

CURRICULUM VITAE

PERSONAL INFORMATION

Name: Mei-Ling Yeh, PhD, DMS, RN, Chinese DM

Current Position: Professor

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EDUCATION

Duration	Institution & Location	Degree	Major Subject
2002-2005	China Academy of Chinese Medicine Science, China	Medical Doctor in Science	Chinese Medicine
1993-1996	University of Maryland, USA	PhD	Nursing
1990-1992	University of Maryland, USA	MSN	Nursing

SPECIALTIES & RESEARCH INTERESTS

1. Traditional Chinese medicine and nursing
2. Alternative and complementary medicine
3. Cardiovascular nursing
4. Women health
5. Evidence-based medicine and research
6. Questionnaire development and measurement.

PUBLICATIONS

SCI/SSCI Journals (*correspondence)

1. Wang, M.H., & Yeh, M.L.* (2019 accepted). Respiratory training interventions improve the health status of heart failure patients: a systematic review and network meta-analysis of randomized controlled trials. *World Journal of Clinical Cases*
2. Lin, F.L., Yeh, M.L.*, Lai, Y.H., Lin, K.C., Yu, C.J., & Chang, J.S. (2019 accepted). Two-month breathing-based walking improves anxiety, depression, dyspnea, and quality of life in chronic obstructive pulmonary disease: a randomized controlled study. *Journal of Clinical Nursing*.

3. Liao, R.W., Yeh, M.L.*, Lin, K.C., & Wang, K.Y. (in press). A hierarchical model of occupational burnout among nurses associated with job-induced stress, self-concept and work environment. *Journal of Nursing Research*.
4. Chen, C.H., Hung, K.S., Chung, Y.C., & Yeh, M.L.*(correspondence) (2019 ePub). Mind-body interactive qigong improves physical and mental aspects of quality of life in inpatients with stroke: a randomized control study, *European Journal of Cardiovascular Nursing*.
5. Chiou, Y.F., Yeh, M.L.*(correspondence), & Wang, Y.J. (2019 ePub). Transcutaneous electrical nerve stimulation on acupuncture points improves pain, moods and sleep quality in spinal cord injury patients with myofascial pain. *Rehabilitation Nursing Journal*.
6. Ko, S.H., Chi, C.C., Yeh, M.L., Wang, S.H., Tsai, Y.S., & Hsu, M.Y. (2019). Lifestyle changes for treating psoriasis. *Cochrane Database of Systematic Reviews*, 7, Art. No.: CD011972.
7. Wang, Y.Z., Wang, Y.J., & Yeh, M.L.*(correspondence) (2019). Combining education with auricular acupressure to facilitate smoking cessation in young adult. *Holistic Nursing Practice*, 33(4), 230-236.
8. Teng, H.C., Yeh, M.L.*, & Wang, M.H. (2018). Walking with controlled breathing improves exercise tolerance, anxiety, and quality of life in heart failure patients: A randomized controlled trial. *European Journal of Cardiovascular Nursing*, 17(8), 717-727.
9. Yeh, M.L. (2018). Editor's Remarks. Translating research findings into practice: The importance of updating knowledge, *Journal of Nursing Research*, 26(4), 227.
10. Yeh, M.L., Chang, Y.C., Hsu, L.C., & Hung, S.H. (2018). Effect of transcutaneous acupoint electrical stimulation on post-hemorrhoidectomy-associated pain, anxiety, and heart rate variability: a randomized-controlled study. *Clinical Nursing Research*, 27(4) 450-466.
11. Chueh, K.H., Chang, C. C., & Yeh, M. L.*(2018). Effects of auricular acupressure on sleep quality, anxiety, and depressed mood in RN-BSN students with sleep disturbance. *Journal of Nursing Research*, 26(1), 10-17.
12. Yeh, M.L., R.W. Liao, Hsu, C.C., Chung, Y.C., & Lin, J.G. (2018). Exercises improve body composition, cardiovascular risk factors and bone mineral density for menopausal women: a systematic review and meta-analysis of randomized controlled trials. *Applied Nursing Research*, 40(2018), 90-98.
13. Cheng, S.L., Sun, H.F., & Yeh, M.L.*(2017). Effects of an eight-week aerobic dance program on health-related fitness for patients with schizophrenia. *Journal of Nursing Research*, 25(6), 429-435.
14. Yeh, M.L., Chiu, W.L., Wang, Y.J., & Lo, C. (2017). An investigation of the use of traditional Chinese medicine and complementary and alternative medicine in stroke patients. *Holistic Nursing Practice*, 31 (6), 400-407.
15. Yeh, M.L., Ko, S.H., Wang, M.H., Chi, C.C., & Chung, Y.C. (2017). Acupuncture-related techniques for psoriasis: a systematic review with pairwise and network meta-analysis of randomized controlled trials. *Journal of Alternative and Complementary Medicine*,
16. Lee, T.Y., Sun, G.T., Kou, L.T., & Yeh, M.L. (2017). The use of information technology

