

一、基本資料：

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二、主要學歷 由最高學歷依次填寫，若仍在學者，請在學位欄填「肄業」。

學校名稱	國別	主修學門系所	學位	起訖年月(西元年/月)
國立臺北護理健康大學	中華民國	護理研究所	博士	自 2012 / 09 至 2016 / 06
臺北醫學大學	中華民國	護理研究所	碩士	自 ____ / ____ 至 ____ / ____
國立臺灣大學	中華民國	護理系	學士	自 ____ / ____ 至 ____ / ____

三、現職及與專長相關之經歷 指與研究相關之專任職務，請依任職之時間先後順序由最近者往前追溯。

服務機構	服務部門／系所	職稱	起訖年月(西元年/月)
現職：國立臺北護理健康大學	護理系	教授	自 2023 / 08 迄今至 ____ / ____
國立臺北護理健康大學	護理系	副主任	自 2024 / 03 迄今至 ____ / ____
經歷：國立臺北護理健康大學	專業實務能力鑑定中心	主任	自 2021 / 08 至 2024 / 01
國立臺北護理健康大學	護理系	副教授	自 2016 / 08 至 2023 / 07
國立臺北護理健康大學	護理系	講師	自 ____ / ____ 至 ____ / ____
國立臺北護專	護理科	助教	自 ____ / ____ 至 ____ / ____
林口長庚醫院	神經內、神經外科	護理師、第一職代	自 ____ / ____ 至 ____ / ____

四、專長 請填寫與研究方向有關之學術專長名稱。

1. 慢性病照護	2. 自我管理方案	3. 自我效能、自我管理	4. 自我照顧行為
5. 心理及靈性安適	6. 生活品質	7. 隨機對照試驗	8. 相關研究及中介因子

五、著作目錄：

(一)期刊論文

English:

Chen, C. W., Lu, Y. Y., Lin, L. J., Liu, J. H., Lee, M. C.*, & Wu, S. F. V. (Accepted) Using a mobile

- application disease self-management program to promote blood pressure control and quality of life in patients with hypertension. *CIN-Computers Informatics Nursing*, Accepted on 07Feb2025. (2023 SSCI 91/124, Q3, Nursing, IF = 1.3, 73.39%)
- Chen, C. W., **Lee, M. C.**, Liu, K. F., Lin, L. J., & Wu, S. F. V.* (Accepted). Frailty management in older patients: A best practice implementation project. *JBI Evidence Implementation*, Accepted on 16June2024. Online ahead of print on July 02, 2024 (2023 SCIE 64/175, Q2, Health Care Sciences & Services, IF = 2.70, 36.57%) (2023 SCIE 68/329, Q1, Medicine, General & Internal, IF = 2.70, 20.92%) <https://10.1097/XEB.0000000000000442>
- Chen, Y. Y., Tai, C. Y., & **Lee, M. C.*** (2025). Development and testing of the hypertensive nephropathy self-care knowledge scale. *Research and Theory for Nursing Practice*, 38(4), 444-456. Accepted on 04Mar2024. Early view on April 2024 (2023 SSCI 117/124, Q4, Nursing, IF = 0.8, 94.35%) <https://doi.org/10.1891/RTNP-2023-0080>
- Lee, M. C.***, Liu, C. C., Wang, W. H., Lin, M. H., Liao, P. H., & Chen, M. Q. (2024). Effectiveness of mobile application disease self-management program on mental health and self-management of patients with hypertension: A randomized controlled trial. *International Journal of Nursing Practice*, 30(6), e13312. (2023 SSCI 53/124, Q2, Nursing, IF = 1.9, 42.74%) Accepted on 01Oct2024. First published: 21 October 2024 <https://doi.org/10.1111/ijn.13312>
- Chen, C. W., **Lee, M. C.**, & Wu, S. F. V.* (2024). Effects of a collaborative health management model on patients with congestive heart failure: A systematic review and meta-analysis. *Journal of Advanced Nursing*, 80(6), 2290-2307. Accepted on 27Nov2023. Published online: 13 December 2023. (2023 SSCI 7/124, Q1, Nursing, IF = 3.8, 5.65%) <https://doi.org/10.1111/jan.16011>
- Chen, H. M.* , **Lee, M. C.**, Tian, J. Y., Dai, M. F., Wu, Y. C., Huang, C. S., Hsu, P. K., & Duong, T. L. (2024). Relationships among physical activity, daylight exposure, and rest-activity circadian rhythm in patients with esophageal and gastric cancer: An exploratory study. *Cancer Nursing*, 47(2), 112-120. Accepted 2022, 1 November (2023 SSCI 36/124, Q2, Nursing, IF = 2.4 29.03%) <https://doi.org/10.1097/NCC.0000000000001188>
- Lee, M. C.***, Tai, C. Y., Liu, C. C., Wang, W. H., Chang, C. F., & Chen, M. Q. (2024). The mediating role of psychological well-being in the relationship between self-management and quality of life in patients with hypertension. *Western Journal of Nursing Research*, 46(2), 125-132. (2023 SSCI 51/124, Q2, Nursing, IF = 2.0, 41.13%) Accepted on 15Nov2023. Published online: 19 December 2023. <https://doi.org/10.1177/01939459231217934>
- Chou, C. Y., Chen, C. S., **Lee, M. C.**, Lin, S. T., & Sun, J. H.* (2023). Active aging of older adults in rural area after participating in senior self-directed learning groups. *Educational Gerontology*, 49(2), 143-147. Published online: 21 Jun 2022. (2023 SSCI 35/48, Q4, Gerontology, IF = 1.1,

