

# 個人資料表

## 一、基本資料

簽名：林梅香

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中文姓名	林梅香	英文姓名	MEI-HSIANG LIN
國籍	中華民國		
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## 二、主要學歷 請填學士級以上之學歷或其他最高學歷均可，若仍在學者，請在學位欄填

「肄業」。

畢業學校	國別	主修學門系所	學位	起訖年月
國立台灣師範大學	中華民國	健康促進與衛生教育學系	教育學博士	1999/08~2003/06
國防醫學院	中華民國	護理研究所	理學碩士	1992/08~1994/07
國立臺北護理專科學校	中華民國	護理	副學士	1984/08~1986/06

## 三、現職及與專長相關之經歷 指與研究相關之專任職務，請依任職之時間先後順序由最近者往前追溯。

服務機關	服務部門／系所	職稱	起訖年月
(一)現職：國立臺北護理健康大學	護理系	教授兼任系主任	2024/03~
(二)經歷： 國立臺北護理健康大學	護理系	教授	2020/08~2024/02
國立臺北護理健康大學	護理系	教授兼任副主任	2020/08~2022/07
國立臺北護理健康大學	護理系	副教授	2017/02~2020/07
國立臺北護理健康大學	醫護教育研究所	副教授	2015/02~2017/01
長庚科技大學	健康照護研究所	副教授兼任林口長庚醫院護理部顧問	2013/08~2015/01
長庚科技大學	護理系	副教授兼任林口長庚醫院護理部顧問	2012/08~2013/07
長庚技術學院	護理系	副教授	2003/08~2013/07
	護理系	副教授兼任高雄長庚醫院護理部顧問	2010/04~2011/05
	護理系	副教授兼任進修推廣處長	2006/08~2007/03
	護理系	副教授兼任系主任	2004/08~2005/02
長庚護專	護理科	講師	1994/08~2003/07
	護理科	講師兼任原住民學生教育中心組長	1997/08~1999/07
稻江護家	護理科	臨床實習指導教師	1991/08~1992/07
台北馬偕醫院	護理部	護理長	1990/01~1991/07
	護理部	護理師	1986/08~1989/12

#### 四、專長 請自行填寫與研究方向有關之專長學門。

1.多元文化照護能力	2.原住民衛生教育	3.情境模擬學習	4.教學理論與策略
5.醫病決策共享	6.量表建構		

#### 五、論文著述

##### (A)期刊論文

###### \* Corresponding Author

1. Lin, M. H., Chen, N. H, Ho, L.H. Liou, M.J., Hsu, H.C. (2024, October Accepted). Smartphone Application Intervention on Obstructive Sleep Apnea among Overweight and Obese High-Tech Employees: A Randomized Controlled Trial. *Nursing and Health Sciences*. Accepted on 18 Oct 2024. (Nursing SSCI, Impact factor: 2.1; 52/191 =27.22 %, in 2023).
2. Lee, M. C., Liu, C. C., Wang, W. H., Lin, M. H., Liao, P. H., & Chen, M. Q. (2024, October Accepted). Effectiveness of mobile application disease self-management program on mental health and self-management of patients with hypertension: A randomized controlled trial. *International Journal of Nursing Practice*, Accepted on 02Oct2024. <https://doi.org/10.1111/ijn.13312> (Nursing SSCI, Impact factor: 1.9; 67/191 =35.07%, in 2023).
3. Lee, M. C., Liu, C. C., Wang, W. H., Lin, M. H., Liao, P. H., & Chen, M. Q. (Accepted). Effectiveness of mobile application disease self-management program on mental health and self-management of patients with hypertension: A randomized controlled trial. *International Journal of Nursing Practice*, Accepted on 02Oct2024. <https://doi.org/10.1111/ijn.13312> (Nursing SSCI, Impact factor: 1.9; 67/191 =35.07%, in 2023).
4. Lee, Y.H., Chung, F.F., Liao, P.H., Wang, P.Y., \*Lin, M.H. (2024, August). Exploring the care experiences among clinical staffing during emerging infectious disease: from the COVID-19 pandemic approach. *Asian Nursing Research*, 18(3), 222-230(Nursing SSCI, Impact factor: 2.1; 52/191 =27.21%, in 2023)
5. Hsu, J.C., Chung, F.F., Lee, T.Y., Wang, P.Y., \*Lin, M.H. (2024, January). Exploring the care experiences of hemodialysis nurses: from the cultural sensitivity approach. *BMC Nursing*, 23(17) <https://doi.org/10.1186/s12912-023-01678-y> (Nursing SSCI, Impact factor: 3.2; 12/123=12.0%, in 2022)
6. Wang, P. Y., Chen, Y.W. & \*Lin, M. H. (2023, October). Translation and validation of the Chinese version of the Stroke Knowledge Test for the hypertension patient. *Scientific Reports*. 13:17446 <https://doi.org/10.1038/s41598-023-44682-7> (Multidisciplinary sciences- SCIE, Impact factor: 4.6; 22/73=30.13%, in 2022).

