

CURRICULUM VITAE

PERSONAL DATA

Name: Chien Yu Lai, RN, PhD.
 Current Position: Associate Professor
 Working Address: 365, Mingde Rd., Beitou District, Taipei City 112303
 Phone (Office): 886-2-2822-7101 Ext. 3315
 E-mail Address: chienlai@ntunhs.edu.tw

EDUCATION

Duration	Institution & Location	Degree	Major Subject
2001-2005	Case Western Reserve University School of Nursing, Cleveland, Ohio, USA	Ph.D.	Nursing
1994-1996	National Taiwan University School of Nursing, College of Medicine, Taipei, Taiwan,	MSN	Psychiatric Nursing
1988-1992	Kaohsiung Medical University College of Nursing Kaohsiung, Taiwan	BSN	Nursing

SPECIALTIES & RESEARCH INTERESTS

1. Psychiatric & Mental Health Nursing
2. Resourcefulness
3. Depression
4. Motivational Interviewing
5. Social Interest

PUBLICATIONS

Journals

1. Navales, J. V., Jallow, A. W., **Lai, C. Y.**, Liu, C. Y., & Chen, S. W. (2021). Relationship between Quality of Nursing Work Life and Uniformed Nurses' Attitudes and Practices Related to COVID-19 in the Philippines: A Cross-Sectional Study. *International Journal of Environmental Research and Public Health*, 18(19), 9953. <https://doi-org.utorpa.ntunhs.edu.tw/10.3390/ijerph18199953> (SSCI)
2. Fu, C. M., Hsu, P. C., Lu, M. R., Huang, L. L., Kuo, M. H., ***Lai, C. Y.** (2021). The Effects of a Clinical Training Program of Group Psychotherapy. *Journal of MacKay Nursing*, 15(2), 1-10. doi: [http://dx.doi.org/10.29415%2fJMK.N.202107_15\(2\).0001](http://dx.doi.org/10.29415%2fJMK.N.202107_15(2).0001) [Chinese]
3. **Lai, C. Y.** (2021). Resourcefulness theory and its research and application in psychiatric and mental health nursing. *The Journal of Nursing*, 68(1), 6-12. [https://doi.org/10.6224/JN.202102_68\(1\).02](https://doi.org/10.6224/JN.202102_68(1).02) [Chinese]
4. **Lai, C. Y.** (2021). Creative theory in psychiatric & mental health nursing, alternative teaching model, and a new breakthrough in psychiatric home care nursing. *The Journal of Nursing*, 68(1), 4-5.] [https://doi.org/10.6224/JN.202102_68\(1\).01](https://doi.org/10.6224/JN.202102_68(1).01) [Chinese]
5. Wu, L.-C., **Lai, C. Y.**, Huang, C.-J., Chou, F. H.-C., Yu, E. T., & Yu, C.-Y. (2020). Psychological distress and diabetes self-management in patients with type 2 diabetes and comorbid serious mental illness. *Archives of Psychiatric Nursing*, 34(4), 218-223. <https://doi.org/10.1016/j.apnu.2020.04.013> (SCI/SSCI)
6. Hsieh, W. L., Lee, S. K., Chien, W. T., *Liu, W. I., **Lai, C. Y.**, & Liu, C. Y. (2019). Mediating Effect Of The Motivation For Medication Use On Disease Management And Medication Adherence Among Community-Dwelling Patients With Schizophrenia. *Patient Preference and Adherence*, 13, 1877-1887. <https://doi.org/10.2147/PPA.S218553> (SCI)
7. Yu, C. Y., **Lai C. Y.**, Chang, Y. S., Wu, C. K., *Chung, F. C. (2019) The symptoms, resourcefulness and quality of life in community-based patients with schizophrenia. *Journal of Clinical Nursing*, 28(19-20), 3582-3589. <https://doi.org/10.1111/jocn.14953> (SSCI)
8. Chen, T-Y., Hung, T-M., & ***Lai, C. Y.** (2019). The Application of Motivational Interviewing in Nursing Management and Leadership. *Leadership Nursing*, 20(2), 3-16. [Chinese]
9. Yang, F. Y., ***Lai, C. Y.**, Yen, C. F., Hsu, Y. Y., & Zauszniewski, J. A. (2017). The depressive symptoms, resourcefulness, and self-harm behaviors of adolescents. *Journal of Nursing Research*, 25(1), 41-50. doi:10.1097/jnr.000000000000127 (SSCI)