72.92%=0.73) <https://doi.org/10.1080/03601277.2022.2091330>

Lu, Y. J., **Lee, M. C.***, Chen, C. Y., Liang, S. Y., Li, Y. P., & Chen, H. M. (2022). Effect of guided imagery meditation during laparoscopic cholecystectomy on reducing anxiety: A randomized controlled trial. *Pain Management Nursing*, 23(6), 885-892. Accepted 04July2022.

Published online: 31 July 2022. (2023 SSCI 71/124, Q3, Nursing, IF = 1.6, 57.26%)

<https://doi.org/10.1016/j.pmn.2022.7.003>

Chen, H. M.* , **Lee, M. C.**, Wu, Y. C., Huang, C. S., Hsu, P. K., Chien, L. I., Tian, J. Y., & Duong, T. L. (2022). Predictors of adherence, contamination and dropout in homebased walking by lung and oesophageal cancer patients from two randomised control trials: An exploratory study.

European Journal of Cancer Care, 31(5), e13635. Accepted 06June2022. First Published 16 June 2022. (2023 SSCI 62/124, Q2, Nursing, IF = 1.8, 50.00%=0.50)

<https://doi.org/10.1111/ecc.13635>

Lee, M. C.*, Chen, Y. Y., Tai, C. Y., & Wu, S. F. V. (2022). The mediating effect of self-efficacy in the relationship between mental health and quality of life in patients with hypertensive nephrology. *Journal of Advanced Nursing*, 78(9), 2827-2836. Accepted 19Feb2022. First Published March 14, 2022. (2023 SSCI 7/124, Q1, Nursing, IF = 3.8, 5.65%)

<https://doi.org/10.1111/jan.15199>

Wu, S. F. V., Wang, T. J., Liang, S. Y., Lin, L. J., Lu, Y. Y., & **Lee, M. C.*** (2022). Differences in self-care knowledge, self-efficacy, psychological distress and self-management between patients with early-and end-stage chronic kidney disease. *Journal of Clinical Nursing*, 31(15-16), 2287-2295. Accepted 07 September 2021. First published: 23 September 2021.

(2023 SSCI 14/124, Q1, Nursing, IF = 3.2, 11.29%) <https://doi.org/10.1111/jocn.16046>

Chen, W. C., Wu, S. F. V., Sun, J. H., Tai, C. Y., **Lee, M. C.***, & Chu, C. H. (2022). The mediating role of psychological well-being in the relationship between self-care knowledge and disease self-management in patients with hypertensive nephropathy. *International Journal of Environmental Research and Public Health*, 19(14), 8488-8498. Accepted 08July2022. 2022 Jul publish (2021 SSCI 45/183, Q1, Public, Environmental & Occupational Health, IF = 4.614, 24.59%=0.25) <https://doi.org/10.3390/ijerph19148488>

Chen, Y. Y., **Lee, M. C.***, Wu, S. F. V., Liu, Y. M., & Chen, H. M. (2022). Disease knowledge, self-efficacy, and quality of life in patient with hypertensive nephropathy. *Clinical Nursing Research*, 31(6), 1179-1188. Accepted 21Dec2021. First Published January 27, 2022. (2023 SSCI 66/124, Q2, Nursing, IF = 1.7, 53.23%) <https://doi.org/10.1177/10547738211073396>

Lee, M. C.*, Wu, S. F. V., Lu, K. C., Wang, W. H., Chen, Y. Y., & Tai, C. Y. (2022). Effect of patient-centered self-management program on blood pressure, renal function control, and the quality of life of patients with hypertensive nephropathy: A longitudinal randomized controlled

trial. *Biological Research for Nursing*, 24(2), 216-225. Accepted 06Nov2021. First Published December 29, 2021 (2023 SCIE 51/126, Q2, IF = 1.9, 43.65%=0.44) <https://doi.org/10.1177/10998004211061877>