7. <sup>†</sup>Hsu, J.C., <sup>‡</sup>Wang, M.S., Wang, P.Y., Lian, S.Y., & <sup>\*</sup>Lin, M. H. (2023, Sep). The Effects of the Situated Simulation Program on the Cultural Competence of Hemodialysis Nurses: A Quasi-Experimental Study. *Healthcare*, 2023, 11(19), 2609. <https://doi.org/10.3390/healthcare11192609> (Health policy & services - SSCI, Impact factor:2.8; 43/87=49.42%, in 2022), (<sup>†</sup>These authors contributed equally to this work) .
8. Wu, M. H., Lee, T. Y., & Lin, M. H. (2023, Feb). The parental experience of participating in surgical decision-making regarding one's child with a congenital heart disease in Taiwan. *Journal of pediatric nursing*, 68(2023), e103-e108. <https://doi.org/10.1016/j.pedn.2022.11.020>. (Nursing- SSCI, Impact factor:2.4; 38/123=30.89%, in 2022)
9. Hsu, H.C, & <sup>\*</sup>Lin, M.H. (2022, Jun). The impact of an educational program on nurses' shared decision making attitudes: A randomized controlled trial. *Applied Nursing Research*, 65 (2022) 151587. <https://doi.org/10.1016/j.apnr.2022.151587> (Nursing- SSCI, Impact factor:2.2; 47/123=38.21%, in 2022) <https://www.sciencedirect.com/science/article/pii/S0897189722000295?via%3Dhub>
10. Lin, M.H., Chen, N. H., Hsiao, P.R., & Hsu, H.C. (2022, July). Factors associated with undiagnosed obstructive sleep apnea in overweight and obese high-tech employees: A multisite cross-sectional study. *Biological Research for Nursing*, 24(3) 400–409. (Nursing- SCIE, Impact factor:2.5; 37/125=21.6%, in 2022) <https://journals.sagepub.com/doi/abs/10.1177/10998004221094109?journalCode=brna>
11. Liu, T.T., Chen, M.Y., Chang Y.M., & Lin, M.H. (2022, Apr). A preliminary study on the cultural competence of nurse practitioners and its affecting factors. *Healthcare*, 10(4), 678. (Health policy & services - SSCI, Impact factor:2.8; 43/87=49.42%, in 2022) <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9026283/>
12. Li, Y.H., Chou, M.C., Lin, L.D., Tsai, C.C., & Lin, M.H. (2022, Feb). Relationships between willingness to participate in the nursing clinical ladder program and its related factors among clinical nurses. *Healthcare*, 10(2), 369. (Health policy & services - SSCI, Impact factor: 2.8; 43/87=49.42%, in 2022) <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8871538/>
13. <sup>#</sup>Lin, M.H., <sup>#</sup>Lin, S. C., <sup>‡</sup>Lee, Y. H., <sup>‡</sup>Wang, P. Y., Wu, H. Y., & Hsu, H.C (2021, September). The effectiveness of simulation education program on shared decision-making attitudes among nurses in Taiwan. *PLoS ONE*, 16(9): e0257902. <https://doi.org/10.1371/journal.pone.0257902> (Multidisciplinary sciences- SCIE, Impact factor:3.7; 26/73=35.61%, in 2022) (<sup>#,‡</sup>These authors contributed equally to this work).
14. Hsu, H.C., Lin, S. C., Lee, Y. H., Wu, H. Y., Wang, P. Y., Li, J.Y., & <sup>\*</sup>Lin, M.H. (2021, September). Development and testing of the shared decision-making attitudes scale

