-131。[Chen, M. Q., **Lee, M. C.***, Chen, H. W., & Liu, Y. M. (2022). Evidenced-base nursing of Nordic walking exercise intervention for patients with heart failure to promote six-minute walking ability. *Changhua Nursing*, 29(2), 117-131.] [https://doi.org/10.6647/CN.202206_29\(2\).0018](https://doi.org/10.6647/CN.202206_29(2).0018) June2022

汪文華、程味兒、吳淑芳、翁芳婷、**李梅琛***、黃秀麗 (2022) · 加護病房病人主要照顧者的焦慮、憂鬱、社會支持與其生活品質之關聯 · 北市醫學雜誌, 19(1), 16-28。[Wang, W. H., Cheng, W. E., Wu, S. F. V., Weng, F. T., **Lee, M. C.***, & Huang, H. L. (2021). Relationships among anxiety, depression, social support, and quality of life for family members of main caregivers in intensive care unit. *Taipei City Medical Journal*, 19(1), 16-28.] 20210916 線上發表、Mar2022 [https://doi.org/10.6200/TCMJ.202203_19\(1\).0003](https://doi.org/10.6200/TCMJ.202203_19(1).0003)

謝麗君、吳淑芳*、璩大成、**李梅琛**、吳孟嬪、溫彩苓 (2021) · 糖尿病遊民對疾病知識、社會支持與自我照顧行為之相關性 · 北市醫學雜誌, 18(4), 413-431。線上發表:1100712

[Hsieh, L. C., Wu, S. F. V., Chu, D. C., **Lee, M. C.**, Wu, M. P., & Wen, T. L. (2021). The association between disease knowledge, social support and self-care behaviors in homeless people with diabetes. *Taipei City Medical Journal*, 18(4), 413-431.] 2021 Dec [https://doi.org/10.6200/TCMJ.202112_18\(4\).0006](https://doi.org/10.6200/TCMJ.202112_18(4).0006)

莊麗敏、賴寶琴、謝楠楨、高美錦、**李梅琛**、吳淑芳* (2021) · 初期慢性腎臟病患者知識與自我照顧行為之相關性 · 臺灣醫學, 25(5), 569-579。[Chuang, L. M., Lai, P. C., Hsieh, N. C., Kao, M. C., **Lee, M. C.**, & Wu, S. F. V.* (2021). Relationships between knowledge and self-care behavior in patients with early stage chronic kidney disease. *Formosan Journal of Medicine*, 25(5), 569-579.] [https://doi.org/10.6320/FJM.202109_25\(5\).0002](https://doi.org/10.6320/FJM.202109_25(5).0002)

劉月敏、**李梅琛*** (2020) · 血液透析病人復原力之概念分析 · 高雄護理雜誌, 37(3), 23-32。[Liou, Y. M., & **Lee, M. C.*** (2020). Resilience in hemodialysis patients: A concept analysis. *The Kaohsiung Journal of Nursing*, 37(3), 23-32.] [https://doi.org/10.6692/KJN.202012_37\(3\).0003](https://doi.org/10.6692/KJN.202012_37(3).0003)

陳燕燕、**李梅琛***、馬麗卿、劉月敏 (2020) · 伸展運動介入血液透析患者預防不寧腿症候群再發之實證照護 · 彰化護理, 27(3), 20-33。[Chen, Y. Y., **Lee, M. C.***, Ma, L. C., & Liu, Y. M. (2020). Evidenced-base nursing of stretching exercise intervention for prevention of recurrence of restless leg syndrome in patients with hemodialysis. *Changhua Nursing*, 27(3), 20-33.] [https://doi.org/10.6647/CN202009_27\(3\).0007](https://doi.org/10.6647/CN202009_27(3).0007)

汪文華、吳淑芳、蘇景傑、林佳君、**李梅琛*** (2019) · 代謝症候群患者之知識、憂鬱與生活品質相關研究 · 澄清醫護管理雜誌, 15(3), 24-33。[Wang, W. H., Wu, S. F. V., Su, C. C., Lin, C. C., & **Lee, M. C.*** (2019). Correlations among knowledge, depression, and quality of life in patients with metabolic syndrome. *Cheng Ching Medical Journal*, 15(3), 24-33.] <http://www.airitilibrary.com/Publication/Index/18136702-201907-201907050003-201907050003-201907050003-24-33>

林佳君、吳淑芳*、許中華、**李梅琛**、林英 (2019) · 代謝症候群患者與中醫證型之差異分析 · 中醫內科醫學雜誌, 17(1), 13-29。[Lin, C. C., Wu, S. F., Hsu, C. H., **Lee, M. C.**, & Lin, Y. (2019). Analysis of differences between patients with metabolic syndrome and TCM syndromes. *Journal of Traditional Chinese Internal Medicine*, 17(1), 13-29.]