10. Huang, M. J, ***Lai, C. Y.**, Chen, C. S., Chen, S. F., & Lin, Y. J. (2015). The Effects of Nursing Counseling at Home on the Burden of Dementia Caregivers. *The Journal of Psychiatric Mental Health Nursing*, 10(2), 19-25. [Chinese]
11. Tseng, H. W, ***Wu, C. C.**, Wong, H. Y., **Lai, C. Y.**, & Chen, S. L. (2015). The Effectiveness of Rational-Emotive Group on Irrational Belief and Depression of Students in a Nursing College- A Preliminary Study. *The Journal of Psychiatric Mental Health Nursing*, 9(2), 12-19. [Chinese]
12. Wang, S. M., ***Lai, C. Y.**, Chang, Y. Y., Huang, C. Y., Zauszniewski, J. A., & Yu, C. Y. (2015). The relationships among work stress, resourcefulness, and depression level in psychiatric nurses. *Archives of Psychiatric Nursing*, 29(1), 64-70. DOI: <http://dx.doi.org/10.1016/j.apnu.2014.10.002> (SSCI)
13. Cheng, H. C., Lin, K. C., Huang, C. J., Tang, T. C., Lee, L. L., & ***Lai, C. Y.** (2014). The effect of biofeedback therapy on depression and anxiety levels in depressive outpatients. *Journal of Nursing and Healthcare Research*, 10(4), 295-305. doi:10.6225/ JNHR.10.4. [Chinese]
14. **Lai, C. Y.**, Zauszniewski, J. A., Tang, T. C., Hou, S. Y., Su, S. F., & Lai, P. Y. (2014). Personal beliefs, learned resourcefulness, and adaptive functioning in depressed adults. *Journal of Psychiatric and Mental Health Nursing*, 21(3), 280-287. DOI: 10.1111/jpm.12087 (SSCI)
15. Yen, C. F., **Lai, C. Y.**, Ko, C. H., Liu, T. L., Tang, T. C., Wu, Y. Y., & *Yang, P. (2014). The Associations between Suicidal Ideation and Attempt and Anxiety Symptoms and the Demographic, Psychological and Social Moderators in Taiwanese Adolescents. *Archives of Suicide Research: Official Journal Of The International Academy For Suicide Research*, 18(1), 104-116. doi:10.1080/13811118.2013.824826. (As the first author) (SSCI)
16. Wang, M. H., Lee, C. H., **Lai, C. Y.**, Chueh, K. H., Yen, C. F., & *Yang, M. S. (2014). Harmful Alcohol Use Among Aboriginal People in Southern Taiwan: The Prevalence, Correlates, and Adverse Drinking Effects. *Journal of Addictions Nursing*, 25(1), 41-47. doi:10.1097/JAN.000000000000021. (SSCI)
17. Yu, C. Y., Hung, C. H., Chan, T. F., Yeh, C. H., & **Lai, C. Y.** (2012). Prenatal predictors for father–infant attachment after childbirth. *Journal of Clinical Nursing*, 21(11/12), 1577-1583. DOI: 10.1111/j.1365-2702.2011.04003.x (SSCI)
18. Yen, C. F., Yang, M. S., **Lai, C. Y.**, Chen, C. C., Yeh, Y. C., & Wang, P. W. (2012). Alcohol Consumption after the Recognition of Pregnancy and Correlated Factors among Indigenous Pregnant Women in Taiwan. *Maternal and Child Health Journal*, 16(2), 528-538. doi: 10.1007/s10995-011-0747-3 (SSCI)
19. Chang, J. H., & ***Lai, C. Y.** (2011). Applying an Integrated Family Assessment Tool for Schizophrenic patients in a Community Rehabilitation Center. *The Kaohsiung Journal of Nursing*, 28(1) , 35-48. [Chinese]