Lee, M. C.*, Wu, S. F. V., Lu, K. C., Wang, W. H., Chen, Y. Y., & Chen, H. M. (2021). Effect of patient-centred self-management programme on mental health, self-efficacy and self-management of patients with hypertensive nephropathy: A randomised controlled trial. *Journal of Clinical Nursing*, 30(21-22), 3205-3217. Advance online publication. Accepted 12 April 2021. First Published (Epub 2021 May 3) (2023 SSCI 14/124, Q1, Nursing, IF = 3.2, 11.29%) <https://doi.org/10.1111/jocn.15825>

Liao, M. T., Wu, C. C., Wu, S. F. V., **Lee, M. C.**, Hu, W. C., Tsai, K. W., Yang, C. H., Lu, C. L., Chiu, S. K., & Lu, K. C.* (2021). Resveratrol as an adjunctive therapy for excessive oxidative stress in aging COVID-19 patients. *Antioxidants*, 10(9), 1440. Accepted: 6 September 2021 / Published: 9 September 2021 (2023 SCIE 8/72, Q1, Chemistry, Medicinal, IF = 6.0, 11.11%) <https://doi.org/10.3390/antiox10091440>

Lee, M. C., Wu, S. F. V.*, Lu, K. C., Liu, C. Y., Liang, S. Y., & Chuang, Y. H. (2021). Effectiveness of a self-management program in enhancing quality of life, self-care, and self-efficacy in patients with hemodialysis: A quasi-experimental design. *Seminars in Dialysis*, 34(4), 292-299. Feb, 2021 online. 29, Dec, 2020 Accepted. First published: 02 February 2021 (2023 SCIE 86/128, Q3, Urology & Nephrology, IF = 1.40, 67.19%) <https://doi.org/10.1111/sdi.12957>

Chuang, L. M., Wu, S. F. V.*, **Lee, M. C.**, Lin, L. J., Liang, S. Y., Lai, P. C., & Kao, M. C. (2021). The effects of knowledge and self-management of patients with early-stage chronic kidney disease: Self-efficacy is a mediator. *Japan Journal of Nursing Science*, 18(2), e12388. First published online: 11 November 2020 (2023 SSCI 65/124, Q2, Nursing, IF = 1.7, 52.42%). <https://doi.org/10.1111/jjns.12388>

Lee, M. C., Wu, S. F. V.*, Lu, K. C., Liu, C. Y., Liu, W. I., & Liu, J. H. (2020). The effect of a self-management program on renal function control in patients with hemodialysis in Taiwan: A longitudinal randomized controlled trial. *Japan Journal of Nursing Science*, 17(4), e12345. 09 April 2019 accepted. (2023 SSCI 65/124, Q2, Nursing, IF = 1.7, 52.42%). <https://doi.org/10.1111/jjns.12345>

Wu, M. P., Wu, S. F. V., **Lee, M. C.**, Peng, L. N., Tsao, L. I., & Lee, W. J.* (2019). Health-promotion interventions enhance and maintain self-efficacy for adults at cardiometabolic risk: A randomized controlled trial. *Archives of Gerontology and Geriatrics*, 82, 61-66. 19 Jan 2019 accepted. (2023 SCIE 29/74, Q2, Geriatrics and Gerontology, IF = 3.5, 39.19%) <https://doi.org/10.1016/j.archger.2019.01.009>. □□2019 May

