

CURRICULUM VITAE

PERSONAL DATA

Name: Miao Yen Chen, RN, PhD.
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EDUCATION

Duration	Institution & Location	Degree	Major Subject
2004-2013	National Yang- Ming University, Department of Nursing, College of Nursing, Taipei, Taiwan	Ph.D.	Nursing Lone-Term Care Geriatric Nursing
1997-1998	National Yang- Ming University, School of Nursing, Institute of Clinical Nursing, Taipei, Taiwan	MSN	Long-Term Care Rehabilitation Nursing
1992-1995	National Yang- Ming University, Department of Nursing, College of Nursing, Taipei, Taiwan	BSN	Nursing

SPECIALTIES & RESEARCH INTERESTS

1. Long-Term Care
2. Geriatric Nursing
3. Rehabilitation Nursing
4. Swallowing Rehabilitation

PUBLICATIONS

Journals

1. Hidayat, J., **Chen, M. Y.**, Pfeiffer, S., & Dewi, Y. S. (2026). The benefit of physical exercise in improving quality of life, VO2 max and sleep quality among older adults

- living with HIV; A systematic review and meta-analysis, *Geriatric Nursing*, 72, 104159. <https://www.sciencedirect.com/journal/geriatric-nursing> (SSCI & SCIE)
2. Pan, W. S., Lin, H. R., & **Chen, M. Y.*** (2026). Effectiveness of the SHARE model in improving the knowledge of, attitudes toward, intention to provide, and initiation of hospice care among caregivers of terminally ill patients with the eight major non-cancer diseases. *OMEGA - Journal of Death and Dying*, 92(4), 1859–1881. <https://doi.org/10.1177/00302228231214305> (SSCI, Impact Factor: 1.5)
 3. HIDAYAT, J., **Chen, M. Y.***, Liu, C. Y., Liu, W. I., Chen, K. M., Chiou, P. Y., & Pfeiffer, S. (2026). Exploring yoga intervention in reducing stress and improving coping self-efficacy of PLWH: A randomized controlled trial. *Journal of Nursing Research*, [34\(1\):p e434](#) DOI: 10.1097/jnr.0000000000000719 (SCIE & SSCI)
 4. 張宸瑄、**陳妙言*** (2025) • 脊髓梗塞病人接受運動訓練與神經照護改善神經復原能力之護理經驗，*榮總護理*，42(4)，387-393。
[https://doi.org/10.6142/VGHN.202512_42\(4\).0007](https://doi.org/10.6142/VGHN.202512_42(4).0007)
 5. HIDAYAT, J., **Chen, M. Y.***, Liu, C. Y., Liu, W. I., Chen, K. M., Chiou, P. Y., & Pfeiffer, S. (2026). Exploring yoga intervention in reducing stress and improving coping self-efficacy of PLWH: A randomized controlled trial. *Journal of Nursing Research*, [34\(1\):p e434](#) DOI: 10.1097/jnr.0000000000000719 (SCIE & SSCI)
 6. 黃冠惟、陳怡如、**陳妙言**、楊曼華* (2025) • 改善資訊系統以提升居家長照機構服務申報之時效性及滿意度，*福祉科技與服務管理學刊*，13(1)，1-16。
doi:10.6283/JOCSG.202501_13(1).21
 7. Wang, J. J., **Chen, M. Y.***, Chen, P. R., & Liu, C. Y. (2025). Evaluating the Impact of Modified Care Meals on the Quality of Life in Older Adults with Chewing Disorders during Early Stages of Frailty. *Clinical Nutrition ESPEN*, 69 (2025) 342–349. <https://doi.org/10.1016/j.clnesp.2025.07.005> (ESCI, IF:2.6)
 8. Wu, Y. T., **Chen, M. Y.***, & Huang, Y. C., & Liu, C. Y. (2025). Effectiveness of applying the theory of planned behavior with yoga program on the physical activity and mental health of the pre-frailty older adults. *International Journal of Yoga*, 18(1): p 27-37. DOI: 10.4103/ijoy.ijoy_190_24 (ESCI, IF:1.1)
 9. Chen, H. Y., Tu, M. H.*, & **Chen M. Y.** (2024). Using the Mobile Health App to Enhance the Effectiveness of Bowel Preparation: Development and Usability Study. *JMIR Human Factors*, 26/11/2024:58479 (forthcoming/in press), DOI: [10.2196/58479](https://doi.org/10.2196/58479) (ESCI, IF: 2.6)
 10. Chen, H.-Y., Tu, M.-H.*, **Chen, M.-Y.** (2024). Effectiveness of a Mobile Health Application for Educating Outpatients about Bowel Preparation, *Healthcare*, 12(14),