20. Lin, S. T., Yang, P., **Lai, C. Y.**, Su, Y. Y., Yeh, Y. C., Huang, M. F., & Chen, C. C. (2011). Mental Health Implications of Music: Insight from Neuroscientific and Clinical Studies. *Harvard Review of Psychiatry*, 19(1), 34-46. doi: 10.3109/10673229.2011.549769. (SSCI)
21. **Lai, C. Y.**, Su, Y. Y., Lin, S. T., *Yu, C. Y., & Lin, Y. C. (2010). Music and Restraint: Emotional Control Effects on Psychiatric Patients Kept in Seclusion. *Journal of Nursing and Healthcare Research*, 6(4), 308-318. [Chinese]
22. Wang, S. M., ***Lai, C. Y.** (2010). Applying Neuman's Systems Model to a Neuroleptic Malignant Syndrome Psychiatric Patient and His Caregiver. *The Journal of Nursing*, 57(2) supplement, 9-15. [Chinese]
23. Yen, J. Y., Yang, M. S., Wang, M. H., **Lai, C. Y.**, & Fang, M. S. (2009). The associations between menopausal syndrome and depression during pre-, peri-, and postmenopausal period among Taiwanese female aborigines. *Psychiatry and Clinical Neurosciences*, 63(5), 678-684. doi: 10.1111/j.1440-1819.2009.02001.x (SSCI)
24. Huang, C. Y., Perng, S. J., Chen, H. F., & **Lai, C. Y.** (2008). The Impact of Learned Resourcefulness on Quality of Life in Type II Diabetic Patients: A Cross-Sectional Correlational Study. *Journal of Nursing Research*, 16(4), 264-274. (SSCI)
25. Zauszniewski, J. A., Bekhet, A. K., **Lai, C. Y.**, McDonald, P. E., & Musil, C. M. (2007). Effects of Teaching Resourcefulness and Acceptance on Affect, Behavior, and Cognition of Chronically Ill Elders. *Issues in Mental Health Nursing*, 28(6), 575-592.
26. Zauszniewski, J. A., **Lai, C. Y.**, & Tithiphontumrong, S. (2006). Development and Testing of the Resourcefulness Scale for Older Adults. *Journal of Nursing Measurement*, 14(1), 57-68.
27. Chuang, L. Y., **Lai, C. Y.**, & Yu, S. K. (2002). Applying Narrative Therapy in a Patient with Major Depression. *Chinese Journal of Mental Health*, 15(1), 73-82. [Chinese](TSSCI)
28. Ma, T. C., & **Lai, C. Y.** (2000). A Nursing Experience of Chronic Schizophrenic Patient in Day-care Ward. *The Journal of Midwifery*, 43, 50-57. [Chinese]
29. Shiau, S. J., **Lai, C. Y.**, & Yen, I. Y. (1997). Stress Adaptation of Nurses Caring for AIDS Patients. *Formosan Journal of Medicine*, 1(3), 373-378. [Chinese]
30. **Lai, C. Y.**, Huang, P. L., & Hsiung, P. C. (1994). Applying Play Therapy in Helping a Cyclic Vomiting Schoolager to Pass through a Bio-Psycho-Social Crisis. *The Journal of Nursing*, 41(4), 49-55. [Chinese]

Conference

1. *Lai, C. Y., Lee, P. H., Yu, C. Y., Wu, C. C., & Fang, D. (2024). *The Relationships among Interpersonal Competence, Resourcefulness, and Depression Levels in College Students*. Honor Society of Nursing, Sigma Theta Tau International 35th International Nursing Research Congress: Sharing Insights, Advancing Care: Disseminating Nursing Research and Evidence for the Future. Sentosa Island, Singapore.
2. Huang, Y. G., *Lai, C. Y., Kuo, L. F., & Cheng, Y. S. (2024). *How work training program influence the quality of life in day care chronic psychiatric patients?* Honor Society of Nursing, Sigma Theta Tau International 35th International Nursing Research Congress: Sharing Insights, Advancing Care: Disseminating Nursing Research and Evidence for the Future. Sentosa Island, Singapore.
3. Kao, H., & *Lai, C. Y. (2024). *The effects of resourcefulness group intervention on recovery, quality life in patients with chronic schizophrenia*. Honor Society of Nursing, Sigma Theta Tau International 35th International Nursing Research Congress: Sharing Insights, Advancing Care: Disseminating Nursing Research and Evidence for the Future. Sentosa Island, Singapore.
4. Lee, S. Y., *Lai, C. Y., & Yen, C. F. (2022). *The relationships among cognitive function, resourcefulness, and recovery of schizophrenic patients in the community*. The 7th International Nursing Research Conference of WANS; Nurses Together for Global Challenges: Leading Nursing Science and Knowledge Generation Post Global Pandemic. Taipei, Taiwan.
5. Chen, T. Y., *Lai, C. Y., Lee, M. Y., & Chueh, K. H. (2022). *Experience of Women with Alcohol Addiction in Alcohol Abstinence Process*. Honor Society of Nursing, Sigma Theta Tau International 33rd International Nursing Research Congress: Transforming Global Nursing Knowledge Through Research, Scholarship, and Innovation. Edinburgh, Scotland, UK.
6. Huang, Y. C., *Lai, C. Y., Liu, C. Y., & Liang, H. Y. (2020). *Mediating Effect of Resourcefulness on the Relationship between Work Pressure and Turnover Intention in Nurses*. 2020 Taiwan International Nursing Conference Endorsed by ICN; The Vital Roles of Nurses in Global Health. Taipei, Taiwan.
7. Huang, X. Y., Chien, C. H., Lai, C. Y., Lin, Y. J., & Lee, K. T. (2020, September, 9-11). *Exploring the Effect of Flipped Classroom Teaching Mode in the Course of Caring and Communication*. 2020 Taiwan International Nursing Conference Endorsed by ICN; The Vital Roles of Nurses in Global Health, Oral presentation. Taipei, Taiwan.
8. Cheng, W. Y., & *Lai, C. Y. (2018). *The relationship between resourcefulness and information seeking in families of patients at intensive care units*. Honor Society of Nursing, Sigma Theta Tau International 29th International Nursing Research Congress; Global Nursing Practice and Education Through Research and Evidence-Based Practice. Melbourne, Australia.