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林佳君、吳淑芳*、許中華、李梅琛 (2018) · 代謝症候群患者生活品質與中醫證型之關係探討 · 中醫內科醫學雜誌, 16(2), 1-9。[Lin, C. C., Wu, S. F., Hsu, C. H., & Lee, M. C. (2018). Relationships among disease quality of life and TCM syndromes in patients with metabolic syndrome. *Journal of Traditional Chinese Internal Medicine*, 16(2), 1-9.]
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徐靜儀、鄭菁慧、童恒新、魏崢、陳慧玲、李梅琛* (2017) · 一位主動脈瓣狹窄老年病患接受經導管主動脈瓣膜置換及永久性心臟節律器放置治療之護理經驗 · 彰化護理, 24(4), 48-61。[https://doi.org/10.6647/CN.201712_24\(4\).0006](https://doi.org/10.6647/CN.201712_24(4).0006)

吳淑芳*、李梅琛、游能俊、陳思羽 (2016) · 探討醫護人員經訓練後執行自我管理方案對糖尿病患者之成效 · 社團法人中華民國糖尿病衛教學會會訊, 12, 2-10。

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李梅琛、盧國城、吳淑芳、謝湘俐、劉月敏* (2016) · 自我管理方案對於血液透析病人自我效能提昇與改善憂鬱之成效 · 北市醫學雜誌, 13(4), 516-525。DOI: 10.6200/TCMJ.2016.13.4.05

羅翎君、李梅琛*、李惠蘭 (2015) · 運用紐曼系統模式於一位胰頭癌併發膽管炎病人之護理經驗 · 馬偕護理雜誌, 9(1), 54-65。

李育勤、吳淑芳*、李梅琛、陳甫安、姚彥宏、王卿凌 (2014) · 以系統性文獻回顧方式建構慢性腎臟病之自我管理方案 · 護理雜誌, 61 (6), 66-77。

吳淑芳、李梅琛*、張靜芬、蔡秀鸞 (2014) · 不同學制護理學生運用「案例分析教學方案」於內外科護理學之滿意度 · 馬偕護理雜誌, 8(1), 15-27。

吳淑芳、梁淑媛、李玉嬪、李梅琛*、余仁龍 (2013) · 糖尿病患者自我效能與情緒困擾之相關因素 · 北市醫學雜誌, 10(2), 120-131。

吳淑芳、李玉嬪、李梅琛*、莊宇慧、余仁龍 (2012) · 糖尿病病人憂鬱症之評估與處置 · 臺灣醫學, 16(4), 425-431。

李梅琛*、陳志昊、徐淑金 (2012) · 肢端紅痛症併發凍傷病人之護理經驗 · 北市醫學雜誌, 9(2), 161-174。

李梅琛*、梁嘉德、李釗汾、王芳婷 (2012) · 肝癌局部治療及其照護 · 腫瘤護理雜誌, 12(1), 1-11。

吳淑芳、李梅琛* (2011) · 護理教材之案例分析與應用 · 馬偕護理雜誌, 5(2), 7-17。

吳淑芳、李梅琛*、張靜芬、劉桂芬、蔡秀鸞 (2010) · 「案例分析創意教學」應用於內外科護理學之滿意度調查 · 醫護科技期刊, 12(2), 120-136。