- among nurses in Taiwan: A cross-sectional scale development study. *BMJ open*, 11(9), e044733. <https://doi.org/10.1136/bmjopen-2020-044733> (Medicine, General & Internal-SCIE, Impact factor: 2.9; 77/167=46.10%, in 2022)
15. Chung, F. F., Wang, P. Y., Lin, S. C., Lee, Y. H., Wu, H. Y., & Lin, M. H. (2021, June). Shared clinical decision-making experiences in nursing: a qualitative study. *BMC nursing*, 20(1), 85. <https://doi.org/10.1186/s12912-021-00597-0> (Nursing SCIE, Impact factor: 3.2; 15/125=12.0%, in 2022).
  16. Hsu, H.C., Lee, H.F., & \*Lin, M.H. (2021, May). Exploring the Association between Sleep Quality and Heart Rate Variability among Female Nurses. *International journal of environmental research and public health*, 18(11), 5551. <https://doi.org/10.3390/ijerph18115551> (Public, Environmental & Occupational Health-SCIE, Impact factor: **4.614**; 71/210=33.80%, in 2021).
  17. Hsu, H.C., \*Lin, M.H., Lee, H.F., Wu, C.Y., Chou, C.T., & Lin, S.F. (2021, May.). Effects of aromatherapy with essential oil massage on the sleep quality of critical care nurses: A randomized controlled trial. *Complementary Therapies in Clinical Practice*. 43, 101358. <https://doi.org/10.1016/j.ctcp.2021.101358> (Integrative & complementary medicine SCIE, Impact factor: 3.0; 12/28=42.85%, in 2022).
  18. Lee, Y.H., Lin S.C., Wang, P.Y., & \*Lin, M.H. (2020, Dec). Objective Structural Clinical Examination for evaluating learning efficacy of Cultural Competence Cultivation Programme for nurses. *BMC Nursing*, 114(2020), 114. <https://doi.org/10.1186/s12912-020-00500-3> (Nursing SSCI, Impact factor: 3.2; 15/125=12.0%, in 2022).
  19. Gunawan,I., Lin, M.H.,& Hsu, H.C.(2020, Mar).Exploring the quality of life and the related factors among the elderly in Indonesia. *South East Asia Nursing Research*, 2(1), 1-10.
  20. Lin, S. C., Lin L. L., Liu C. J., Fang C. K., & \*Lin, M. H. (2020, Apr). Exploring the factors affecting musculoskeletal disorders risk among hospital nurses. *PLoS ONE*. 15(4), e0231319. <https://doi.org/10.1371/journal.pone.0231319> (Multidisciplinary-SCIE, Impact factor: 3.7; 26/73=35.61%, in 2022)
  21. Chiu HH, Tsao L.I. & Lin, M. H. (2020, Mar). Suffering exhausted life like burning at both ends of a candle - women with menopausal fatigue. *International Journal of Studies in Nursing*, 5(1), 95-102.
  22. Lin, M. H., & Hsu, H. C. (2020, May). Effects of a cultural competence education programme on clinical nurses: A randomised controlled trial. *Nurse Education Today*, 88(2020) 104385. <https://doi.org/10.1016/j.nedt.2020.104385> (Nursing- SSCI, Impact factor: 3.9; 10/12= 8.13 %, in 2022).