9. Ruan, S. H., & *Lai, C. Y. (2016). *Predictors of difficulties in care of patients with suicide attempts*. The 32nd Annual Nursing Research Conference. Taichung, Taiwan.
10. Fu, C. M., *Lai, C. Y., Su, S. F., Rong, J. R., Yen, C. F., Lu, M. Z., & Chang, H. F. (2015). *The effects of multimedia educational intervention about therapeutic relationship development and psychotic symptoms assessment on the clinical capacity of new psychiatric nurses*. World Psychiatric Association International Congress (WPAIC) 2015 Conference. Taipei, Taiwan.
11. Li, P. S., *Lai, C. Y., Lai, P. Y., Tang, Y., Chang, Y. Y., & Jone, K. Y. (2015). *The Change Of Resourcefulness And Anticipatory Grief In Patients With Advanced Cancer And Their Families*. The International Council of Nurses (ICN) 2015 Conference. Seoul, Republic of Korea.
12. Hsu, S. W., *Lai, C. Y., Chiou, C. J., Chou, F. T., Wu, C. K., Lee, S. Y. (2015). *Caregiver Burden, Resourcefulness And Depression Level In Caregivers Of Patients With Mental Illness*. The International Council of Nurses (ICN) 2015 Conference. Seoul, Republic of Korea.
13. Lin, C. C., Chen, K. L., & Lai, C. Y. (2014). *Lived Experiences of Hemodialysis Patients Who Have Received Kidney Transplant in Taiwan*. Asia Pacific Nursing Research Conference (APNRC). Taipei, Taiwan.
14. Lin, C. C., Chen, K. L., & Lai, C. Y. (2014). *Lived Experiences of Hemodialysis Patients Who Have Received Kidney Transplant in Taiwan*. The 8th ICN INP/APNN Conference. Helsinki, Finland.
15. Chien, C. O., & *Lai, C. Y. (2014). *Using Field Theory to explore the resourcefulness of patients with depression*. Honor Society of Nursing, Sigma Theta Tau International 25th International Nursing Research Congress; Engaging Colleagues: Improving Global Health Outcomes. Hong Kong, China.
16. Cheng, H. C., & *Lai, C. Y. (2013). *Effects of Biofeedback Nursing Intervention on Depression and Anxiety of Patients With Depression*. The 29th Annual Nursing Research Conference. Taichung, Taiwan.
17. Yang, M. S., Wang, M. H., Lai, C. Y., & Yen, C. F. (2013). *Gender difference in harmful alcohol use and adverse drinking consequences among Taiwanese aborigines*. The 21th European Congress of Psychiatry. Nice, France.
18. Yang, M. S., Yen, J. Y., Wang, M. H., Lai, C. Y., & Fang, M. S. (2012). *The Associations between Menopausal Syndrome and Depression during Pre-, Peri-, and Postmenopausal Period among Taiwanese Female Aborigines*. The 20th European Congress of Psychiatry. Prague, Czech.
19. Yang, M. S., Wang, M. H., Yen, C. F., Lai, C. Y., & Chueh, K. H. (2012). *Harmful alcohol consumption among community-dwelling aborigines in southern Taiwan: prevalence and risk factors*. Honor Society of Nursing, Sigma Theta Tau International 23rd International Nursing Research Congress: Creating a Legacy through Nursing Research, Innovation and Global Collaboration. Brisbane, Australia.