- Wu, S. F. V. *, **Lee, M. C.**, Hsieh, N. C., Lu, K. C., Tseng, H. L., & Lin, L. J. (2018). Effectiveness of an innovative self-management intervention on the physiology, psychology, and management of patients with pre-end-stage renal disease in Taiwan: A randomized, controlled trial. *Japan Journal of Nursing Science*, 15(4), 272-284. Accepted for publication date: 15 Sep 2017; first published: 20 December 2017; Version of Record online: 20 Dec 2017 (2023 SSCI 65/124, Q2, Nursing, IF = 1.7, 52.42%). <https://doi.org/10.1111/jjns.12198>.
- Lee, M. C.**, Wu, S. F. V. *, Hsieh, N. C., & Tsai, J. M. (2016). Self-management programs on eGFR, depression, and quality of life among patients with chronic kidney disease: A meta-analysis. *Asian Nursing Research*, 10(4), 255-262. Accepted for publication date: 15 April 2016 (2023 SSCI 45/124, Q2, Nursing, IF = 2.1, 36.29%); Available online 13 May 2016. <https://doi.org/10.1016/j.anr.2016.04.002>
- Wu, S. F. V. *, Tung, H. H., Liang, S. Y., **Lee, M. C.**, & Yu, N. C. (2014). Differences in the perceptions of self-care, health education barriers and educational needs between diabetes patients and nurses. *Contemporary Nurse*, 46(2), 191-200. Accepted for publication date: Jul, 11, 2013. (February 2014) <https://doi.org/10.5172/conu.2014.46.2.187>.
- Wu, S. F. V. *, Liang, S. Y., **Lee, M. C.**, Yu, N. C., & Kao, M. J. (2014). The efficacy of a self-management program for people with diabetes, after a special training program for healthcare workers in Taiwan: A quasi-experimental design. *Journal of Clinical Nursing*, 23(17-18), 2515-2524. Accepted for publication date: Jun, 8, 2013 (SCI and SSCI) <https://doi.org/10.1111/jocn.12440>
- Wu, S. F. V. *, Huang, Y. C., **Lee, M. C.**, Wang, T. J., Tung, H. H., & Wu, M. P. (2013). Self-efficacy, self-care behavior, anxiety, and depression in Taiwanese with type 2 diabetes: A cross-sectional survey. *Nursing and Health Sciences*, 15, 213-219. Accepted for publication date: 29 Oct 2012. (June 2013) <https://doi.org/10.1111/nhs.12022>. Article first published online: 10 JAN 2013(SCI and SSCI)
- Wu, S. F. V. *, Young, L. S., Yen, F. C., Jian, Y. M., Cheng, K. C., & **Lee, M. C.** (2013). Correlations among social support, depression and anxiety in patients with type 2 diabetes. *The Journal of Nursing Research*, 21(2), 129-138. Accepted for publication date: 28Nov 2012. <https://doi.org/10.1097/jnr.0b013e3182921fe1>
- Wu, S. F. V. *, **Lee, M. C.**, Liang, S. Y., Chuang, Y. H., Lu, Y. Y., & Wu, M. P. (2012). Self-efficacy, professional commitment, and job satisfaction of diabetic medical care personnel. *Contemporary Nurse*, 43(1), 39-47. (Dec 2012) <https://doi.org/10.5172/conu.2012.43.1.38>
- Wu, S. F. V. *, **Lee, M. C.**, Liang, S. Y., Lu, Y. Y., Wang, T. J., & Tung, H. H. (2011). Effectiveness of a self-efficacy program for people with diabetes: A randomized controlled trial. *Nursing and Health Sciences*, 13(3), 335-343. <https://doi.org/10.1111/j.1442-2018.2011.00625.x>. (SCI

and SSCI)

Wu, S. F. V. *, Huang, Y. C., Liang, S. Y., Wang, T. J., **Lee, M. C.**, & Tung, H. H. (2011). Relationships among depression, anxiety, self-care behavior, and diabetes education difficulties in patients with type 2 diabetes: A cross-sectional questionnaire survey. *International Journal of Nursing Studies*, 48, 1376-1383. (SCI and SSCI)
<https://doi.org/10.1016/j.ijnurstu.2011.04.008> (2011 Nov)

Chinese:

