

CURRICULUM VITAE

PERSONAL DATA

Name: Mei-Chen Lee, RN, PhD.
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EDUCATION

Duration	Institution & Location	Degree	Major Subject
2012-2016	National Taipei University of Nursing and Health Sciences, School of Nursing, Taipei, Taiwan	PhD	Chronic Disease Nursing
1997-2000	Taipei Medical University College of Nursing, Taipei, Taiwan	MSN	Medicine and Surgical Nursing
1990-1993	National Taiwan University School of Nursing, Taipei, Taiwan	BSN	Nursing

SPECIALTIES & RESEARCH INTERESTS

1. Chronic disease nursing
2. Self-management program
3. Randomized controlled trial
4. Self-efficacy
5. Self-care
6. Mental health
7. Quality of life

PUBLICATIONS

Journals

English:

Lu, Y. J., **Lee, M. C. ***, Chen, C. Y., Liang, S. Y., Li, Y. P., & Chen, H. M. (Accepted). Effect of guided imagery meditation during laparoscopic cholecystectomy on reducing anxiety: A randomized controlled trial. *Pain Management Nursing*, 2022, 1-10. Accepted 04July2022. Published online: 31 July 2022. (2021 SSCI 44/123, Q2, Nursing, IF = 2.356, 35.77%)

<https://doi.org/10.1016/j.pmn.2022.07.003>

- Chou, C. Y., Chen, C. S., **Lee, M. C.**, Lin, S. T., & Sun, J. H.* (Accepted). Active aging of older adults in rural area after participating in senior self-directed learning groups. *Educational Gerontology*, Published online: 21 Jun 2022. (2021 SSCI 33/37, Q4, Gerontology, IF = 1.389, 89.18%) <https://doi.org/10.1080/03601277.2022.2091330>
- Chen, H. M.* , **Lee, M. C.**, Wu, Y. C., Huang, C. S., Hsu, P. H., Chien, L. I., Tian, J. Y., & Duong, L. T. (Accepted). Predictors of adherence, contamination, and dropout in home-based walking by lung and esophageal cancer patients from two randomized control trials: An exploratory study. *European Journal of Cancer Care*, 2022, 1-12. Accepted 06June2022. First Published 16 June 2022. (2021 SSCI 46/123, Q2, Nursing, IF = 2.328, 37.39%) <https://doi.org/10.1111/ecc.13635>
- Lee, M. C.***, Chen, Y. Y., Tai, C. Y., & Wu, S. F. V. (2022). The mediating effect of self-efficacy in the relationship between mental health and quality of life in patients with hypertensive nephrology. *Journal of Advanced Nursing*, 78(9), 2827-2836. Accepted 19Feb2022. First Published March 14, 2022. (2021 SSCI 20/123, Q1, Nursing, IF = 3.057, 16.26%) <https://doi.org/10.1111/jan.15199> Sep 2022
- Chen, W. C., Wu, S. F. V., Sun, J. H., Tai, C. Y., **Lee, M. C.***, & Chu, C. H. (2022). The mediating role of psychological well-being in the relationship between self-care knowledge and disease self-management in patients with hypertensive nephropathy. *International Journal of Environmental Research and Public Health*, 19, 8488-8497. Accepted 08July2022. 2022 Jul publish (2021 SSCI 45/183, Q1, Public, Environmental & Occupational Health, IF = 4.614, 24.59%) <https://doi.org/10.3390/ijerph19148488>
- Chen, Y. Y., **Lee, M. C.***, Wu, S. F. V., Liu, Y. M., & Chen, H. M. (2022). Disease knowledge, self-efficacy and quality of life in patient with hypertensive nephropathy. *Clinical Nursing Research*, 31(6), 1179-1188. Accepted 21Dec2021. First Published January 27, 2022. (2021 SSCI 86/123, Q3, Nursing, IF = 1.724, 69.91%) <https://doi.org/10.1177/10547738211073396>
- Lee, M. C.***, Wu, S. F. V., Lu, K. C., Wang, W. H., Chen, Y. Y., & Tai, C. Y. (2022). Effect of patient-centered self-management program on blood pressure, renal function control, and the quality of life of patients with hypertensive nephropathy: A longitudinal randomized controlled trial. *Biological Research for Nursing*, 24(2), 216-225. Accepted 06Nov2021. First Published December 29, 2021 (2021 SCIE 49/125, Q2, IF = 2.318, 39.20%) 2022 Mar <https://doi.org/10.1177/10998004211061877>
- Wu, S. F. V., Wang, T. J., Liang, S. Y., Lin, L. J., Lu, Y. Y., & **Lee, M. C.*** (2022). Differences in self-care knowledge, self-efficacy, psychological distress and self-management between patients with early-and end-stage chronic kidney disease. *Journal of Clinical Nursing*, 31(15-16), 2287-2295. Accepted 07 September 2021. First published: 23 September 2021. (2021 SCIE 4/125 and SSCI 4/123, Q1, Nursing, IF = 4.423, 03.25%) <https://doi.org/10.1111/jocn.16046>
- Lee, M. C.***, Wu, S. F. V., Lu, K. C., Wang, W. H., Chen, Y. Y., & Chen, H. M. (2021). Effect of patient-centred self-management programme on mental health, self-efficacy and self-management of patients with hypertensive nephropathy: A randomised controlled trial. *Journal of Clinical Nursing*, 30(21-22), 3205-3217. Advance online publication. Accepted 12 April 2021. First Published (Epub 2021 May 3) (2021 SCIE 4/125 and SSCI 4/123, Q1, Nursing, IF = 4.423, 03.25%) <https://doi.org/10.1111/jocn.15825> 2021 Nov
- Liao, M. T., Wu, C. C., Wu, S. F. V., **Lee, M. C.**, Hu, W. C., Tsai, K. W., Chung-Hsiang Yang, C. H., Lu, C. L., Chiu, S. K., & Lu, K. C.* (2021). Resveratrol as an adjunctive therapy for excessive oxidative stress in aging COVID-19 patients. *Antioxidants*, 10(9), 1440. Accepted: 6 September 2021 / Published: 9 September 2021 (2021 SCIE 4/64, Q1,