1374. DOI: [10.3390/healthcare12141374](https://doi.org/10.3390/healthcare12141374), <https://www.mdpi.com/journal/healthcare> (SCIE & SSCI IF: 2.4)
11. 吳雅婷、陳妙言* (Jun, 2024)•運用多元活動實證介入方案於一位失智症長者之護理經驗•長庚護理雜誌，35 卷 2 期，1-11。
<https://doi.org/10.6386/CGN.202405/PP.0007>
 12. Woo, S. C., **Chen, M. Y.***, Chen, L. K., & Liu, C. Y. (2024). Effectiveness of Resistance Band Use in Conjunction with Tai Chi Among Older Adults With Prefrailty to Improve Functional Fitness、Quality of Life and Heart Rate Variability. *Journal of Gerontological Nursing*, 50(5), 19~26. (SSCI/SCIE, Impact Factor: 1.1)
 13. Pan, W. S., Lin, H. R., & **Chen, M. Y.*** (2023). Effectiveness of the SHARE model in improving the knowledge of, attitudes toward, intention to provide, and initiation of hospice care among caregivers of terminally ill patients with the eight major non-cancer diseases. *OMEGA - Journal of Death and Dying*, Vol.0(0), 1–23. Online ahead of print. Published Online: 2023-11-08 DOI: 10.1177/00302228231214305
journals.sagepub.com/home/ome (SSCI, Impact Factor: 1.5)
 14. Hidayat, J., **Chen, M.-Y.***, Pranata, S. (2023). The effect of YOGA on reducing stress and improving CD4 counts among people with HIV: A systematic review and meta-analysis. *Jurnal Keperawatan Soedirman*, 18(2), 101-110.
DOI: <https://doi.org/10.20884/1.jks.2023.18.2.7331>
 15. HIDAYAT, J., **Chen, M. Y.***, MAULINA, R., & NURBAYA, S. (2023). Factors associated with HIV-related Stigma among Indonesian Healthcare Workers: A Cross-sectional Online Questionnaire Survey, *Journal of Nursing Research*, 31(5), p. e 295.
DOI: <https://doi.org/10.1097/jnr.0000000000000573> (SCIE & SSCI, Impact Factor: 2.4)
 16. **Chen, M. Y.*** (2023). Exploring Learning Outcomes in Building Dysphagia Care Competence with Augmented Reality-based Digital Learning Materials, *The Journal of Health Sciences*, 9(2), 1-9。 [https://doi.org/10.6979/TJHS.202303_9\(2\).0001](https://doi.org/10.6979/TJHS.202303_9(2).0001)
 17. Hidayat, J., Huang, X. Y., Lin, H. R., Wei, S. J., **Chen, M. Y.***, Pranata, S. (2022). Exploring the Experience of Stigma among People Living with HIV in Bali, Indonesia: A Qualitative Phenomenological Study, *Makara Journal of Health Research*, 26(1):44–50. [http://doi.org/10.7454/msk.v26i1.1331](https://doi.org/10.7454/msk.v26i1.1331) (ESCI, Impact Factor: 0.3)
 18. Liu, T. T., **Chen, M. Y.**, Chang, Y. M., & Lin, M. H*. (2022). A Preliminary Study on the Cultural Competence of Nurse Practitioners and Its Affecting Factors, *Healthcare*, 10(4), 678; <https://doi.org/10.3390/healthcare10040678> (SCIE & SSCI, Impact Factor 2.4)