李梅琛*、李明德、徐淑金 (2009) · 運用紐曼系統模式照護一位眼帶狀疱疹患者之護理經驗 · 馬偕護理雜誌, 3(2), 87-97。

蔡碧欣、李梅琛*、陳碧惠 (2007) · 一位肝細胞癌再復發患者接受經導管動脈化學栓塞療法的護理經驗 · 醫護科技學刊, 9 (3), 234-246。

鄭伊君、李梅琛*、高翡翠 (2007) · 一位胃癌病患接受全胃切除手術之護理經驗 · 長庚護理雜誌, 18 (3), 451-462。

何巧琳、李梅琛*、簡翠薇 (2006) · 一位顱內出血患者行開顱手術後復健期之護理經驗 · 醫護科技學刊, 8 (3), 237-248。

林欣潔、李梅琛* (2006) · 一位糖尿病暨高血壓之慢性病老年患者導致出血性腦中風的護理經驗 · 國立臺北護理學院護理系學刊, 2(1), 9-22。

藍玉珊、李梅琛*、吳維紋 (2004) · 一位青少年期骨肉瘤患者接受放射線治療期間之護理經驗 · 腫瘤護理雜誌, 4(1), 67-77。

李梅琛、賴裕和*、陳美伶、劉淑娟 (2002) · 健康控制重心信念對術後病患使用非藥物疼痛因應策略之相關性 · 醫護科技學刊, 4 (1), 49-62。

李梅琛、賴裕和^{*}、陳美伶、劉淑娟 (2001) · 病人疼痛特質與疼痛信念對手術後使用止痛藥物之影響 · 護理雜誌 , 48 (1) , 49-58 。

(^{*}通訊作者)

二、研討會論文

Chen, Y. Y., Lee, M. C., Wu, S. F. V., Liu, Y. M., Wang, F. T., & Lee, C. W. (2022, 18-19 October).

The effectiveness of educational programs for mobile apps to improve the self-care knowledge and quality of life of patients with stroke. e-Poster session presented at Nurses Together for Global Challenges: Leading Nursing Science and Knowledge Generation post Global Pandemic (The 7th International Nursing Research Conference of WANS). Taipei, Taiwan.

Yu, C. C., Lee, M. C., Jeng, J. S., Liao, P. H., Liu, H. Y., & Chin, H. S. (2022, 18-19 October). The effectiveness of educational programs for mobile apps to improve the self-care knowledge and quality of life of patients with stroke. e-Poster session presented at Nurses Together for Global Challenges: Leading Nursing Science and Knowledge Generation post Global Pandemic (The 7th International Nursing Research Conference of WANS). Taipei, Taiwan.

羅惠美、李梅琛、黃于芳 (2022 年 06 月 24 日) · 有氧健走運動介入糖尿病患者改善血糖值之實證照護 · 海報發表於第十三屆護理實務與教育共構學術論文研討會與成果展 · 國立臺北護理健康大學。

廖翊均、李梅琛、王姿婷、林季宜 (2022年06月24日) · 有氧運動合併阻力訓練介入末期腎臟病前期患者改善下肢肌耐力之實證照護 · 海報發表於第十三屆護理實務與教育共構學術論文研討會與成果展 · 國立臺北護理健康大學。

張家瑜、李梅琛、汪文華、陳美玲 (2022 年 06 月 24 日) · 等長深蹲運動介入高血壓患者血壓控制之實證照護 · 海報發表於第十三屆護理實務與教育共構學術論文研討會與成果展 · 國立臺北護理健康大學。

Lee, M. C.^{*}, Lin, M. H., Liao, P. H., Wu, S. F. V., Chen, M. Q., & Chen, Y. Y. (2022, 21-22 April). Effectiveness in the use of mobile apps disease self-management program to improve the mental health and self-efficacy of patients with hypertension. e-Poster session presented at Humanistic Technology: Preparing Doctoral Nursing Scholars and Leaders for Person-Centered Smart Care (The 25th EAFONS Conference), Taipei, Taiwan.

Yu, C. C.^{*}, Lee, M. C., Jeng, J. S., Liao, P. H., Liu, H. Y., & Chin, H. S. (2022, 21-22 April). Effectiveness in the use of mobile app educational program to improve the self-efficacy and quality of life of patients with stroke in Taiwan. e-Poster session presented at Humanistic Technology: Preparing Doctoral Nursing Scholars and Leaders for Person-Centered Smart Care (The 25th EAFONS Conference), Taipei, Taiwan.

李荷思、李梅琛、張議文、陳美玲 (2021 年 06 月 29 日) · 壓力治療介入下肢靜脈潰瘍患者促進傷口癒合之實證照護 · 海報發表於第十二屆護理實務與教育共構學術論文研討會 · 臺北市：國立臺北護理健康大學。

陳孟淇、李梅琛、古玉貞、林季宜 (2021 年 06 月 29 日) · 北歐式健走運動介入心衰竭患者提升六分鐘步行能力之實證照護 · 海報發表於第十二屆護理實務與教育共構學術論文研討會 · 臺北市：國立臺北護理健康大學。

Lee, M. C.^{*}, Wu, S. F. V., Huang, H. L., Lin, Y., & Chen, M. L. (2020, 9-12 September).