- Chemistry, Medicinal, IF = 7.675, 6.25%) <https://doi.org/10.3390/antiox10091440>
2021 Sep
- Lee, M. C.**, Wu, S. F. V.^{*}, Lu, K. C., Liu, C. Y., Liang, S. Y., & Chuang, Y. H. (2021). Effectiveness of a self-management program in enhancing quality of life, self-care, and self-efficacy in patients with hemodialysis: A quasi-experimental design. *Seminars in Dialysis*, 34(4), 292-299. Feb, 2021 online. 29, Dec, 2020 Accepted. First published: 02 February 2021 (2021 SCIE 49/90, Q3, Urology & Nephrology, IF = 2.886, 54.44%) <https://doi.org/10.1111/sdi.12957> 2021 Jul
- Chuang, L. M., Wu, S. F. V.^{*}, **Lee, M. C.**, Lin, L. J., Liang, S. Y., Lai, P. C., & Kao, M. C. (2021). The effects of knowledge and self-management of patients with early-stage chronic kidney disease: Self-efficacy is a mediator. *Japan Journal of Nursing Science*, 18(2), e12388. First published online: 11 November 2020 (2021 SSCI 87/123, Q3, Nursing, IF = 1.691, 70.73%) <https://doi.org/10.1111/jjns.12388> 2021 Apr
- Lee, M. C.**, Wu, S. F. V.^{*}, Lu, K. C., Liu, C. Y., Liu, W. I., & Liu, J. H. (2020). The effect of a self-management program on renal function control in patients with hemodialysis in Taiwan: A longitudinal randomized controlled trial. *Japan Journal of Nursing Science*, 17(4), e12345. 09 April 2019 accepted. (2021 SSCI 87/123, Q3, Nursing, IF = 1.691, 70.73%) <https://doi.org/10.1111/jjns.12345> 2020 Oct
- Wu, M. P., Wu, S. F. V., **Lee, M. C.**, Peng, L. N., Tsao, L. I., & Lee, W. J.^{*} (2019). Health-promotion interventions enhance and maintain self-efficacy for adults at cardiometabolic risk: A randomized controlled trial. *Archives of Gerontology and Geriatrics*, 82, 61-66. 19 Jan 2019 accepted. (2021 SCIE 27/54, Q2, Geriatrics and Gerontology, IF = 4.163, 50.00%) <https://doi.org/10.1016/j.archger.2019.01.009>.
- Wu, S. F. V.^{*}, **Lee, M. C.**, Hsieh, N. C., Lu, K. C., Tseng, H. L., & Lin, L. J. (2018). Effectiveness of an innovative self-management intervention on the physiology, psychology, and management of patients with pre-end-stage renal disease in Taiwan: A randomized, controlled trial. *Japan Journal of Nursing Science*, 15(4), 272-284. Accepted for publication date: 15 Sep 2017; first published: 20 December 2017; Version of Record online: 20 Dec 2017 (SCI 86/124, Q3, Nursing, IF = 1.418, 69.35%) <https://doi.org/10.1111/jjns.12198>. 2018 Oct
- Lee, M. C.**, Wu, S. F. V.^{*}, Hsieh, N. C., & Tsai, J. M. (2016). Self-management programs on eGFR, depression, and quality of life among patients with chronic kidney disease: A meta-analysis. *Asian Nursing Research*, 10(4), 255-262. Accepted for publication date: 15 April 2016 (SCI 51/124, Q2, Nursing, IF = 2.085, 41.13%); Available online 13 May 2016. <http://dx.doi.org/10.1016/j.anr.2016.04.002>
- Wu, S. F. V.^{*}, Tung, H. H., Liang, S. Y., **Lee, M. C.**, & Yu, N. C. (2014). Differences in the perceptions of self-care, health education barriers and educational needs between diabetes patients and nurses. *Contemporary Nurse*, 46(2), 191-200. Accepted for publication date: Jul, 11, 2013. (February 2014) doi: 10.5172/conu.2014.46.2.187.
- Wu, S. F. V.^{*}, Liang, S. Y., **Lee, M. C.**, Yu, N. C., & Kao, M. J. (2014). The efficacy of a self-management program for people with diabetes, after a special training program for healthcare workers in Taiwan: A quasi-experimental design. *Journal of Clinical Nursing*, 23(17-18), 2515-2524. Accepted for publication date: Jun, 8, 2013 (SCI and SSCI) <https://doi.org/10.1111/jocn.12440> (2013 Dec 20)
- Wu, S. F. V.^{*}, Huang, Y. C., **Lee, M. C.**, Wang, T. J., Tung, H. H., & Wu, M. P. (2013). Self-efficacy, self-care behavior, anxiety, and depression in Taiwanese with type 2 diabetes: A cross-sectional survey. *Nursing and Health Sciences*, 15, 213-219. Accepted for