19. 潘雯秀、陳妙言* (2021)•協助一位社區衰弱長者以實證介入方式改善下肢肌力延緩失能之照護經驗•榮總護理，38(1)，63~70。
DOI： [10.6142/VGHN.202103_38\(1\).0007](https://doi.org/10.6142/VGHN.202103_38(1).0007)
20. **Chen, M.-Y.***, Chou, S.-L., Mu, P.-F., Wang, S.-C., Chang, M.-Y., Lin, H.-H., Chen, K.-H., Hsu, S.-Y., Chen, H.-C., Yang, K.-L., Lee, S.-H., & Lu, N.-J. (2021). Effectiveness of Applying Evidence-based Guidelines for Nurses Training on Nasogastric Tube Care. *Journal of Continuing Education in Nursing*, 52(7). 326~334.
<https://doi.org/10.3928/00220124-20210611-07> (SCIE & SSCI, Impact Factor 1.10)
21. Wang, S. J., & **Chen, M. Y.*** (2020). The effects of sunlight exposure therapy on the improvement of depression and daily activity function in post-stroke patients: A RCT Study. *Heliyon*, Volume 6, Issue 7, July 2020, e04379.
<https://doi.org/10.1016/j.heliyon.2020.e04379> (SCIE, Impact Factor: 3.4)
22. 巫尚哲、陳妙言* (2020)•接受外科治療老年人的周全性老年評估 Comprehensive geriatric assessment for older people admitted to a surgical service•健康科技期刊，第六卷第二期，Cochrane Corner。
23. 簡翠微、劉桂芬、林慧珍、林文絹、林季宜、陳妙言*(2014)•「紮根、困頓、成長」——新手護生的臨床實習經驗•健康科技期刊，2(1)，1-19。
24. 林慧珍、林季宜、簡翠薇、劉桂芬、陳妙言、林文絹(2013)•選擇方法、等待成長——基本護理學實習教師之教學經驗•護理雜誌，60(1)，38-47。
25. 陳春卿、陳妙言* (2012)•應用感官刺激於一位機構腦性麻痺住民之護理經驗•長期照護雜誌，16 (3)，317-329。
26. **Chen, M. Y., & Lin, L. C.** (2012). Nonimaging Clinical Assessment of Impaired Swallowing in Community-Dwelling Older Adults in Taiwan. *The Journal of Nursing Research*, 20(4), 272-280. (SCIE & SSCI)
27. 林慧珍、林季宜、劉桂芬、簡翠薇、陳妙言、林文絹(2012)•講究方法——等待成長——基本護理實習教師之輔導經驗•護理教育與實證研究全文論文集，1，1-11。
28. 簡翠薇、劉桂芬、林慧珍、林文絹、林季宜、陳妙言* (2012)•從門外漢到新手護生的學習經驗•護理教育與實證研究全文論文集•1，12-34。
29. 周成蕙、吳淑芳、梁淑媛、鍾美玲、陳妙言、陳美玲、高千惠、蔡秀鸞(2010)•護生對內外科臨床護理能力鑑定考試之評價•護理雜誌，57(3)，43-50。
30. 陳妙言、林麗嬋(2010)•吞嚥障礙之概念分析•護理雜誌，57(1), 100-105。
31. 吳淑芳、鍾美玲、陳妙言*、周成蕙、梁淑媛、陳美玲、蔡秀鸞(2009)•護理系學生對內外科護理臨床能力鑑定考試滿意度調查之前趨性初探•護理暨健康照護研究，5(4)，283-292。