Correlation among self-care knowledge, self-efficacy, and self-management of patients on hemodialysis in Taiwan. Poster session presented at the Vital Roles of Nurses in Global Health (2020 TWINC), Taipei, Taiwan.

Wu, S. F. V., Lee, M. C., Lin, L. J., Chen, M. L., & Lin, C. Y. (2020, 9-12 September). *Correlation among self-care behavior, self-efficacy, and psychological distress of patients with early-stage chronic kidney disease.* Poster session presented at the Vital Roles of Nurses in Global Health (2020 TWINC), Taipei, Taiwan.

Chen, Y. Y., Lee, M. C., & Liu, Y. M. (2020, 9-12 September). *Correlation among disease knowledge, self-management and quality of life in patients with chronic kidney disease.*

E-Poster session presented at the Vital Roles of Nurses in Global Health (2020 TWINC), Taipei,

Taiwan.

余秋菊、李梅琛、徐淑金、陳美玲 (2020年06月19日) · 運用腹部按摩於腦中風病人改善便秘之護理經驗 · 海報發表於第十一屆護理實務與教育共構學術論文研討會 · 臺北市：國立臺北護理健康大學。

翁芳婷、李梅琛、鄭育宜 (2019年07月08日) · 運用肌肉放鬆法緩解病人接受腹腔鏡直腸癌切除後疼痛之經驗 · 海報發表於第十屆護理實務與教育共構學術論文研討會 · 臺北市：國立臺北護理健康大學。

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Lee, M. C., Wu, S. F. V.*, Lu, K. C., Liu, C. Y., Huang, H. L., & Chen, M. L. (27 June - 1 July 2019). *Effect of self-management program on self-care behaviors and spiritual well-being of patients with end-stage renal disease in Taiwan: A longitudinal design*. E-Poster session presented at Beyond Healthcare to Health (ICN Congress 2019), Marina Bay Sands, Singapore.

Wu, S. F. V., **Lee, M. C.***, Liang, S.Y., Chuang, Y. H., Lin, Y., & Lin, C. Y. (27 June - 1 July 2019). *Effect of precision self-management program on self-efficacy and quality of life of patients on hemodialysis in Taiwan: A randomized controlled trial*. Poster session presented at Beyond Healthcare to Health (ICN Congress 2019), Marina Bay Sands, Singapore.

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Lin, C. C., Wu, S. F. V., **Lee, M. C.***, & Hsu, C. H. (27, Oct, 2018). *Relationships among depression, quality of life and TCM syndrome in patients with metabolic syndrome*. Poster session presented at Chronic Illness Management: Focused on Innovation, Collaboration & Diversity (The12th International Nursing Conference, Korea University), Seoul, Korea.

李梅琛 (2017 年 07 月 03 日) · 自我管理方案對末期腎臟病患者成效之縱貫性研究 · 口頭發表於第八屆護理實務與教育共構學術論文研討會 (pp.33-52) · 臺北市：國立臺北護理健康大學。

Wu, S. F. V., Yen, J. M. *, Hsieh, N. C., Lin, L. J., Tsai J. M., & **Lee, M. C.** (2017, 27 May- 1 June). *Effectiveness of self-efficacy training program on the psychology and self-management of patients with pre end stage renal disease in Taiwan: A randomized controlled trial*. Poster session presented at Nurses at the Forefront Transforming Care (ICN Congress 2017), Barcelona, Spain.

Wu, S. F. V., **Lee, M. C.***, Chen, M. L., Huang, H. L., Lin, Y., & Lin, C. Y. (2017, 27 May- 1 June). *Effect of self-management program on physiology, depression, and quality of life of patients with end-stage renal disease: A longitudinal study*. Poster session presented at Nurses at the Forefront Transforming Care (ICN Congress 2017), Barcelona, Spain.

Wu, S. F. V.* , Wu, M. P., **Lee, M. C.**, Liu, J. Y., Tsai, J. M., & Liao, Y. Y. (11-12, May, 2017). *Effectiveness of a diabetic health promotion program on elderly people with diabetes*. Poster session presented at New Perspective, New Insight, New Future (The 2017 International Elderly Care Industry Leader Forum), Taipei, Taiwan.