publication date: 29 Oct 2012. (June 2013) <https://doi.org/10.1111/nhs.12022>. Article first published online: 10 JAN 2013(SCI and SSCI)

- Wu, S. F. V. *, Young, L. S., Yen, F. C., Jian, Y. M., Cheng, K. C., & Lee, M. C. (2013). Correlations among social support, depression and anxiety in patients with type 2 diabetes. *The Journal of Nursing Research*, 21(2), 129-138. Accepted for publication date: 28 Nov 2012. (June 2013) <https://doi.org/10.1097/jnr.0b013e3182921fe1>
- Wu, S. F. V. *, Lee, M. C., Liang, S. Y., Chuang, Y. H., Lu, Y. Y., & Wu, M. P. (2012). Self-efficacy, professional commitment, and job satisfaction of diabetic medical care personnel. *Contemporary Nurse*, 43(1), 39-47. (Dec 2012) <http://dx.doi.org/10.5172/conu.2012.43.1.38>
- Wu, S. F. V. *, Lee, M. C., Liang, S. Y., Lu, Y. Y., Wang, T. J., & Tung, H. H. (2011). Effectiveness of a self-efficacy program for people with diabetes: A randomized controlled trial. *Nursing and Health Sciences*, 13(3), 335-343. <https://doi.org/10.1111/j.1442-2018.2011.00625.x>. (SCI and SSCI) (2011 Sep)
- Wu, S. F. V. *, Huang, Y. C., Liang, S. Y., Wang, T. J., Lee, M. C., & Tung, H. H. (2011). Relationships among depression, anxiety, self-care behavior, and diabetes education difficulties in patients with type 2 diabetes: A cross-sectional questionnaire survey. *International Journal of Nursing Studies*, 48, 1376-1383. (SCI and SSCI) <https://doi.org/10.1016/j.ijnurstu.2011.04.008> (2011 Nov)