32. **Chen, M. Y.**, Poster presentation: non-imaged clinical assessment for swallowing impaired with community elderly people. 11th East Asian Forum on Nursing Science (EAFONS) Annual Conference in Kaohsiung, Taiwan, February 28-29, 2008.
33. Lin, L. C., Wang, T. C., **Chen, M. Y.**, Wu, S. C., & Portwood, M. J. (2005). Depressive symptoms in long-term care residents in Taiwan. *Journal of Advanced Nursing*, 51(1), 30-37. (SCI & SSCI)
34. Lin, L.C., Wang, S.C., Chen, S.H., Wang, T.G., **Chen, M.Y.** & Wu, S.C. (2003). Efficacy of swallowing training for residents following strokes. *Journal of advanced Nursing*. 44(5), 469-478. (SCI & SSCI)
35. Lin, L.C., Wu, S.C., Shen Chen, H., Wang, T.G., & **Chen, M.Y.** (2002). Prevalence of Impaired swallowing in Institutionalized Elders in Taiwan. *Journal of the American Geriatric Society*. 50(6), 983-1172. (SCI)
36. Lin, L.C., **Chen, M.Y.**, Chen, Y.C., & Portwood, M.J. (2001). Psychometrics of a Chinese translation of the swallowing questionnaire. *Journal of Advanced Nursing*. 34(3), 296-303. (SCI & SSCI)
37. 吳宸銘、**陳妙言**(2003)•照護一位哮喘併加護病房症候群患童的護理經驗•國立台北護理學院護理系學刊，第十四期，29-42。
38. 藍玉珊、**陳妙言***(2002)•照護一位乳癌患者之護理經驗•國立台北護理學院護理系學刊，第十三期，69-90。
39. 邱皓儀、**陳妙言***(2002)•一位膽結石手術後合併有壓力性潰瘍個案之護理經驗•國立台北護理學院護理系學刊，第十二期，91-116。
40. 陳玉華、**陳妙言***(2001)•一位長期臥床病患壓瘡之護理經驗•國立台北護理學院護理系學刊，第十期，69-86。
41. **陳妙言**、盛華、陸清松、吳肖琪、林麗嬋 (2000)•吞嚥訓練護理方案對改善巴金森氏病患者吞嚥障礙成效之前驅研究•*護理研究*，8(4)，396-409。

Conference

1. Wang, J. J., & **Chen, M. Y.*** (2025). Evaluating the Impact of Modified Care Meals on the Quality of Life in Older Adults with Chewing Disorders during Early Stages of Frailty. E-Poster, 2025 the ICN 2025 Congress 9-13 June 2025 in Helsinki, Finland.
2. Liu, L. Y., & **Chen, M. Y.*** (2025). Explore the Effectors of The Translational Model on nutritional education in patients on hemodialysis. E-P

- oster, 2025 the ICN 2025 Congress 9-13 June 2025 in Helsinki, Finland.
3. Chang, H. P., & **Chen, M. Y.*** (2025). Exploring the effectiveness of service activation of digital care plans for new cases of Long-Term Care 2.0 service. E-Poster, 2025 the ICN 2025 Congress 9-13 June 2025 in Helsinki, Finland.
 4. Wu, Y. T., **Chen, M. Y.***, & Huang, Y. C., & Liu, C. Y. (2025). Effectiveness of applying the theory of planned behavior with yoga program on the physical activity and mental health of the pre-frailty older adults. E-Poster, 2025 the ICN 2025 Congress 9-13 June 2025 in Helsinki, Finland.
 5. 潘文秀、**陳妙言***(2024) 探討以共享模式介入改善八大非癌疾病末期照顧者對安寧療護知識、態度、服務意向及服務啟動之成效，第四十次護理研究論文發表會口頭發表，2024.10.05，於
國立成功大學護理系，台南。
 6. Wei Chun Liao, **Miao-Yen Chen*** (2024). Effectiveness of electronic multimedia education model on life quality, psychological adjustment and depression in patients with CIED. The 8th WANS in conjunction with the 5th ICINNA. August 21-22, 2024, ePoster, at Prime Park Hotel & Convention Lombok, West Nusa Tenggara, Indonesia.
 7. **Miao-Yen Chen*** (2024). The effect of improving the practical ability of clinical swallowing care of nursing students with the "Interprofessional Teamwork Teaching Model", Presentation type: ePoster (On Demand), August 24-28, AMEE 2024 in Basel, Switzerland.
 8. Li-Chun Chen, **Miao-Yen Chen*** (2024). Effects of Multicomponent Exercise Intervention on Frailty Indicators and Physical Fitness among Community Elders. The 8th WANS in conjunction with the 5th ICINNA. August 21-22, 2024, e Poster, at Prime Park Hotel & Convention Lombok, West Nusa Tenggara, Indonesia.
 9. 李依潔、**陳妙言***(2023). 應用實證介入協助社區衰弱長者改善下肢肌力之照護經驗，第二十一屆長期照護學術研討會，海報論文發表，2023年7月1日，於臺灣：臺北。
 10. 李依潔、**陳妙言***(2023). 懷舊治療應用在失智長輩改善認知功能的成效，第十四屆護理實務與共構學術論文成果發表，海報論文發表，2023年6月16日，於臺灣：臺北。
 11. Chen, P. C. & **Chen, M.Y.** (2023). The Effectiveness of Multifaceted Educational Program for Improving the Caregivers' Competence of Recognizing Delirium and Confusion on Elderly Dementia Patients, Poster Presentation, The Asian Conference on