- 汪文華、劉傳捷、吳淑芳、羅亦渝、林季宜、**李梅琛*** (2025) · 冠心症病人心理健康、社會支持與健康自我管理之相關性 · *北市醫學雜誌*。Accepted on 14Jan2025. [Wang, W. H., Liu, C. C., Wu, S. F. V., Luo, Y. Y., Lin, C. Y., & Lee, M. C. (Accepted). The relationship between mental health, social support and health self-management in patients with coronary artery disease. *Taipei City Medical Journal*.] 線上發表:1140214
<https://doi.org/10.6200/TCMJ.202501/PP.0005>
- 羅惠美、郭錦松、林梅香、沈瑞晶、廖淑貞、**李梅琛*** (2025) · 糖尿病腎病變患者心理健康、自我照顧行為與生活品質之相關性 · *澄清醫護管理雜誌*, 22(2), 31-41。Accepted on 30Dec2024. [Lo, H. M., Kuo, C. S., Lin, M. H., Shen, J. C., Liao, S. C., & Lee, M. C. (2025). Relationships among of mental health, self-care behavior and quality of life in patients with diabetic nephropathy. *Cheng Ching Medical Journal*, 22(2), 31-41.]
- 廖翊均、蕭博仁、劉月敏、顏淑華、**李梅琛*** (2025) · 末期腎臟病前期病人之心理困擾、靈性安適與生活品質之相關性 · *北市醫學雜誌*, 25(1), 1-16。Accepted on 18Dec2024. [Liao, Y. C., Hsiao, P. J., Liu, Y. M., Yen, S. H., & Lee, M. C. (2025). Relationships between psychological distress, spiritual well-being, and quality of life in patients with pre-end-stage kidney disease. *Taipei City Medical Journal*, 25(1), 1-10.] 線上發表:1140120 Mar2025
<https://doi.org/10.6200/TCMJ.202501/PP.0004>
- 張家瑜、**李梅琛***、林季宜、陳美玲 (2024) · 運用實證等長深蹲運動於一位高血壓病人之照護 · *台灣醫學*, 28(2), 165-173。[Chang, C. Y., Lee, M. C., Lin, C. Y., & Chen, M. L. (2004). Applying evidence-based nursing of isometric wall squat exercise on a patient with hypertension. *Formosan Journal of Medicine*, 28(2), 165-173.]
[https://doi.org/10.6320/FJM.202403_28\(2\).0004](https://doi.org/10.6320/FJM.202403_28(2).0004)
- 汪文華、劉傳捷、吳淑芳、陳孟淇、**李梅琛***、黃秀麗 (2023) · 高血壓病人心理健康、自我管理與生活品質之相關性 · *北市醫學雜誌*, 23(4), 481-493。[Wang, W. H., Liu, C. C., Wu, S. F. V., Chen, M. Q., **Lee, M. C.***, & Huang, H. L. (2023). Relationships between mental health, self-management, and quality of life in patients with hypertension. *Taipei City Medical Journal*, 23(4), 481-493.] 線上發表:1120526 Dec 2023
[https://doi.org/10.6200/TCMJ.202312_20\(4\).0009](https://doi.org/10.6200/TCMJ.202312_20(4).0009)
- 陳孟淇、**李梅琛***、陳杏雯、劉月敏 (2022) · 北歐式健走介入心衰竭患者提升六分鐘步行能力之實證照護 · *彰化護理*, 29(2), 117-131。[Chen, M. Q., **Lee, M. C.***, Chen, H. W., & Liu, Y. M. (2022). Evidenced-base nursing of Nordic walking exercise intervention for patients with heart failure to promote six-minute walking ability. *Changhua Nursing*, 29(2), 117-131.]
[https://doi.org/10.6647/CN.202206_29\(2\).0018](https://doi.org/10.6647/CN.202206_29(2).0018) June2022
- 汪文華、程味兒、吳淑芳、翁芳婷、**李梅琛***、黃秀麗 (2022) · 加護病房病人主要照顧者的焦慮、憂鬱、社會支持與其生活品質之關聯 · *北市醫學雜誌*, 19(1), 16-28。[Wang, W. H., Cheng, W. E., Wu, S. F. V., Weng, F. T., **Lee, M. C.***, & Huang, H. L. (2021). Relationships among anxiety, depression, social support, and quality of life for family members of main caregivers in intensive care unit. *Taipei City Medical Journal*, 19(1), 16-28.] 20210916 線上發表、Mar2022 [https://doi.org/10.6200/TCMJ.202203_19\(1\).0003](https://doi.org/10.6200/TCMJ.202203_19(1).0003)

- 謝麗君、吳淑芳*、璩大成、**李梅琛**、吳孟嬪、溫彩苓 (2021)· 糖尿病遊民對疾病知識、社會支持與自我照顧行為之相關性· *北市醫學雜誌*, 18(4), 413-431。線上發表:1100712 [Hsieh, L. C., Wu, S. F. V., Chu, D. C., **Lee, M. C.**, Wu, M. P., & Wen, T. L. (2021). The association between disease knowledge, social support and self-care behaviors in homeless people with diabetes. *Taipei City Medical Journal*, 18(4), 413-431.] [https://doi.org/10.6200/TCMJ.202112_18\(4\).0006](https://doi.org/10.6200/TCMJ.202112_18(4).0006)
- 莊麗敏、賴寶琴、謝楠楨、高美錦、**李梅琛**、吳淑芳* (2021)· 初期慢性腎臟病患者知識與自我照顧行為之相關性· *臺灣醫學*, 25(5), 569-579。[Chuang, L. M., Lai, P. C., Hsieh, N. C., Kao, M. C., **Lee, M. C.**, & Wu, S. F. V. * (2021). Relationships between knowledge and self-care behavior in patients with early stage chronic kidney disease. *Formosan Journal of Medicine*, 25(5), 569-579.] [https://doi.org/10.6320/FJM.202109_25\(5\).0002](https://doi.org/10.6320/FJM.202109_25(5).0002)
- 劉月敏、**李梅琛*** (2020)· 血液透析病人復原力之概念分析· *高雄護理雜誌*, 37(3), 23-32。[Liou, Y. M., & **Lee, M. C.*** (2020). Resilience in hemodialysis patients: A concept analysis. *The Kaohsiung Journal of Nursing*, 37(3), 23-32.] https://doi.org/10.6692/KJN.202012_37□□0003
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- 謝壁徽、**李梅琛**、陳美玲 (2024年06月14日)· 早期復健運動對加護病房病人緩解譫妄症狀之實證照護· 海報發表於第十五屆國際護理菁英論壇暨護理實務與教育共構學術論文研討會· 國立臺北護理健康大學。
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- 羅惠美、**李梅琛**、黃于芳 (2022 年 06 月 24 日)· 有氧健走運動介入糖尿病患者改善血糖值之實證照護· 海報發表於第十三屆護理實務與教育共構學術論文研討會與成果展· 國立臺北護理健康大學。
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李荷思、**李梅琛**、張議文、陳美玲 (2021 年 06 月 29 日)·壓力治療介入下肢靜脈潰瘍患者促進傷口癒合之實證照護·海報發表於第十二屆護理實務與教育共構學術論文研討會·臺北市：國立臺北護理健康大學。