Chinese:

- 陳孟淇、李梅琛*、陳杏雯、劉月敏 (2022) · 北歐式健走介入心衰竭患者提升六分鐘步行能力之實證照護 · *彰化護理*, 29(2), 117-131。[Chen, M. Q., Lee, M. C. *, Chen, H. W., & Liu, Y. M. (2022). Evidenced-base nursing of Nordic walking exercise intervention for patients with heart failure to promote six-minute walking ability. *Changhua Nursing*, 29(2), 117-131.] [https://doi.org/10.6647/CN.202206_29\(2\).0018](https://doi.org/10.6647/CN.202206_29(2).0018) June2022
- 汪文華、程味兒、吳淑芳、翁芳婷、李梅琛*、黃秀麗 (2022) · 加護病房病人主要照顧者的焦慮、憂鬱、社會支持與其生活品質之關聯 · *北市醫學雜誌*, 19(1), 16-28。[Wang, W. H., Cheng, W. E., Wu, S. F. V., Weng, F. T., Lee, M. C. *, & Huang, H. L. (2021). Relationships among anxiety, depression, social support, and quality of life for family members of main caregivers in intensive care unit. *Taipei City Medical Journal*, 19(1), 16-28.] 20210916 線上發表 Mar2022 [https://doi.org/10.6200/TCMJ.202203_19\(1\).0003](https://doi.org/10.6200/TCMJ.202203_19(1).0003)
- 謝麗君、吳淑芳*、璩大成、李梅琛、吳孟嬪、溫彩苓 (2021) · 糖尿病遊民對疾病知識、社會支持與自我照顧行為之相關性 · *北市醫學雜誌*, 18(4), 413-431。線上發表:1100712 [Hsieh, L. C., Wu, S. F. V., Chu, D. C., Lee, M. C., Wu, M. P., & Wen, T. L. (2021). The association between disease knowledge, social support and self-care behaviors in homeless people with diabetes. *Taipei City Medical Journal*, 18(4), 413-431.] 2021 Dec [https://doi.org/10.6200/TCMJ.202112_18\(4\).0006](https://doi.org/10.6200/TCMJ.202112_18(4).0006)
- 莊麗敏、賴寶琴、謝楠楨、高美錦、李梅琛、吳淑芳* (2021) · 初期慢性腎臟病患者知識與自我照顧行為之相關性 · *臺灣醫學*, 25(5), 569-579。[Chuang, L. M., Lai, P. C., Hsieh, N. C., Kao, M. C., Lee, M. C., & Wu, S. F. V. * (2021). Relationships between knowledge and self-care behavior in patients with early stage chronic kidney disease. *Formosan Journal of Medicine*, 25(5), 569-579.] [https://doi.org/10.6320/FJM.202109_25\(5\).0002](https://doi.org/10.6320/FJM.202109_25(5).0002)
- 劉月敏、李梅琛* (2020) · 血液透析病人復原力之概念分析 · *高雄護理雜誌*, 37(3), 23-32。[Liou, Y. M., & Lee, M. C. * (2020). Resilience in hemodialysis patients: A concept analysis. *The Kaohsiung Journal of Nursing*, 37(3), 23-32.]