23. Wang, P. Y., Tsao, L.I., **Lin M.H.** & Lee, C.Y. (2019, Dec). Metabolic syndrome risk factors and physical activity in middle-aged women. International Journal of Studies in Nursing, 4(4), 70-78.
24. **Lin, M. H.**, Chang, T. H., Lee, Y. H., Wang, P. Y., Lin, L. H., & Hsu, H.C. (2019, Aug) Developing and validating the Nursing Cultural Competence Scale in Taiwan. PLoS ONE 14(8):e0220944.<https://doi.org/10.1371/journal.pone.0220944>(Multidisciplinary-SCIE, Impact factor: 3.7; 26/73=35.61%, in 2022)
25. Lee, Y.H. & \***Lin, M. H.** (2019, Jan). Exploring the relationship between burnout and job satisfaction among clinical nurses. European Scientific Journal, 15(3), 449-460. (**Correspondence author**).
26. **Lin, M. H.**, Wu, C. Y., & Hsu, H. C. (2019, Feb). Exploring the experiences of cultural competence among clinical nurses in Taiwan. Applied Nursing Research, 45(2019), 6-11. <https://doi.org/10.1016/j.apnr.2018.11.001> (Nursing -SSCI, Impact factor: Impact factor: 2.2; 47/123=38.21%, in 2022)
27. Hsu, H. C., Chen, N. H., & Ho, W. J., \***Lin, M. H.** (2018, May). Factors associated with undiagnosed obstructive sleep apnea among hypertensive patients: A multisite cross-sectional study in Taiwan. Journal of Clinical Nursing, 27(9-10), 1901- 1912. <https://doi.org/10.1111/jocn.14366> (**Correspondence author**). (Nursing – SSCIE, Impact factor:4.2; 7/125= 5.6%, in 2022)
28. Chen, P. L., Tsai, Y.L., **Lin, M.H.**, & Wang, J. (2018, Apr). Gender difference in health promotion behaviors and quality of life among community-dwelling elderly. Journal of Women & Aging, 30(3), 259- 274. <https://doi.org/10.1080/08952841.2017.1301170>. (Women study – SSCI, Impact factor: 1.5; 24/44= 54.54%, in 2022)
29. #Lin,H.L., #**Lin,M.H.**, Ho,C.C., Fu, C.H.,& Koo, M. (2017, July). Psychometric properties of the Chinese version of the attitudes towards cardiopulmonary resuscitation with defibrillation (ACPRD-C) among female hospital nurses in Taiwan. International Emergency Nursing, 33, 7-13. (# **These authors contributed equally to this work**) <https://doi.org/10.1016/j.ienj.2017.02.002>. (Nursing – SSCI, Impact factor: 1.8; 68/123, 54.54%, in 2022)
30. Hsu, W. C., Ho, L. H., \***Lin, M. H.**, & Chiu, H. L. (2016, March/ April). Body posture angle affects the physiological indices of patients with liver cirrhosis ascites. Gastroenterology Nursing. 19(2), 102- 109. (Nursing – SSCI, Impact factor: 0.557; 114/123= 0.926, 100%, in 2019)
31. Hsieh, H. L, Ho, L. H., & \***Lin, M. H.** (2016, Jan). Factors related to health status among nurses in Taiwan. American Scientific Research Journal for Engineering, Technology, and Sciences, 16(1), 310-318..