陳孟淇、**李梅琛**、古玉貞、林季宜 (2021 年 06 月 29 日)·北歐式健走運動介入心衰竭患者提升六分鐘步行能力之實證照護·海報發表於第十二屆護理實務與教育共構學術論文研討會·臺北市：國立臺北護理健康大學。

Lee, M. C.^{*}, Wu, S. F. V., Huang, H. L., Lin, Y., & Chen, M. L. (2020, 9-12 September). *Correlation among self-care knowledge, self-efficacy, and self-management of patients on hemodialysis in Taiwan*. Poster session presented at the Vital Roles of Nurses in Global Health (2020 TWINC), Taipei, Taiwan.

Wu, S. F. V., **Lee, M. C.**, Lin, L. J., Chen, M. L., & Lin, C. Y. (2020, 9-12 September). *Correlation among self-care behavior, self-efficacy, and psychological distress of patients with early-stage chronic kidney disease*. Poster session presented at the Vital Roles of Nurses in Global Health (2020 TWINC), Taipei, Taiwan.

Chen, Y. Y., **Lee, M. C.**, & Liu, Y. M. (2020, 9-12 September). *Correlation among disease knowledge, self-management and quality of life in patients with chronic kidney disease*. E-Poster session presented at the Vital Roles of Nurses in Global Health (2020 TWINC), Taipei, Taiwan.

余秋菊、**李梅琛**、徐淑金、陳美玲 (2020年06月19日)·運用腹部按摩於腦中風病人改善便秘之護理經驗·海報發表於第十一屆護理實務與教育共構學術論文研討會·臺北市：國立臺北護理健康大學。

翁芳婷、**李梅琛**、鄭育宜 (2019 年 07 月 08 日)·運用肌肉放鬆法緩解病人接受腹腔鏡直腸癌切除後疼痛之經驗·海報發表於第十屆護理實務與教育共構學術論文研討會·臺北市：國立臺北護理健康大學。

盧怡如、**李梅琛**、李雅萍 (2019年07月08日)·運用冥想法緩解膽結石患者接受腹腔鏡膽囊切除術後疼痛之照護經驗·海報發表於第十屆護理實務與教育共構學術論文研討會·臺北市：國立臺北護理健康大學。

Lee, M. C., Wu, S. F. V.^{*}, Lu, K. C., Liu, C. Y., Huang, H. L., & Chen, M. L. (27 June - 1 July 2019). *Effect of self-management program on self-care behaviors and spiritual well-being of patients with end-stage renal disease in Taiwan: A longitudinal design*. E-Poster session presented at Beyond Healthcare to Health (ICN Congress 2019), Marina Bay Sands, Singapore.

Wu, S. F. V., **Lee, M. C.**^{*}, Liang, S.Y., Chuang, Y. H., Lin, Y., & Lin, C. Y. (27 June - 1 July 2019). *Effect of precision self-management program on self-efficacy and quality of life of patients on hemodialysis in Taiwan: A randomized controlled trial*. Poster session presented at Beyond Healthcare to Health (ICN Congress 2019), Marina Bay Sands, Singapore.

Lin, C. C., Wu, S. F. V.^{*}, Wang, W. H., Su, C. C., & **Lee, M. C.** (2018, 29 Nov- 1 Dec). *Correlation between metabolic syndrome patients' depression and quality of life*. 海報發表於 2018 IHC 國技健康照護研討會:創新教學與智慧整合性於健康照護，高雄市:輔英科技大學。

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李梅琛 (2017 年 07 月 03 日)·自我管理方案對末期腎臟病患者成效之縱貫性研究·口頭發表於第八屆護理實務與教育共構學術論文研討會 (pp.33-52)·臺北市：國立臺北護理健康大學。

Wu, S. F. V., Yen, J. M.^{*}, Hsieh, N. C., Lin, L. J., Tsai J. M., & **Lee, M. C.** (2017, 27 May- 1 June). *Effectiveness of self-efficacy training program on the psychology and self-management of*

patients with pre end stage renal disease in Taiwan: A randomized controlled trial. Poster session presented at Nurses at the Forefront Transforming Care (ICN Congress 2017), Barcelona, Spain.