[https://doi.org/10.6692/KJN.202012_37\(3\).0003](https://doi.org/10.6692/KJN.202012_37(3).0003)

- 陳燕燕、**李梅琛***、馬麗卿、劉月敏 (2020)．伸展運動介入血液透析患者預防不寧腿症候群再復發之實證照護．*彰化護理*，27(3)，20-33。[Chen, Y. Y., **Lee, M. C.***, Ma, L. C., & Liu, Y. M. (2020). Evidenced-base nursing of stretching exercise intervention for prevention of recurrence of restless leg syndrome in patients with hemodialysis. *Changhua Nursing*, 27(3), 20-33.] [https://doi.org/10.6647/CN202009_27\(3\).0007](https://doi.org/10.6647/CN202009_27(3).0007)
- 汪文華、吳淑芳、蘇景傑、林佳君、**李梅琛*** (2019)．代謝症候群患者之知識、憂鬱與生活品質相關研究．*澄清醫護管理雜誌*，15(3)，22-31。[Wang, W. H., Wu, S. F. V., Su, C. C., Lin, C. C., & Lee, M. C. (2019). Correlations among knowledge, depression, and quality of life in patients with metabolic syndrome. *Cheng Ching Medical Journal*, 15(3), 24-33.] <http://www.airitilibrary.com/Publication/Index/18136702-201907-201907050003-201907050003-24-33>
- 林佳君、吳淑芳*、許中華、**李梅琛**、林英 (2019)．代謝症候群患者與中醫證型之差異分析．*中醫內科醫學雜誌*，17(1)，13-29。[Lin, C. C., Wu, S. F., Hsu, C. H., Lee, M. C., & Lin, Y. (2019). Analysis of differences between patients with metabolic syndrome and TCM syndromes. *Journal of Traditional Chinese Internal Medicine*, 17(1), 13-29.] <http://www.airitilibrary.com/Publication/Index/18186076-201906-201907090014-201907090014-13-29>
- 林佳君、吳淑芳*、許中華、**李梅琛** (2018)．代謝症候群患者生活品質與中醫證型之關係探討．*中醫內科醫學雜誌*，16(2)，1-9。[Lin, C. C., Wu, S. F., Hsu, C. H., & **Lee, M. C.** (2018). Relationships among disease quality of life and TCM syndromes in patients with metabolic syndrome. *Journal of Traditional Chinese Internal Medicine*, 16(2), 1-9.] <http://www.airitilibrary.com/Publication/Index/18186076-201812-01812220012-201812220012-1-9>
- 徐靜儀、鄭菁慧、童恒新、魏崢、陳慧玲、**李梅琛*** (2017)．一位主動脈瓣狹窄老年病患接受經導管主動脈瓣膜置換及永久性心臟節律器放置治療之護理經驗．*彰化護理*，24(4)，48-61。[Hsu, C. I., Cheng, C. H., Tung, H. H., Wei, J., Chen, H. L., & **Lee M. C.** (2017). Nursing experience related to caring for an elderly aortic stenosis patient with transcatheter aortic valve and permanent pacemaker implantations. *Changhua Nursing*, 24(4), 48-61.] [https://doi.org/10.6647/CN.201712_24\(4\).0006](https://doi.org/10.6647/CN.201712_24(4).0006)
- 吳淑芳*、**李梅琛**、游能俊、陳思羽 (2016)．探討醫護人員經訓練後執行自我管理方案對糖尿病患者之成效．*社團法人中華民國糖尿病衛教學會會訊*，12，2-10。
<http://www.tade.org.tw/upload/Jour/1/10512/4.pdf>
- 李梅琛**、盧國城、吳淑芳、謝湘俐、劉月敏* (2016)．自我管理方案對於血液透析病人自我效能提昇與改善憂鬱之成效．*北市醫學雜誌*，13(4)，516-525。[**Lee, M. C.**, Lu, K. C., Wu, S. F. V., Hsieh, H. L., & Liu, Y. M. (2016). Effectiveness of self-management program on improving self-efficacy and depression in patients with hemodialysis. *Taipei City Medical Journal*, 13(4), 516-525] <https://doi.org/10.6200/TCMJ.2016.13.4.05>
- 羅翎君、**李梅琛***、李惠蘭 (2015)．運用紐曼系統模式於一位胰頭癌併發膽管炎病人之護理經驗．*馬偕護理雜誌*，9(1)，54-65。[Lo, L. C., **Lee, M. C.**, & Lee, H. L. (2015). The nursing care of a pancreatic head cancer patient with cholangiolitis using the Neuman systems model. *Journal of MacKay Nursing*, 9(1), 54-65.]
- 李育勤、吳淑芳*、**李梅琛**、陳甫安、姚彥宏、王卿凌 (2014)．以系統性文獻回顧方式建構慢性腎臟病之自我管理方案．*護理雜誌*，61 (6)，66-77。[Lee, Y. C., Wu, S. F. V., **Lee, M. C.**, Chen, F. A., Yao, Y. H., & Wang, C. L. (2014). The use of systematic review to develop a self-management program for CKD. *The Journal of Nursing*, 61(6),