Aging & Gerontology (AGen2023) Toshi Center Hotel | Friday, March 31, 2023 to Monday, April 3, 2023.

12. Chang, C. J. & **Chen, M. Y.*** (2023). Effect of Introducing Transtheory-based Digital Multimedia Nursing and Health Education Model on Improving the Self-care of Older Adult Patients with Chronic Obstructive Pulmonary Disease, The ICN 2023 has been accepted for ePoster, 1-5 July 2023 in Montreal, Canada.
13. Woo, Shan-Che, **Miao-Yen Chen*** ⁽²⁰²²⁾ The Effectiveness of Using Elastic Band Conjunction with Tai Chi in Pre Frailty Elderly At Institution to Improve Functional Fitness 、Quality of Life and Heart Rate Variability, The 7th International Nursing Research Conference of World Academy of Nursing Science (7th WANS), on October 18-19, 2022 in Taipei, Taiwan.
14. Chia-Jung Wu, **Miao-Yen Chen*** ⁽²⁰²²⁾ Effects of spaced retrieval training program on improving memory decline and constructive ability of elderly with dementia: A Pilot Study, The 7th International Nursing Research Conference of World Academy of Nursing Science (7th WANS), on October 18-19, 2022 in Taipei, Taiwan.
15. Jufri Hidayat¹, Huang, X. Y., Lin, H. R., Wei, S. J., & **Chen, M. Y.*** ⁽²⁰²²⁾ Exploring Stigma Experience Among People Living with HIV in Ball, Indonesia. e-POSTER presentation at the 25th East Asian Forum of Nursing Scholars (EAFONS), 21~22 April 2022 in Taipei, Taiwan.
16. Pan, W.-S. & **Chen, M.-Y.*** (2021). Exploring the effectiveness of life review empirical intervention programs to improve the quality of life of the elderly in the community, e-POSTER presentation at the International Nursing Conference Endorsed by ICN, 2~4 November 2021 in Abu Dhabi.
17. Lu, M.-L. & **Chen, M.-Y.*** (2021). Effect of music therapy activities in improving the physical fitness, activity and depression in the frailty of the community elderly: A randomized controlled trial study. e-POSTER presentation at the International Nursing Conference Endorsed by ICN, 2~4 November 2021 in Abu Dhabi.
18. **Chen, M.-Y.** (2021). Based on the empirical learning theory, designing e-book digital teaching materials to improve the teaching mode of nursing students' ability to swallowing care – taking the " Difficulty Swallowing Care Practice. e-POSTER presentation at the International Nursing Conference Endorsed by ICN, 2~4 November 2021 in Abu Dhabi.