謝楠楨、吳淑芳、蔡君明*、林莉如、陳美麗、李梅琛 · (2016 年 9 月 24 日至 26 日) · 長照人力在哪裡?臺灣長照相關科系畢業生投入職場現況研究-系統動態觀點 · 海報發表於第十三屆世界華人地區長期照護研討會，北京:中國人民大學逸夫會議中心。

Lee, M. C.*, & Wu, S. F. V. (2015, November, 18-20). *The self-management experiences of patients with pre-end stage renal disease in Taiwan*. Poster session presented at Transforming Nursing Education and Practice in Meeting the Future Needs of the Community (3rd NUS-NUH International Nursing Conference and 20th Joint Singapore-Malaysia Nursing Conference), Singapore.

- Wu, S. F. V.* , Lee, M. C., & Tseng, H. L. (2015, June, 19-23). *Relationship among the disease knowledge, self-efficacy, and self-care of patients with chronic kidney disease*. Publication online session presented at Global Citizen, Global Nursing (ICN Conference 2015), Seoul, Korea.
- Lee, M. C.* , & Wu, S. F. V. (2015, June, 19-23). *Self-care self-efficacy and quality of life for self-management programs in patients with chronic kidney disease: Meta-analysis*. Poster session presented at Global Citizen, Global Nursing (ICN Conference 2015), Seoul, Korea.
- Lee, M. C.* , Huang, X. Y., & Wu, S. F. V. (2014, February, 20-21). *The self-care experiences of hemodialysis patients with chronic renal failure in Taiwan*. Poster session presented at Scaling up Partnerships for Research and Graduate Education Conference (17th EAFONS), Manila, Philippines.
- Cheng, H. F., & Lee, M. C.* (2014, February, 20-21). *The lived experiences of cancer patients with chemotherapy-induced neutropenia in Taiwan*. Poster session presented at Scaling up Partnerships for Research and Graduate Education Conference (17th EAFONS), Manila, Philippines.
- 李梅琛*、蔡秀鸞、曹麗英 (2011 年 10 月 29 日) · 灌食器改良設計 · 於臺北市護理師護士公會 100 年度創意作品分享發表會，護理創作競賽作品輯 (pp.41-45) · 臺北市：臺北市立聯合醫院中興院區。
- Lee, M. D., Chen, P. Y., & Lee, M. C. (2010, November, 19-23). *Determinants of telehome care needs with coronary artery disease in the Chinese community elderly*. Poster session presented at The Gerontological Society of America's 63rd Annual Scientific Meeting, New Orleans, USA.
- 李梅琛 (2000 年 10 月 21 日) · 胃部手術後病患使用疼痛因應策略及其影響因素探討 · 於第四屆 Tarry Fox 胃癌護理之探討研討會，胃癌護理之探討 (pp.43-60) · 桃園縣：林口長庚醫院。
- ### 三、專書
- 李梅琛、李靜芳 (2021) · 臨床常見護理評估理論與應用 · 於宋琇鈺總校閱, N3 個案報告實務撰寫 (第四版, pp.5-2~5-27) · 華格那。
- 李梅琛 (2021) · 討論與結論 · 於宋琇鈺總校閱, N3 個案報告實務撰寫 (第四版, pp.9-1~9-7) · 華格那。
- 李梅琛 (2018) · 老年人的排泄問題 · 於林麗嬉等編著, 老年護理學 (第八版, pp.235-256) · 華杏。
- 李梅琛 (2018) · 老年人的休息及睡眠問題 · 於林麗嬉等編著, 老年護理學 (第八版, pp.297-328) · 華杏。
- 李明德、李梅琛 (2012) · 復健護理概論 · 於陳妙言總校閱, 新編復健護理學 (初版, pp.1-1~1-18) · 華格那。
- 李梅琛、韓惠萍、吳佩蓉 (2003) · 鋪設無菌區域 · 於張蓓貞總校閱, 基本護理技術手冊 (pp.1-18) · 臺北市：新文京開發。
- 韓惠萍、吳佩蓉、李梅琛、郭美吟 (2002) · 盤林西林皮膚試驗 · 於張蓓貞總校閱, 基礎護理技術手冊 (pp.35-48) · 臺北市：新文京開發。
- ### 四、研究計畫案
- 李梅琛、汪文華、吳淑芳、劉傳捷 (2022.01 -2022.12) · 高血壓患者心理困擾、自我管理與生活品質之相關性(耕莘醫院與國北護產學合作專題研究計畫編號:CTH111A-NHS-2229) · 天主教耕莘醫院。
- 李梅琛、林梅香、廖珮宏 (2021.11-2022.07) · 行動裝置疾病自我管理方案介入高血壓患者之成效(國立臺北護理健康大學激勵教師發展專題研究試辦計畫編:107EH12-406-002) · 國立臺北護理健康大學。
- 李梅琛 (2021.01-2021.12) · 以病人為中心之自我管理方案介入高血壓腎病變患者之長期縱貫