20. **Lai, C. Y.**, Tang, T. C., Hou, S. Y., & Su, S. F. (2011). *Effects of Personal Beliefs and Resourcefulness on Adaptive Functioning in Depressed Adults in Taiwan*. Honor Society of Nursing, Sigma Theta Tau International, 22nd International Nursing Research Congress. Cancun, Mexico.
21. Hsu, W. N., & ***Lai, C. Y.** (2011). *Perceived Caring from Nurses and Resourcefulness in Patients with Depression in Taiwan*. Honor Society of Nursing, Sigma Theta Tau International, 22nd International Nursing Research Congress. Cancun, Mexico.
22. Liu, C. F., **Lai, C. Y.**, Shieh, S. L., Tsai, T. Y., Hung, C. H., & Hsu, M. T. (2011). *A Profile of Field Energy, Ability to Perform Activities of Daily Living, and Anxiety, and the Efficacy of Therapeutic Back Massage (TBM) Following a Sudden Episode of Physical Disablement*. Honor Society of Nursing, Sigma Theta Tau International, 22nd International Nursing Research Congress. Cancun, Mexico.
23. Wang, S. M., & ***Lai, C. Y.** (2011). *Work Stress, Resourcefulness, and Depression Level of Psychiatric Nurses in Taiwan*. The International Council of Nurses (ICN) 2011 Conference. La Valeta, Malta.
24. **Lai, C. Y.**, Su, Y. Y., Lin, F., & Yu, C. Y. (2008). *The Effects of Music on Psychiatric Patients' Emotional Control*. The 1st International Conference on Workplace Violence in the Health Sector. Amsterdam, Netherlands.
25. **Lai, C. Y.**, Zauszniewski, J. A., Morris, D. L., Brady, N., & McCallum, T. J. (2006). *Learned Resourcefulness, Cognitive Processes, and Adaptive Functioning in Depressed Adults*. 30th MNRS Annual Research Conference. Milwaukee, WI. USA.
26. Zauszniewski, J. A., **Lai, C. Y.**, & Tithiphontumrong, S. (2006). *Development and Testing of the Resourcefulness Scale for Older Adults*. 30th MNRS Annual Research Conference. Milwaukee, WI.
27. **Lai, C. Y.**, & Zauszniewski, J. A. (2005). *Learned Resourcefulness, Cognitive Processes, and Adaptive Functioning in Depressed Adults*. Research ShowCASE 2005. Case Western Reserve University, Cleveland, OH.
28. **Lai, C. Y.**, & Zauszniewski, J. A. (2004). *The Effect of Learned Resourcefulness on the Relationship between Cognitive Processes and Adaptive Functioning in Depressed Adults*. 28th MNRS Annual Research Conference. St. Louis, MO.
29. Suresky, M. J., Zauszniewski, J. A., & **Lai, C. Y.** (2004). *Sense of Coherence and Quality of Life in Family Members of the Seriously Mentally Ill*. Poster presentation at University Hospital of Cleveland, May 12, 2004. Cleveland, OH.
30. Zauszniewski, J. A., **Lai, C. Y.**, Vealadee, U., McDonald, P. E., Musil, C. M., Brady, N., & DeHelian, L. (2004). *The Effects of Teaching Resourcefulness and Acceptance on Affect, Behavior, and Cognition of Chronically Ill Elders*. 2004 National State of the Science Congress in Nursing Research, Council for the Advancement of Nursing Science (CANS), Oct. 7-9, 2004, Washington, DC. & 18th Annual conference, American Psychiatric Nurses Association (APNA), October 13-15, 2004, Phoenix, AZ. USA.

RESEARCH PROJECTS

1. Principal Investigator, **“Resourcefulness, Depression Levels, and Spiritual Health in Older Adults with Depression.”**, Taiwan Adventist Hospital, Taiwan (2023/12/01-2024/11/30), NSTC TAH-112-PR-11.
2. Principal Investigator, **“The effects of resourcefulness intervention group on the interpersonal competence, relationship adjustment, and negative emotion in college students.”**, National Science and Technology Council, Taiwan (2022/8/1-2023/12/31), NSTC 111-2635-B-227-001.
3. Co-investigator, **“Resourcefulness, Career Adaptability, Intention to Stay and Actually Stay Trajectory in Nursing Graduates: A Longitudinal and Theoretical Model Test Study.”** (PI: Liang, H. Y.), Shin Kong Wu Ho-Su Memorial Hospital (2021/1/1-2022/12/31), 110D005-4
4. Co-investigator, **“Developing and Testing of Integrating Self-Determination Theory and Motivational Interviewing Based Diabetic Interventions for Schizophrenic Patients with Diabetes”** (PI: Yu, C. Y.), National Science and Technology Council, Taiwan (2020/8/1-2021/7/31), NSTC 109-2635-B-037-006