- to enhance patient safety and nursing efficiency. *Technology and Health Care*, 25(5), 917-928.
17. Chuang, T.Y., Yeh, M.L.*, & Chung, Y.C. (2017). A nurse facilitated mind-body interactive exercise (Chan-Chuang qigong) improves the health status of non-Hodgkin lymphoma patients receiving chemotherapy: randomised controlled trial. *International Journal of Nursing Studies*, 69(2017), 25-33.
 18. Lin, F.L., Hsu, C.C., Mehling, W., & Yeh, M.L.* (2017). Translation and psychometric testing of the Chinese version of the multidimensional assessment of interoceptive awareness. *Journal of Nursing Research*, 25(1), 76-84.
 19. Chung, Y.C., Yeh, M.L.*, & Liu, Y.M. (2016). Effects of intradialytic exercise on the physical function, depression, and quality of life for patients undergoing hemodialysis: a systematic review and meta-analysis of randomized controlled trials. *Journal of Clinical Nursing*, 26, 1801-1813.
 20. Yu, I.C., Tsai, Y.F., Fang, J.T., Yeh, M.L., Fang, J.Y., & Liu, C.Y. (2016). Effects of mouthwash interventions on xerostomia and unstimulated whole saliva flow rate among hemodialysis patients: a randomized controlled study. *International Journal of Nursing Studies*, 63(2016), 9-17.
 21. Yeh, M.L. (2016/09). Editor's Remarks. *Journal of Nursing Research*, 24(3).
 22. Lee, P.L.T., Tam, K.W., Yeh, M.L.* & Wu, W.W. (2016). Acupoint stimulation, massage therapy and expressive writing for breast cancer: a systematic review and meta-analysis of randomized controlled trials. *Complementary Therapies in Medicine*, 27(2016), 87-101.
 23. Yeh, M. L., & Chung, Y.C. (2016). A randomized controlled trial of qigong on fatigue and sleep quality for non-Hodgkin's lymphoma patients undergoing chemotherapy. *European Journal of Oncology Nursing*, 23(2016), 81-86.
 24. Wang, Y.J., Wang, Y.Z., & Yeh, M.L.* (2016). A Prospective comparison study of heart rate variability during menses in young women with dysmenorrhea. *Biological Research for Nursing*, 18(4), 465-472.
 25. Wu, M.S., Chen, K.H., Chen, I.F., Huang, S.K., Tzeng, P.C., Yeh, M.L., Lee, F.P., Lin, J.G., & Chen, C.F. (2016). The efficacy of acupuncture in post-operative pain management: a systematic review and meta-analysis. *PLoS One*, 11(3): e0150367.
 26. Lin, W.C., Huang, T.Y., Liu, C.Y., Yeh, M. L., Yu, C. H., & Hwang, S.L. (2016). Validation of the clinical COPD questionnaire in Taiwan. *COPD: Journal of Chronic Obstructive Pulmonary Disease*, 13(3), 360-366.
 27. Chang, Y.C., & Yeh, M.L.* (2016). Translation and validation of the nurses self-concept instrument for college-level nursing students in Taiwan. *Nurse Education Today*, 36(2016), 112-117.
 28. Yeh, M.L., Chu, N.F., Hsu, M.Y., Hsu, C.C., & Chung, Y.C. (2015). Acupoint stimulation on weight reduction for obesity: a randomized sham-controlled Study. *Western Journal of Nursing Research*, 37(12), 1517-1530.
 29. Chi, C.C., Ko, S.H., Yeh, M.L., Wang, S.H., Tsai, Y.S., & Hsu, M.Y. (2015). Lifestyle changes for treating psoriasis. *Cochrane Database of Systematic Reviews*, 11, Art. No.: CD011972.
 30. Chien, H.C., Chung, Y.C., Yeh, M.L.*, & Lee, J.F. (2015). Breathing exercise combined