Wu, S. F. V., **Lee, M. C.***, Chen, M. L., Huang, H. L., Lin, Y., & Lin, C. Y. (2017, 27 May- 1 June). *Effect of self-management program on physiology, depression, and quality of life of patients with end-stage renal disease: A longitudinal study.* Poster session presented at Nurses at the Forefront Transforming Care (ICN Congress 2017), Barcelona, Spain.

Wu, S. F. V.*, Wu, M. P., **Lee, M. C.**, Liu, J. Y., Tsai, J. M., & Liao, Y. Y. (11-12, May, 2017). *Effectiveness of a diabetic health promotion program on elderly people with diabetes.* Poster session presented at New Perspective, New Insight, New Future (The 2017 International Elderly Care Industry Leader Forum), Taipei, Taiwan.

謝楠楨、吳淑芳、蔡君明*、林莉如、陳美麗、**李梅琛**·(2016年9月24日至26日)·長照人力在哪裡?臺灣長照相關科系畢業生投入職場現況研究-系統動態觀點·海報發表於第十三屆世界華人地區長期照護研討會，北京:中國人民大學逸夫會議中心。

Lee, M. C.*, & Wu, S. F. V. (2015, November, 18-20). *The self-management experiences of patients with pre-end stage renal disease in Taiwan.* Poster session presented at Transforming Nursing Education and Practice in Meeting the Future Needs of the Community (3rd NUS-NUH International Nursing Conference and 20th Joint Singapore-Malaysia Nursing Conference), Singapore.

Wu, S. F. V.*, **Lee, M. C.**, & Tseng, H. L. (2015, June, 19-23). *Relationship among the disease knowledge, self-efficacy, and self-care of patients with chronic kidney disease.* Publication online session presented at Global Citizen, Global Nursing (ICN Conference 2015), Seoul, Korea.

Lee, M. C.*, & Wu, S. F. V. (2015, June, 19-23). *Self-care self-efficacy and quality of life for self-management programs in patients with chronic kidney disease: Meta-analysis.* Poster session presented at Global Citizen, Global Nursing (ICN Conference 2015), Seoul, Korea.

Lee, M. C.*, Huang, X. Y., & Wu, S. F. V. (2014, February, 20-21). *The self-care experiences of hemodialysis patients with chronic renal failure in Taiwan.* Poster session presented at Scaling up Partnerships for Research and Graduate Education Conference (17th EAFONS), Manila, Philippines.

Cheng, H. F., & **Lee, M. C.*** (2014, February, 20-21). *The lived experiences of cancer patients with chemotherapy-induced neutropenia in Taiwan.* Poster session presented at Scaling up Partnerships for Research and Graduate Education Conference (17th EAFONS), Manila, Philippines.

李梅琛*、蔡秀鸞、曹麗英 (2011年10月29日)·灌食器改良設計·於臺北市護理師護士公會100年度創意作品分享發表會，護理創作競賽作品輯(pp.41-45)·臺北市：臺北市立聯合醫院中興院區。

Lee, M. D., Chen, P. Y., & **Lee, M. C.** (2010, November, 19-23). *Determinants of telehome care needs with coronary artery disease in the Chinese community elderly.* Poster session presented at The Gerontological Society of America's 63rd Annual Scientific Meeting, New Orleans, USA.

李梅琛 (2000年10月21日)·胃部手術後病患使用疼痛因應策略及其影響因素探討·於第四屆Tarry Fox胃癌護理之探討研討會，胃癌護理之探討(pp.43-60)·桃園縣：林口長庚醫院。