19. 陳妙言* (2021) 探討以擴增實境技術(AR)融合數位科技教材提升護理系進修班學生吞嚥照護能力之成效，109 年度教育部教學實踐計畫研究成果交流會，口頭發表，2021.08.10，臺灣：台北。
20. 潘雯秀、陳妙言*(2020) 協助一位社區衰弱長者以實證介入改善下肢肌力延緩失能之照護經驗，109 年第九屆提升全人醫療暨整合服務研討會，口頭發表，2020.11.20，臺灣：桃園市。
21. Liu, L. Y., & **Chen, M. Y.*** (2020). Explore the Effectors of Cognitive Behavioral Therapy on the Improvement of Sleep Disorder in Elderly under the Stone Soup Community (B2-259). POSTER presentation at the Taiwan International Nursing Conference Endorsed by ICN, 9 & 12 September 2020 in Taiwan.
22. Wang, J. J., Lin, H. R. & **Chen, M. Y.*** (2020). Effectiveness of Cross-field Cognitive Training in Improving Community Older Adults' Cognitive Functions. (DT-1018). POSTER presentation at the Taiwan International Nursing conference Endorsed by ICN, 9 & 12 September 2020 in Taiwan.
23. **Chen, M. Y.***, Chou, S. L., Mu, P. F., Wang, S. C., Chang, M. Y., & Lin, H. H. (2020). Investigating the Effectiveness of Applying Evidence-Based Care Guidelines for Training Persons-In-Charge of Nursing Institutions on Nasogastric Tube Care (A2-001) POSTER presentation at the Taiwan International Nursing Conference Endorsed by ICN, 9 & 12 September 2020 in Taiwan.
24. **Chen, M. Y.*** (2020). Investigating the effectiveness of a situated learning-based experiential camp for fundamental nursing care, POSTER presentation at the 23rd East Asian Forum for Nursing Scholars (EAFONS) 2020, to be held on 9 & 11 January 2020 in Chiang Mai, Thailand.
25. 陳妙言* (2020) 以經驗學習理論為基礎設計電子書數位教材提升護理系學生吞嚥照護能力之教學模式—以「吞嚥困難照護實務」課程為例，108 年度教育部教學實踐計畫研究成果交流會，口頭發表，2020.08.26，臺灣：台北。
26. 張嘉容、林惠如、陳妙言*(2019). 運用認知刺激實證介入改善失智症老人認知功能之成效，2019 年 8 月 16 日 AAPINA (第卅五次護理研究論文發表會暨兩岸護理學術交流大會)海報發表，台灣台中。
27. Chang, Y. H., & **Chen, M. Y.*** (2019). Oral Presentation: The Effectiveness of Physical Function and Balance Improvement by Elastic Band Resistance Training in Pre-frailty Elderly, EAFONS 2019 Conference in Singapore, 17~18 Jan, 2019.
28. Chen, P. C., Chien, T. W., & **Chen, M. Y.*** (2019). Poster Presentation: Efficacy of an

evidence-based cognitive stimulation therapy for people with dementia –An example of a daycare center in New Taipei City in Taiwan, EAFONS 2019 Conference in Singapore, 17~18 Jan., 2019.

29. Lu, M. L. & **Chen, M. Y.*** (2019). Poster Presentation: Exploring the effectiveness of music therapy in promoting the physical and mental health of the elderly in the pre-frailty of debilitating, poster presentation at the 22nd East Asian Forum for Nursing Scholars (EAFONS) 2019, to be held on 17 & 18 January 2019 in Singapore.
30. 盧美鈴、陳妙言*(2018)•國立清華大學第三屆「音樂與健康促進國際研討會」海報發表主題：探討音樂輔療改善社區衰弱前期老年群體生理與情緒狀態之成效•埔里基督教醫院，日期為 107 年 10 月 19 日-10 月 20 日。
31. 黃玉枚、劉介宇、陳妙言、許智皓，2018 年第九屆護理實務與教育共構學術論文研討會激勵案成果海報發表：罹患慢性病獨居老人疾病狀況、疾病自我照顧與生活品質相關探討，以臺北市大安區為例，2018.07.04。
32. 陳妙言¹、劉桂芬²、林文絹³、簡翠薇⁴、林英⁵、黃慧芬⁶，2018 年第九屆護理實務與教育共構學術論文研討會激勵案成果海報發表：基本護理學與實驗 OSCE 技術考題發展-使用腋下拐杖，NUR-1062-B-01，2018.07.04。
33. Liao, W. C. & **Chen, M. Y.*** Using Life Review to Improve Self-esteem and Self-integration of the Elderly in Community, The 2nd APNRC 2017 Conference, Taipei, Taiwan, 2~4 Aug 2017.
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