32. Hsu, H. C., \*Lin, M. H., Shih, W. M., & Tsao, L. I (2015, December). Examining the psychometric properties of the brief “Menopausal Symptoms Distress Affecting Sleep Quality Scale”. *Journal of Clinical Nursing*, 24(23-24), 3654–3663. <https://doi.org/10.1111/jocn.12958>. (Nursing – SSCI, Impact factor: 1.972; 23/123= 18.69%, in 2019)
33. Hsu, H. C., Tsao L. I., & \*Lin M. H. (2015, Nov). Improving sleep quality interventions among menopausal women with sleep disturbances in Taiwan: A preliminary study. *Applied Nursing Research*, 28(4), 374-380. (Nursing-SSCI, Impact factor: 1.612; 46/123= 37.39%, in 2019)
34. Shih, W. M., Hsu, H. C., Jiang, R.S., & \*Lin, M. H. (2015, Oct). Lived experiences among patients newly diagnosed with lung adenocarcinoma stage IV within one year. *Asian Pacific Journal of Cancer Prevention*, 16 (15), 6633-6638. (Oncology-SCIE, Impact factor: 2.514; 120/211= 56.87%, in 2014).
35. Hsu, H. C., Wang, P. Y., Lin, L. H., Shih, W. M., & \*Lin, M. H. (2015, Sep). Exploring the relationship between professional commitment and job satisfaction among nurses. *Workplace Health & Safety*, 63(9)392-398.. (Nursing – SSCI, Impact factor:1.227; 76/123= 61.78%, in 2019)
36. Chiang, T. Y., Wang, C. H., Lin, Y. F. Chou, S. L., Wang C. T., Juang, H. T., Lin, Y. C., \*Lin, M. H. (2015, May). Factors Related to Treatment Refusal in Taiwanese Cancer Patients. *Asian Pacific Journal of Cancer Prevention*. 16 (8), 3153-3157. (Oncology-SCIE, Impact factor: 2.514; 120/211= 56.87%, in 2014).
37. Sung, S. C., Huang, H. C., & Lin, M. H. (2015, May). Relationship between the knowledge, attitude, and self-efficacy on sexual healthcare for nursing students. *Journal of Professional Nursing*, 31(3), 254-261. (Nursing – SSCI, Impact factor: 2.045; 20/123=16.26%, in 2019)
38. Lin, M. H., Huang, T. S., & Hsu, H. C. (2014, Nov). The effects of empowering in-service training program to improve professional commitment and job satisfaction among nurses in Taiwan. *International Journal of Research in Social Sciences*, 4(4), 592-604.
39. Lin, M. H., & Hsu, H. C. (2014, Oct). The effective of brisk walking to reduce smoking behavior among aborigines in Taiwan- A preliminary study. *International Journal of Physical and Social Sciences*, 4(10), 334-345.
40. Lin, M. H., Shih, W. M., Huang, T. S., & Hsu, H. C. (2014, Oct). Effects of empowering in-service training program to improve job satisfaction action among nurse aides in long term care facilities. *International Journal of Management, IT and Engineering*, 4(10), 439-455.
41. Hsu, H. C., Lee, C. Y., Lu, Y. C. Yeh, Y. M., Chen, P. T., Shih, W. M., Sung, S. C., & \*Lin, M. H. (2014, Jun). Exploring the experiences of sleep quality among gynecologic cancer patients with adjuvant chemotherapy. *Asia Life Sciences*, 23(2), 757-765. (Biology-SCIE, Impact factor:0.075; 85/85=, in 2014).