66-77]

- 吳淑芳、**李梅琛***、張靜芬、蔡秀鸞 (2014)．不同學制護理學生運用「案例分析教學方案」於內外科護理學之滿意度．*馬偕護理雜誌*，8(1)，15-27。[Wu, S. F. V., **Lee, M. C.**, Chang, C. F., & Tsay, S. L. (2014). Satisfaction survey for the comparison of “case analysis teaching” on medical-surgical nursing applied to different education systems. *Journal of Mackay Nursing*, 8(1), 15-27]
- 吳淑芳、梁淑媛、李玉嬋、**李梅琛***、余仁龍 (2013)．糖尿病患者自我效能與情緒困擾之相關因素．*北市醫學雜誌*，10(2)，120-131。[Wu, S. F. V., Liang, S. Y., Li, Y. C., **Lee, M. C.**, & Yu, J. L. (2013). Correlation between self-efficacy and psychological distress among patients with diabetes. *Taipei City Medical Journal*, 10(2), 120-131]
- 吳淑芳、李玉嬋、**李梅琛***、莊宇慧、余仁龍(2012)．糖尿病病人憂鬱症之評估與處置．*臺灣醫學*，16(4)，425-431。[Wu, S. F. V., Li, Y. C., **Lee, M. C.**, Chuang, Y. H., & Yu, J. L. (2012). Assessment and intervention of depression for patients with diabetes. *Formosan Journal of Medicine*, 16(4), 425-431]
- 李梅琛***、陳志昊、徐淑金 (2012)．肢端紅痛症併發凍傷病人之護理經驗．*北市醫學雜誌*，9(2)，161-174。[**Lee, M. C.**, Chen, C. H., & Hsu, S. C. (2012). Nursing care for an Erythromelalgia patient with frostbite. *Taipei City Medical Journal*, 9(2), 161-174.]
- 李梅琛***、梁嘉德、李鈞汾、王芳婷 (2012)．肝癌局部治療及其照護．*腫瘤護理雜誌*，12(1)，1-11。[**Lee, M. C.**, Liang, J. D., Lee, P. F., & Wang, F. T. (2012). Local ablative treatments and nursing care of hepatocellular carcinoma. *The Journal of Oncology Nursing*, 12(1), 1-11]
- 吳淑芳、**李梅琛*** (2011)．護理教材之案例分析與應用．*馬偕護理雜誌*，5(2)，7-17。[Wu, S. F., & **Lee, M. C.** (2011). Use of case studies in nursing education. *Journal of Mackay Nursing*, 5(2), 7-17]
- 吳淑芳、**李梅琛***、張靜芬、劉桂芬、蔡秀鸞 (2010)．「案例分析創意教學」應用於內外科護理學之滿意度調查．*醫護科技期刊*，12(2)，120-136。[Wu, S. F., **Lee, M. C.**, Chang, C. F., Liu, K. F., & Tsay, S. L. (2010). Satisfaction survey of “creative teaching of case study” in medical-surgical nursing. *The Journal of Health Sciences*, 12(2), 120-136.]
- 李梅琛***、李明德、徐淑金 (2009)．運用紐曼系統模式照護一位眼帶狀疱疹患者之護理經驗．*馬偕護理雜誌*，3(2)，87-97。[**Lee, M. C.**, Lee, M. D., & Hsu, S. C. (2009). Caring for a patient with herpes zoster ophthalmicus using the Neuman systems model. *Journal of Mackay Nursing*, 3(2), 87-97.]
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