三、專書

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- 李梅琛 (2018)·老年人的排泄問題·於林麗嬋等編著，*老年護理學* (第八版，pp.235-256)·華杏。
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- 李梅琛、韓惠萍、吳佩蓉 (2003)·鋪設無菌區域·於張蓓貞總校閱，*基本護理技術手冊* (pp.1-18)·臺北市：新文京開發。
- 韓惠萍、吳佩蓉、李梅琛、郭美吟 (2002)·盤林西林皮膚試驗·於張蓓貞總校閱，*基礎護理技術手冊* (pp.35-48)·臺北市：新文京開發。
- 四、研究計畫案**
- 李梅琛、鄭菁慧 (2025.01 -2025.12)·冠狀動脈心臟病患者心理安適在社會支持與生活品質之中介效應(振興醫院與國北護產學合作專題研究計畫編號:CHGH114-03)·振興醫療財團法人振興醫院。
- 李梅琛、汪文華、吳淑芳 (2024.01 -2024.12)·冠心症患者心理健康、社會支持與健康自我管理之相關性(耕莘醫院與國北護產學合作專題研究計畫編號:CTH113A-NHS-2228)·天主教耕莘醫院。
- 李梅琛 (2024.01 -2024.12)·影響高血壓患者疾病自我管理之相關因素·(國立臺北護理健康大學激勵師生研究計畫編號:113K300-03)·國立臺北護理健康大學。
- 李梅琛 (2022.10-2023.07)·高血壓患者心理安適、健康自我管理與生活品質之相關性·(國立臺北護理健康大學激勵教師發展專題研究試辦計畫編號:107EH12-506-001)·國立臺北護理健康大學。
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- 李梅琛、林梅香、廖珮宏 (2021.11-2022.07)·行動裝置疾病自我管理方案介入高血壓患者之成效(國立臺北護理健康大學激勵教師發展專題研究試辦計畫編號:107EH12-406-002)·國立臺北護理健康大學。
- 李梅琛 (2021.01-2021.12)·以病人為中心之自我管理方案介入高血壓腎病變患者之長期縱貫成效(國立臺北護理健康大學激勵師生研究計畫編號:110ntunhs-TR-02)·國立臺北護理健康大學。
- 李梅琛、汪文華、吳淑芳、程味兒 (2020.01-2020.12)·重症單位主要照顧者家屬身心反應、社會支持及生活品質之相關性(耕莘醫院與國北護產學合作專題研究計畫編號:CTH109A-NHS-2235)·新北市:耕莘醫院。
- 李梅琛、吳淑芳、盧國城 (2019.08-2020.07)·以病人為中心之自我管理案方案介入高血壓腎病變患者之成效(專題研究計畫編號:MOST 108-2314-B-227-009)·臺北市:科技部。
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- 吳淑芳、汪文華、蘇景傑、李梅琛 (2017.01-2017.12)·代謝症候群之臨床預測憂鬱與生活品質初探·耕莘醫院與國北護產學合作專題研究計畫案。
- 吳淑芳、吳孟嬪、李梅琛、劉介宇 (2016.01-2016.12)·代謝症候群患者之疾病管理成效·臺北市政府衛生局統籌款研究計畫。
- 吳淑芳、吳孟嬪、李梅琛 (2015.03-2016.02)·自我管理方案對糖尿病併有腎病變患者之長期追蹤疾病成效·臺北市政府衛生局統籌款研究計畫。
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期腎臟病患成效之縱貫性研究・耕莘醫院與國北護產學合作專題研究計畫案。

吳孟嬪、吳淑芳、**李梅琛** (2012.01-2012.12)・臨床三高慢性病病人心理安適快速篩檢與轉介・
臺北市立聯合醫院產學合作研究計畫。

蔡秀鸞、吳淑芳、**李梅琛**、張靜芬 (2008)・比較不同年度、學制應用「案例分析」創意教學
於內外科護理學之成效・國立臺北護理學院獎勵大學教學卓越計畫分項計畫三。

蔡秀鸞、吳淑芳、**李梅琛**、張靜芬、劉桂芬、陳美玲、黃慧芬、林英 (2007)・「案例分析」
創意教學應用於內外科護理學之成效探討・國立臺北護理學院獎勵大學教學卓越計畫分
項計畫三。

李梅琛、簡翠薇、邱慧洳、吳維紋、戎瑾如 (2005)・影響國立臺北護理學院護理系學生著作
發表困難度及意願之初探・國立臺北護理學院護理系研究激勵案。

五、研發成果智慧財產權及其應用績效

1.專利：

請填入目前仍有效之專利。「類別」請填入代碼：(A)發明專利(B)新型專利(C)新式樣專利。

類別	專利名稱	國別	專利號碼	發明人	專利權人	專利核准日期	科技計畫編號
新式樣專利	灌食器	中華民國	新式樣第 D138113 號	吳志富、曹麗英、蔡秀鸞、 李梅琛 、連靖婷、劉彥夫、周哲宇	國立臺北護理健康大學	2010.12.01	
新型專利	腦中風個別衛教內容提供系統、行動裝置與使用者設備	中華民國	新型第 M633376 號	余秋菊、 李梅琛 、廖珮宏、鄭建興	國立臺北護理健康大學	2022.10.21 ~2032.5.24	-
新型專利	失能者健康動態追蹤與評估裝置與系統	中華民國	新型第 M654975 號	黃建嘉、吳淑芳、 李梅琛 、葉馨婷、陳依兌、廖翊宏、蔡君明、吳孝觀、郭朝揚、廖珮宏	國立臺北護理健康大學	2024.05.01~ 2033.12.12	-