42. Hsu, H. C., Chen, T. E., Shih, W. M., & \*Lin, M. H. (2014, Jun). Exploring the relationship between quality of sleep and learning satisfactions on the nursing college students. *Health*, 6, 1738-1748..
43. Lin, M. H., Huang, S. J, Shih, W. M. J., Wang, P. Y., Lin, L. H., & Hsu, H. C. (2013, Dec). The effects of anti-smoking program to prevent lung cancer among urban aborigines in Taiwan. *Asian Pacific Journal of Cancer Prevention*. **14** (11), 6451-6457. (Oncology-SCIE, Impact factor: 2.514; 120/211= 56.87%, in 2014)
44. Shih, W. M., Hsiao, P. J., Chen, M. L., Lin, M. H. (2013, Sep). Experiences of Family of Patient with Newly Diagnosed Advanced Terminal Stage Hepatocellular Cancer. *Asian Pacific Journal of Cancer Prevention*, 14, 4683-4688. (Oncology-SCIE, Impact factor: 2.514; 120/211= 56.87%, in 2014)
45. Chang, C. F., Lin, M. H., Wang, J., Fan, J. Y., Chou, L. N., & Chen, M. Y. (2013, Jun). The relationship between geriatric depression and health-promoting behaviors among community-dwelling seniors. *Journal of Nursing Research*, 21(2)75-82. (Nursing – SSCI, Impact factor: 1.009; 88/123= 71.54%, in 2019)
46. Chen, L. C., Lin, M. H., Chen, L. M., Tsieeng, Y. H., Lu, K. C., & Ho, C. C. (2011). Validation of the Chinese version of the walking impairment questionnaire in patients with end-stage renal disease undergoing haemodialysis. *International journal of evidence-based healthcare*, 9(3), supplemental 288. (Health care sciences & services-SCIE, Impact factor: 1.930=; 61/102= 59.80%, in 2019)
47. Hsu, H.C., & \*Lin, M. H. (2005, Jun). Exploring Quality of Sleep and Its related Factors among Menopausal Women. *Journal of Nursing Research*, 13(2), 153-164. (Nursing – SSCI, Impact factor: 1.009; 88/123= 71.54%, in 2019)
48. 陸慧蓮、江慧珠、吳泓彥、\*林梅香(2021 年 3 月)。護理人員對末期腎病安寧照護認知之探討。健康科技期刊, 7(2), 13-25。
49. 王寶鈺、曹麗英、林梅香、劉介宇、陳右緯(2020 年 10 月).高血壓患者中風知識及其相關影響因素之探討.台灣中風醫誌, 2(3), 238-248。
50. 陳明怡、徐秀堯、林梅香、石惠美(2020 年 6 月)。護理人員文化能力及其相關影響因素之探討-以北台灣某醫學中心為例。長庚護理, 31(2), 145-159。
51. 周淑嵐、林玉芬、林梅香、姜亭妤、王靜婷、王昭慧(2019 年 6 月)。個案管理過程藉由PRECEDE模式評估癌症病人中斷治療影響因素。腫瘤護理雜誌, 19(1), 49-63。
52. 徐雯娟、林瑞香、林梅香、徐秀堯、石惠美(2019 年 2 月)。肝硬化病人主要照顧者之生活品質及其相關因素。護理雜誌, 66(1), 60-69。
53. 尹慧菊、林梅香、楊惠晶、林小燕(2018 年 3 月)。降低接受預防接種及餵食輪狀疫苗嬰兒疼痛反應改善專案。長庚護理, 29(1), 74-86。
54. 李兆蕙、林梅香、陳濤宏、賀倫惠、李秀芳、曹麗英 (2015 年 12 月)。阻塞性睡眠

- 呼吸中止症婦女之生活經驗。護理雜誌，62(6)，48-56。
55. 吳曉芸、高玉音、林梅香、紀巧玲、伍碧琦（2015年08月）。提昇加護病房護理人員入院護理之完整性。高雄護理雜誌，32(2)10-22。
56. 周淑嵐、林梅香、林玉芬、姜亭妤、王靜婷、王昭慧（2015年06月）。個案管理過程中運用PRECEDE模式探討癌症病人中斷治療影響因素。腫瘤護理雜誌，15(1)，39-46。
57. 吳虹諺、張巧惠、陳麗貞、林梅香、謝春蘭（2015年03月）。加護病房護理人員鼻胃管灌食照護完整性之改善專案。長庚護理，26(1)，53-65。
58. 姜亭妤、王昭慧、林玉芬、周淑嵐、王靜婷、\*林梅香（2015年03月）。個案管理師運用PRECEDE-PROCEED 談癌症病人拒絕治療因素評估。澄清醫護管理雜誌，11(2)，39-42。。
59. 蔡佩臻、張嘉玲、林梅香、賀倫惠、邱綉玲（2015年03月）。檢視不同漱口溶液對移植後病人口腔炎之應用及成效。長庚護理，26(1)，13-22。
60. 徐雯娟、賀倫惠、林梅香、邱綉玲（2014年10月）。不同臥位對肝硬化腹水病人之血氧飽和度、舒適度與呼吸困難程度之影響。護理雜誌，61 (5)，66-74。
61. 張品嫻、陳雅玲、邱綉玲、林梅香、蔡佩臻（2014年06月）。降低移植加護病房血液檢體不良率。北市醫學，11(1)，87-97。
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