- with cognitive behavioural intervention improves sleep quality and heart rate variability in major depression. *Journal of Clinical Nursing*, 24, 3206-3214.
31. Hsiung, W.T., Chang, Y.C., Yeh, M.L.*, & Chang, Y.H. (2015). Acupressure improves postoperative comfort for gastric cancer patients: a randomized-controlled trial. *Complementary Therapies in Medicine*, 23(3), 339-346.
 32. Liu, Y.M., Chung, Y.C., Chang, J.S., & Yeh, M.L.*(2015). Effects of aerobic exercise during hemodialysis on physical functional performance and depression. *Biological Research for Nursing*, 17(2):214-221.
 33. Yeh, M.L., Chang, Y.C., Huang, Y. Y., & Lee, T. Y. (2015). A randomized-controlled trial of auricular acupressure in heart rate variability and quality of life for hypertension. *Complementary Therapies in Medicine*, 23(2), 200-209.
 34. Yeh, M.L., Lin, K.C., Chen, H.H., Wang, Y.J. & Huang, Y.C. (2015). Use of traditional medicine and complementary and alternative medicine in Taiwan: a multilevel analysis. *Holistic Nursing Practice*, 29(2), 87-95.
 35. Chung, Y.C., Chien, H.C., Chen, H.H., & Yeh, M.L.*(2014). Acupoint stimulation to improve analgesia quality for lumbar spine surgical patients. *Pain Management Nursing*, 15(4), 738-747.
 36. Yeh, M.L., Chung, Y.C., Hsu, M.Y., & Hsu, C.C. (2014). Quantifying psychological distress among cancer patients in interventions and scales: a systematic review. *Current Pain and Headache Reports*, 18(3), 399.
 37. Chen, C., Hou, W.H., Chan, E.S.Y., Yeh, M.L., & Lo, H.L.D. (2014). Phototherapy for treating pressure ulcers. *Cochrane Database of Systematic Reviews*, 7, Art. No.: CD009224.
 38. Yeh, M.L., Wang, P.L., Hsu, C.C., Lin, J.G., & Chuang, M.L. (2014). The effects and measures of auricular acupressure and interactive multimedia for smoking cessation in college students, *Evidence-Based Complementary and Alternative Medicine*, 2014, Article ID 898431.
 39. Yeh, M.L. (2014). Achieving knowledge translation in nursing care: the need for greater rigor in applying evidence to practice. *Journal of Nursing Research*, 22(4), 220.
 40. Chung, Y.C., Tsou, M.Y., Chen, H.H., Lin, J.G., & Yeh, M.L.*(2014). Integrative acupoint stimulation to alleviate postoperative pain and morphine-related side effects: a sham-controlled study. *International Journal of Nursing Studies*, 51(3), 370-378.
 41. Chen, H.W., Chu, N. F., Chen, H.H., & Yeh, M.L.* (2014). The smoking behaviors of indigenous Taiwanese: individual and family/community factors of influence. *Journal of Nursing Research*, 22(1), 12-19.