成效(國立臺北護理健康大學激勵師生研究計畫編號:110ntunhs-TR-02)・國立臺北護理健康大學。

李梅琛、汪文華、吳淑芳、程味兒 (2020.01-2020.12)・重症單位主要照顧者家屬身心反應、社會支持及生活品質之相關性(耕莘醫院與國北護產學合作專題研究計畫編號:CTH109A-NHS-2235)・新北市:耕莘醫院。

李梅琛、吳淑芳、盧國城 (2019.08-2020.07)・以病人為中心之自我管理案方案介入高血壓腎病變患者之成效(專題研究計畫編號:MOST 108-2314-B-227-009)・臺北市:科技部。

吳淑芳、盧國城、李梅琛 (2019.08-2020.07)・精準健康照護創新方案之建構-以腦中風為例(專題研究計畫編號:MOST 108-2314-B-227-002)・臺北市:科技部。

吳淑芳、汪文華、蘇景傑、李梅琛 (2017.01-2017.12)・代謝症候群之臨床預測憂鬱與生活品質初探・耕莘醫院與國北護產學合作專題研究計畫案。

吳淑芳、吳孟嬪、李梅琛、劉介宇 (2016.01-2016.12)・代謝症候群患者之疾病管理成效・臺北市政府衛生局統籌款研究計畫。

吳淑芳、吳孟嬪、李梅琛 (2015.03-2016.02)・自我管理方案對糖尿病併有腎病變患者之長期追蹤疾病成效・臺北市政府衛生局統籌款研究計畫。

吳淑芳、劉月敏、盧國城、黃惠娟、李梅琛、謝湘俐 (2015.01-2015.12)・自我管理方案對末期腎臟病患成效之縱貫性研究・耕莘醫院與國北護產學合作專題研究計畫案。

吳孟嬪、吳淑芳、李梅琛 (2012.01-2012.12)・臨床三高慢性病病人心理安適快速篩檢與轉介・臺北市立聯合醫院產學合作研究計畫。

蔡秀鸞、吳淑芳、李梅琛、張靜芬 (2008)・比較不同年度、學制應用「案例分析」創意教學於內外科護理學之成效・國立臺北護理學院獎勵大學教學卓越計畫分項計畫三。

蔡秀鸞、吳淑芳、李梅琛、張靜芬、劉桂芬、陳美玲、黃慧芬、林英 (2007)・「案例分析」創意教學應用於內外科護理學之成效探討・國立臺北護理學院獎勵大學教學卓越計畫分項計畫三。

李梅琛、簡翠薇、邱慧洳、吳維紋、戎瑾如 (2005)・影響國立臺北護理學院護理系學生著作發表困難度及意願之初探・國立臺北護理學院護理系研究激勵案。

五、研發成果智慧財產權及其應用績效

1.專利：

請填入目前仍有效之專利。「類別」請填入代碼：(A)發明專利(B)新型專利(C)新式樣專利。

類別	專利名稱	國別	專利號碼	發明人	專利權人	專利核准日	科技部計畫編號
新式樣	灌食器	中華民國	專利證書新式樣第 D138113 號。	吳志富、曹麗英、蔡秀鸞、李梅琛、連靖婷、劉彥夫、周哲宇	國立臺北護理健康大學	2010.12.01	
新式樣	腦中風個別衛教內容提供系統、行動裝置與使用者設備	中華民國	專利證書新式樣第 號。	余秋菊、李梅琛、廖珮宏、鄭建興	國立臺北護理健康大學	2022.	